

INSIGNIA CHEST PRESS - DUAL AXIS

SS-CPX

Parts Manual

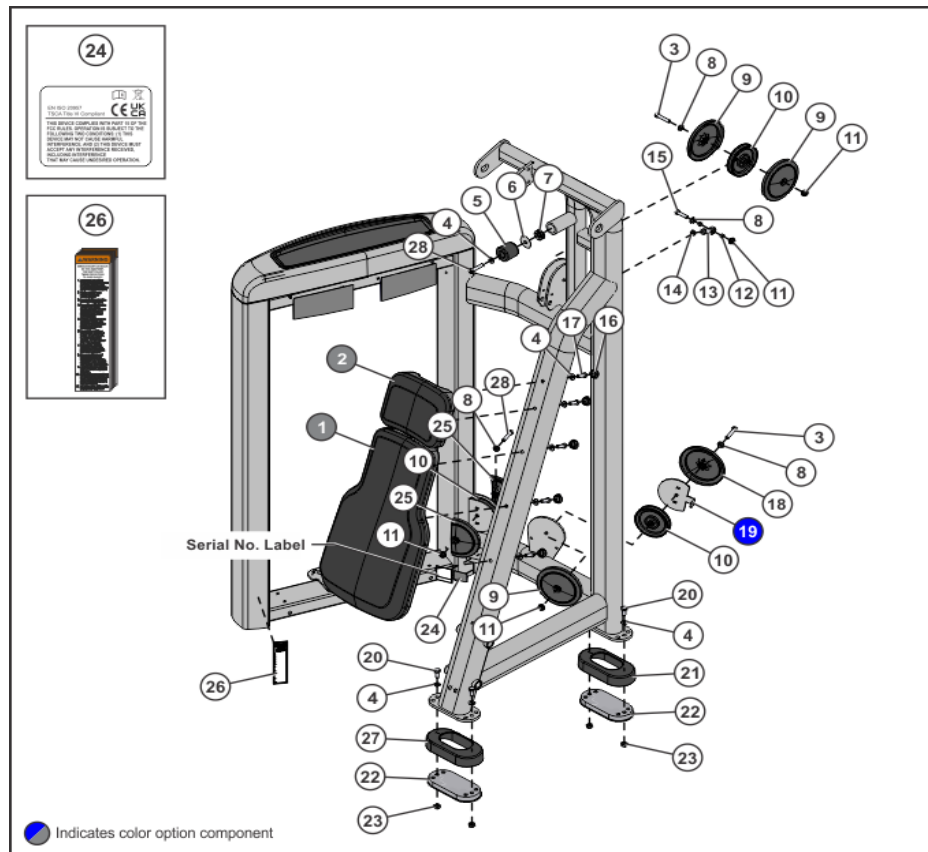
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Table of Contents

<u>Baseframe.....</u>	<u>3</u>
<u>Base P-Stack.....</u>	<u>5</u>
<u>Cable.....</u>	<u>6</u>
<u>Components.....</u>	<u>7</u>
<u>Grips.....</u>	<u>8</u>
<u>Head Plate Assy - C and X.....</u>	<u>9</u>
<u>Head Plate Assy - P.....</u>	<u>10</u>
<u>Heavy X-Stack.....</u>	<u>11</u>
<u>Increment Weights - C and X.....</u>	<u>12</u>
<u>Increment Weights - P.....</u>	<u>13</u>
<u>Light C-Stack.....</u>	<u>14</u>
<u>L Trim Rep Counter.....</u>	<u>15</u>
<u>Main Pivot.....</u>	<u>16</u>
<u>Seat Assembly.....</u>	<u>17</u>
<u>Shrouds - Full.....</u>	<u>19</u>
<u>Shrouds - Rear.....</u>	<u>21</u>
<u>Start Adjustment.....</u>	<u>22</u>
<u>Tower Top - Cap and Placards.....</u>	<u>23</u>
<u>Tower Top - S and L Trim.....</u>	<u>24</u>
<u>Work Arm Left.....</u>	<u>25</u>
<u>Work Arm Right.....</u>	<u>26</u>

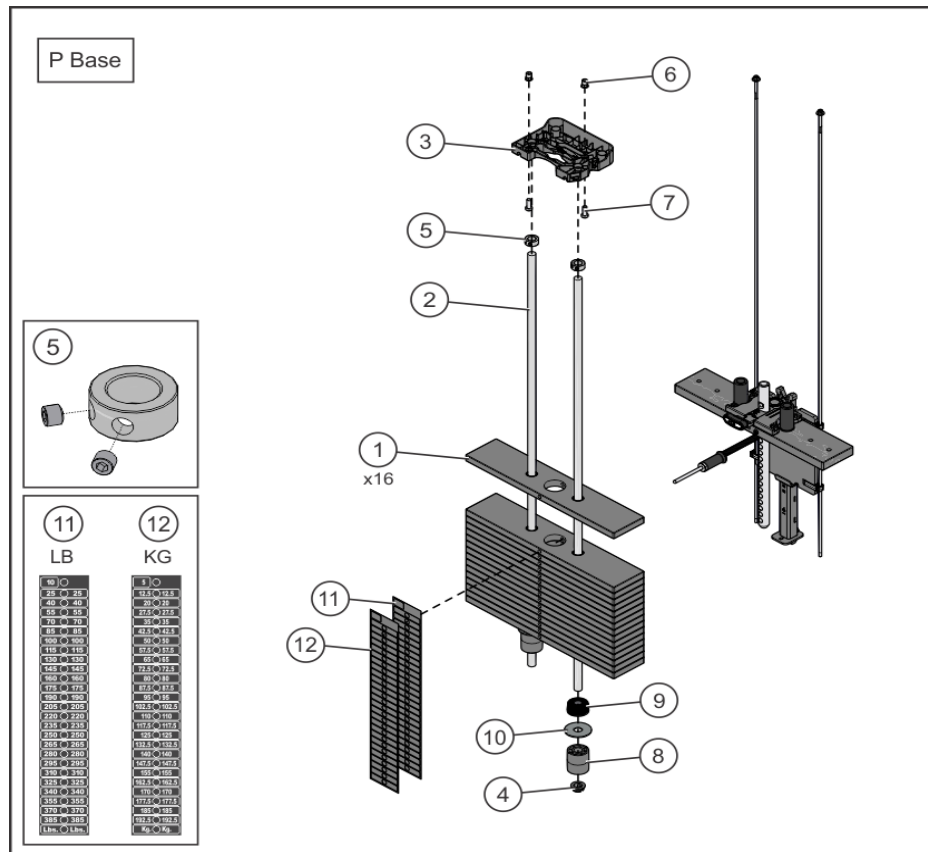
Baseframe



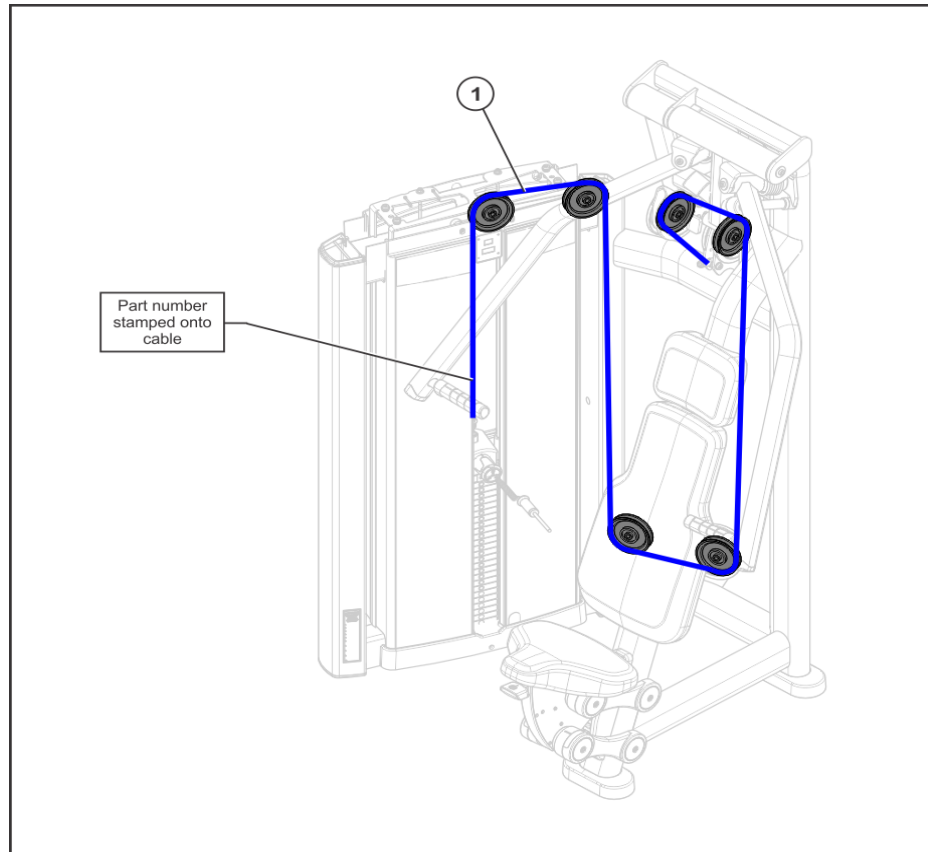
Ref #	Part Number	Qty	Description
1	1000018-0199	1	PAD, LARGE BACK CUS, DBL STITCH- Custom
1	1000018-0001	1	PAD, LARGE BACK CUS, SNGL STITCH- BLACK
1	1000018-0101	1	PAD, LARGE BACK CUS, DBL STITCH- BLACK
1	1000018-0099	1	PAD, LARGE BACK CUS, SNGL STITCH- Custom
2	1000017-0099	1	PAD, HEAD REST CUS, SNGL STITCH- Custom
2	1000017-0101	1	PAD, HEAD REST CUS, DBL STITCH- BLACK
2	1000017-0001	1	PAD, HEAD REST CUS, SNGL STITCH- BLACK
2	1000017-0199	1	PAD, HEAD REST CUS, DBL STITCH- Custom
3	3236207	3	M10 X 1.5 X 50 SHCS, LOW HEAD
4	3236601	5	WASHER, 3/8 SAE STAINLESS STEEL
5	9414501	1	BUMPER, HARD STOP
6	9455101	1	SHIM, 1.75" X .44"
7	7347301	1	NUT, SPIDER M10 X 1.5
8	7630101	4	RETAINER, CM/MJ, PULLEY
9	8104502	2	COVER, PULLEY-BOLTED NOTCHED
10	9319901	3	PULLEY, 3/16 IN CABLE (T2), 4.5 IN OD
11	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
12	7489402	2	BSHNG, .500 OD X .402 ID X .235
13	3237901	1	ROD END, METRIC FEMALE
14	3236901	1	NUT, HEX JAM M10 X 1.5 SS
15	3236205	1	M10 X 1.5 X 40 SHCS, LOW HEAD
16	3237407	5	PLUG, 1 IN HOLE

Ref #	Part Number	Qty	Description
17	3236203	5	M10 X 1.5 X 30 SHCS, LOW HEAD
18	8102902	1	COVER, PULLEY-BOLTED FULL
19	7730901	1	BRKT, COVER/CABLE RETAINER WHITE
20	3251202	4	M10 X 1.5 X 25MM UNS HEX CS ST ZN
21	9319401	1	COVER, FOOT -STRT
22	9319301	2	FOOT, 2.5 X 4.49 FLOV
23	3254703	4	NUT, M10 X 1.5 HEX ZINC
24	9488901	1	LABEL, INSIGNIA, FCC
25	8094102	2	COVER, PULLEY -BOLTED PARTIAL -CHGR
26	8220000	1	LABEL, ASTM WARNING FW SELECT
27	9461401	1	COVER, FOOT -20 deg
28	3236208	1	M10 X 1.5 X 55 SHCS, LOW HEAD

Base P-Stack

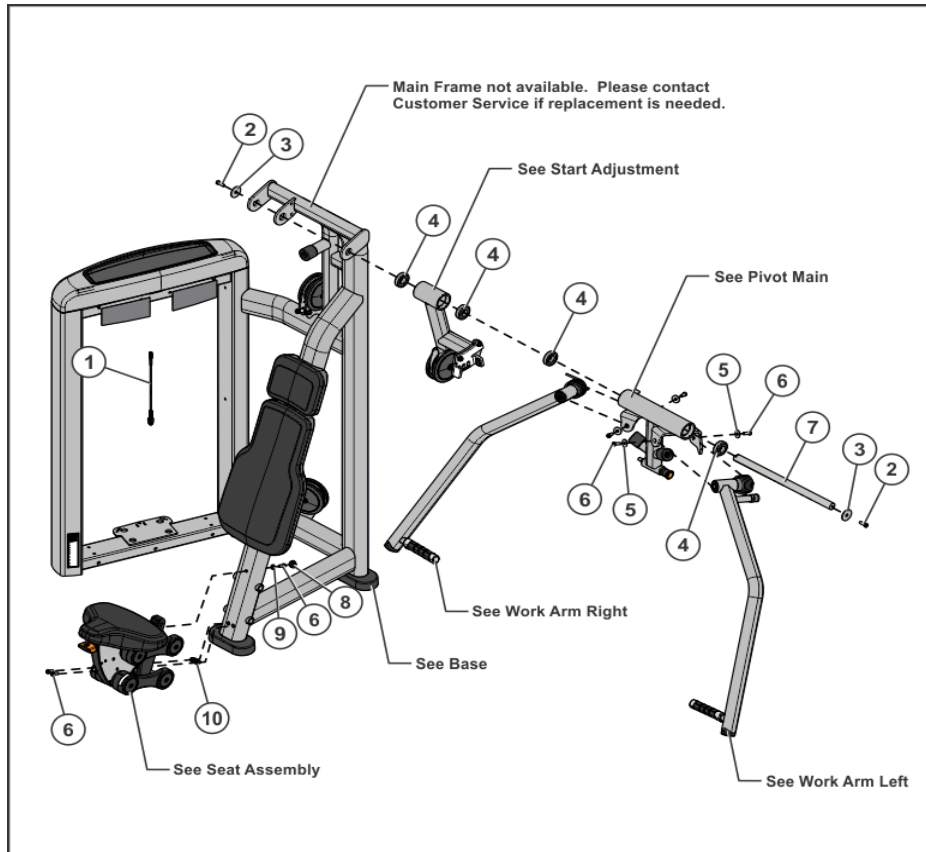


Cable



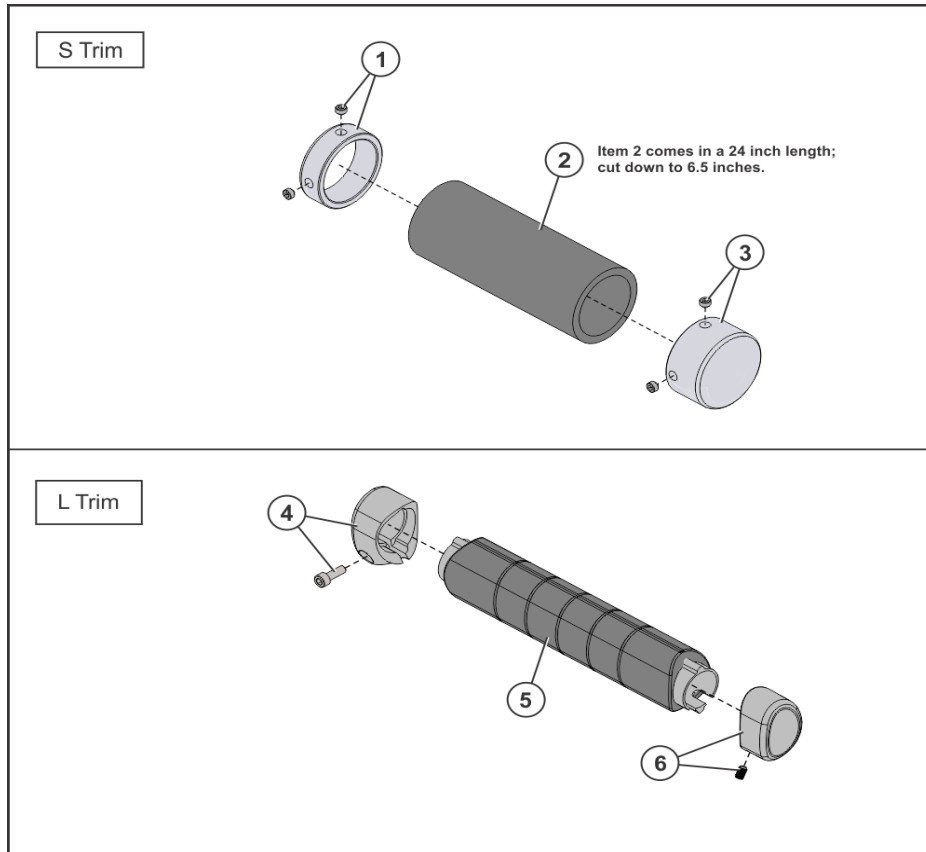
Ref #	Part Number	Qty	Description
1	9423517	1	CABLE: SS-CPX-DIAL

Components



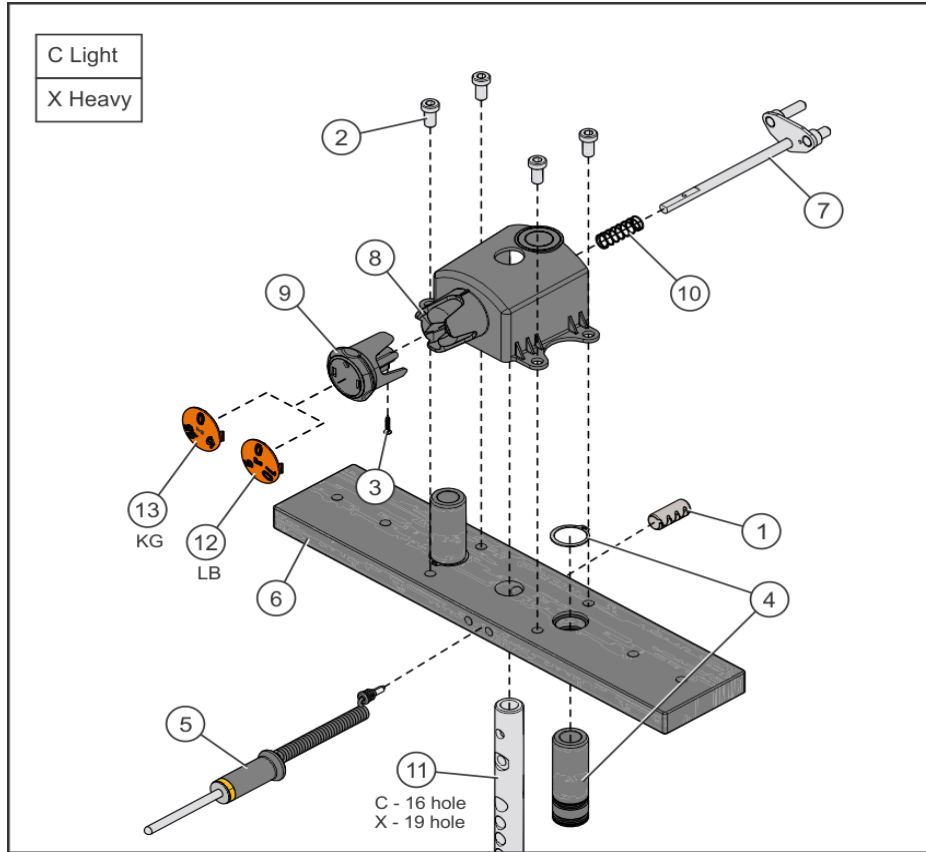
Ref #	Part Number	Qty	Description
1	9423517	1	CABLE: SS-CPX-DIAL
2	3236203	2	M10 X 1.5 X 30 SHCS, LOW HEAD
3	7322301	2	PLATE, 1.97 OD X .447 ID 10GA
4	FB030232	4	BRG RADIAL 17MM ID EXT RACE
5	3236602	4	WASHER, 3/8 ID X 1.25 OD SS
6	3236202	7	M10 X 1.5 X 25 SHCS, LOW HEAD
7	1023074-0001	1	SHAFT: 30MM
8	3237407	1	PLUG, 1 IN HOLE
9	3236601	1	WASHER, 3/8 SAE STAINLESS STEEL
10	3238601	2	M10X1.5 BLIND THREADED INSERT (HEX)

Grips



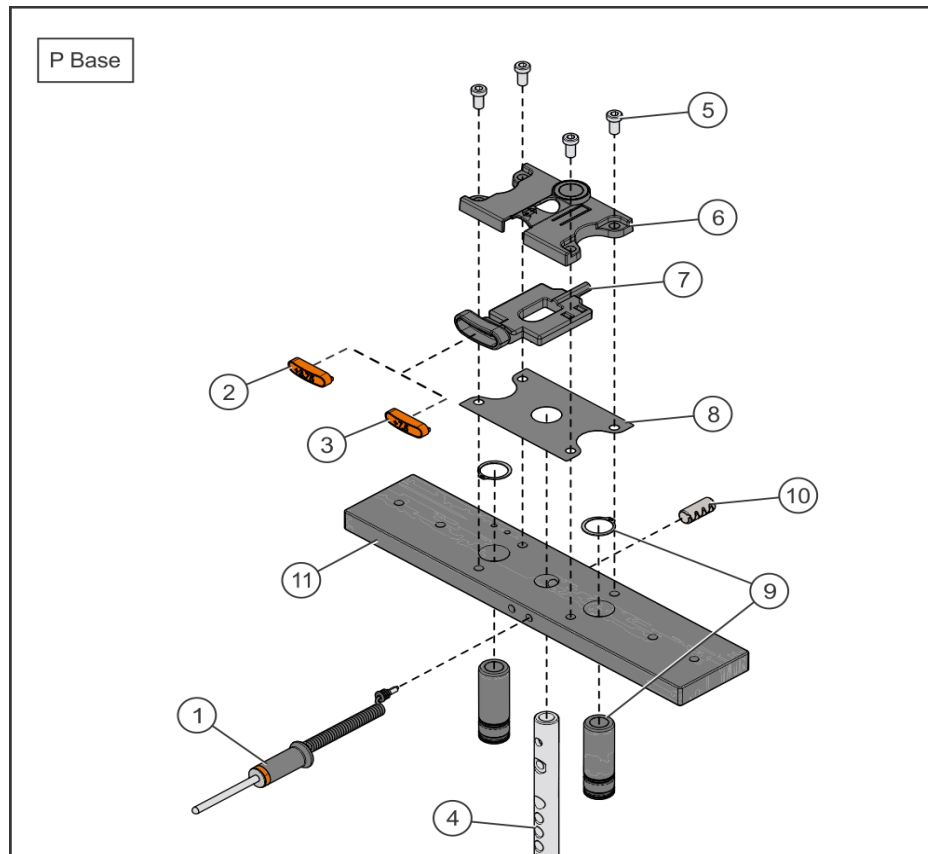
Ref #	Part Number	Qty	Description
1	7662802	1	RING, GRIP 1.50OD, 10-0133-025, BNR
2	3235807	1	GRIP, 1.50 OD X .25 WALL OPEN END
3	7662902	1	CAP, GRIP 1.50 OD, 10-0133-026, BNR
4	1001760-0001	1	ASSY, COLLAR, ERGO GRIP
5	9453001	1	GRIP, ERGO, OVERMOLD, 6.5
6	1001761-0001	1	ASSY, CAP, GRIP

Head Plate Assy - C and X



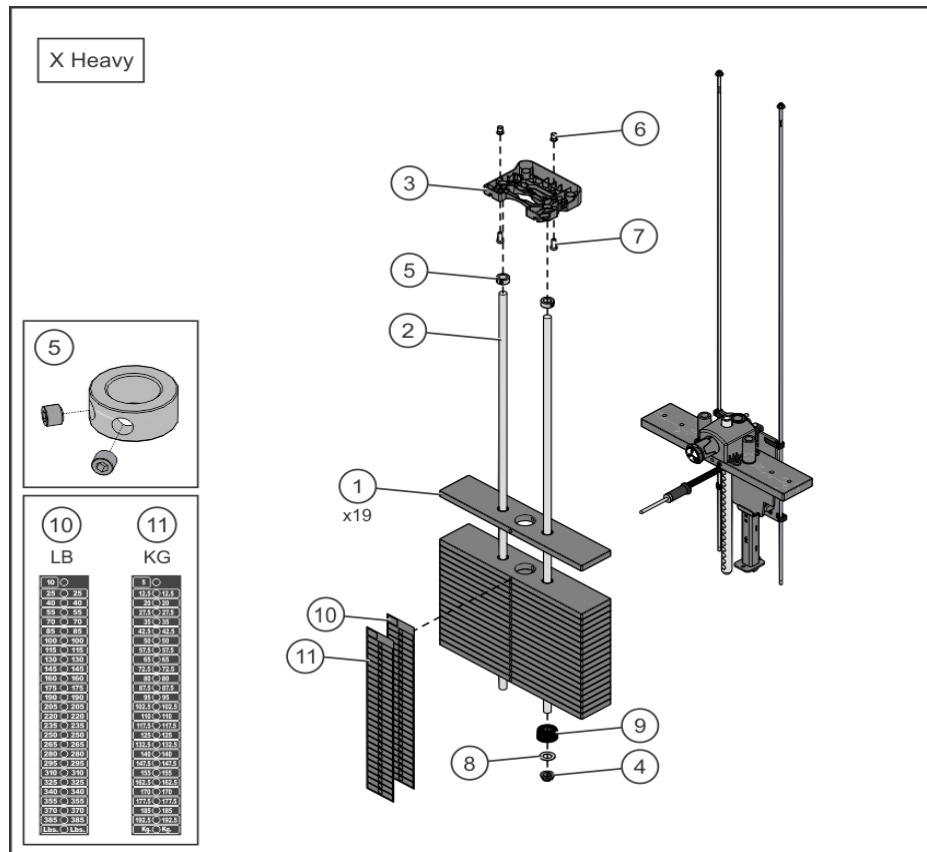
Ref #	Part Number	Qty	Description
1	3236001	1	BUSHING, SPRING PIN
2	3236201	4	M10 X 1.5 X 20 SHCS, LOW HEAD
3	3275601	1	SCREW, 6 X 3/4 DIN PHL PAN AB ST ZB
4	9296001	2	BUSHING, HEADPLATE, LONG
5	1003679-0003	1	ASSY, WGT STK SEL PIN -YEL
6	9431101	1	HEADPLATE, WT. STACK, 20LB
7	1010800-0001	1	WLDMT, INC WGT PIN
8	1017209-0001	1	HOUSING: INC WEIGHT
9	9443201	1	KNOB, INC WEIGHT
10	9443301	1	SPRING, INC WGT PIN
11	9434202	1	BAYONET, 16 PLATE
11	9426002	1	BAYONET, 19 PLATE
12	9431403	1	CAP, SELECTOR KNOB -LBS
13	9450103	1	CAP, SELECTOR KNOB -KGS

Head Plate Assy - P



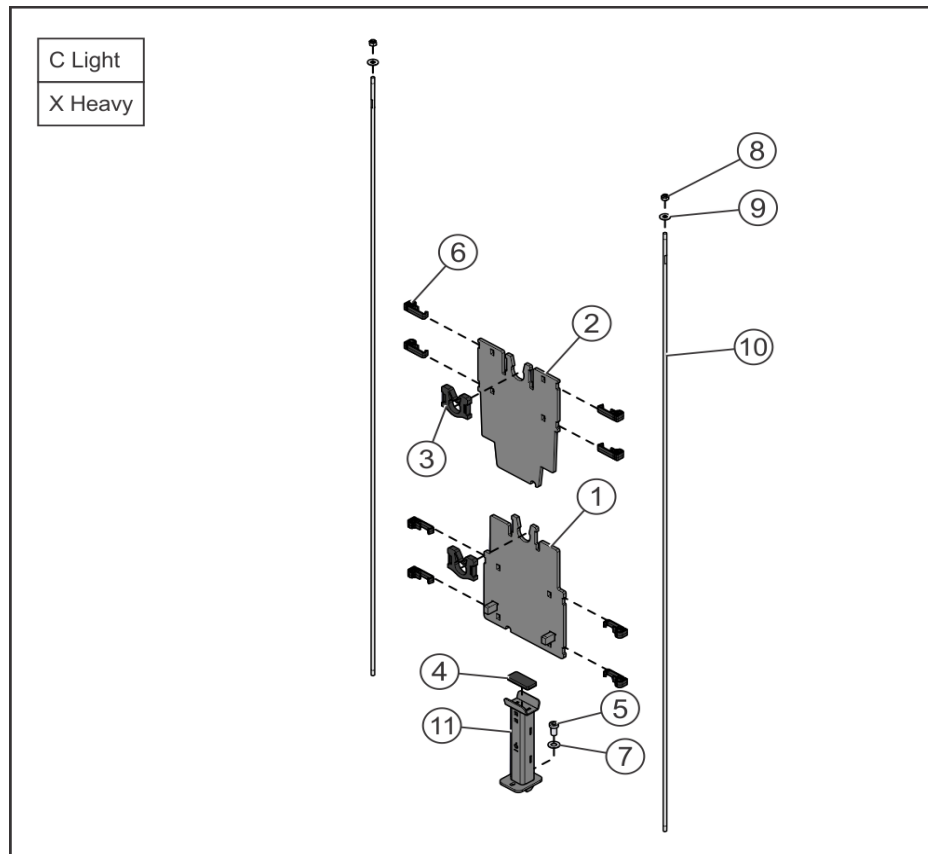
Ref #	Part Number	Qty	Description
1	1003679-0003	1	ASSY, WGT STK SEL PIN -YEL
2	1006751-0001	1	CAP: 3.75 KG INC WEIGHT - KG
3	1006750-0001	1	CAP, 7.5 LB INC WEIGHT - LBS
4	9434202	1	BAYONET, 16 PLATE
5	3236202	4	M10 X 1.5 X 25 SHCS, LOW HEAD
6	1017210-0001	1	HOUSHING: 7.5LB INC WEIGHT
7	1008675-0001	1	HANDLE: 7.5LB INC WT, PLASTIC
8	1006707-0001	1	DIE CUT: 7.5LB INC WEIGHT, NYLON SHEET, 0.020"
9	9296001	2	BUSHING, HEADPLATE, LONG
10	3236001	1	BUSHING, SPRING PIN
11	9431101	1	HEADPLATE, WT. STACK, 20LB

Heavy X-Stack



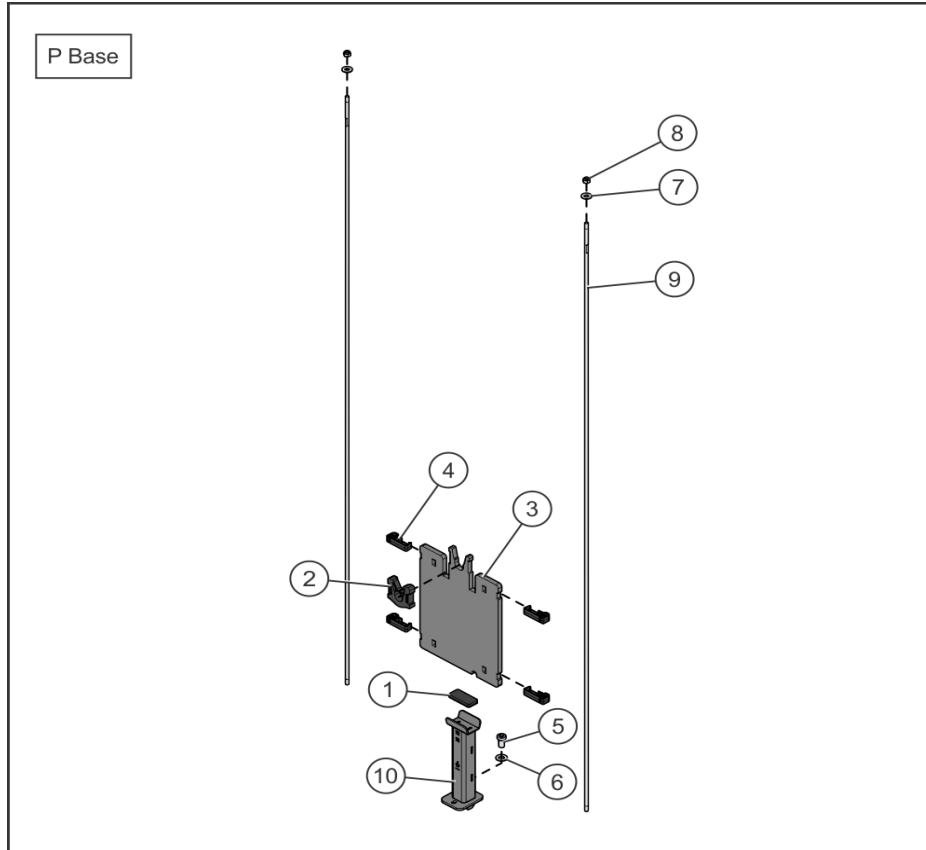
Ref #	Part Number	Qty	Description
1	9407601	19	WGT PL, 3/4IN X 4IN, 15LB
2	7328612	2	GUIDE ROD, .75 OD SOLID X 50.36
3	1015452-0001	1	RETAINER: GUIDE ROD, NYL
4	7337901	2	BUSHING, GUIDE ROD
5	3103301	2	SHAFT COLLAR, 3/4" ID ZINC
6	3238601	2	M10X1.5 BLIND THREADED INSERT (HEX)
7	3236202	2	M10 X 1.5 X 25 SHCS, LOW HEAD
8	7351001	2	SPACER, INC WT STACK
9	7352101	2	CUSHION, WEIGHT STACK
10	9475101	1	LABEL, 3/4 IN WGT STACK, 385 LB
11	9475401	1	LABEL, 3/4 IN WGT STACK, 192.5 KG

Increment Weights - C and X



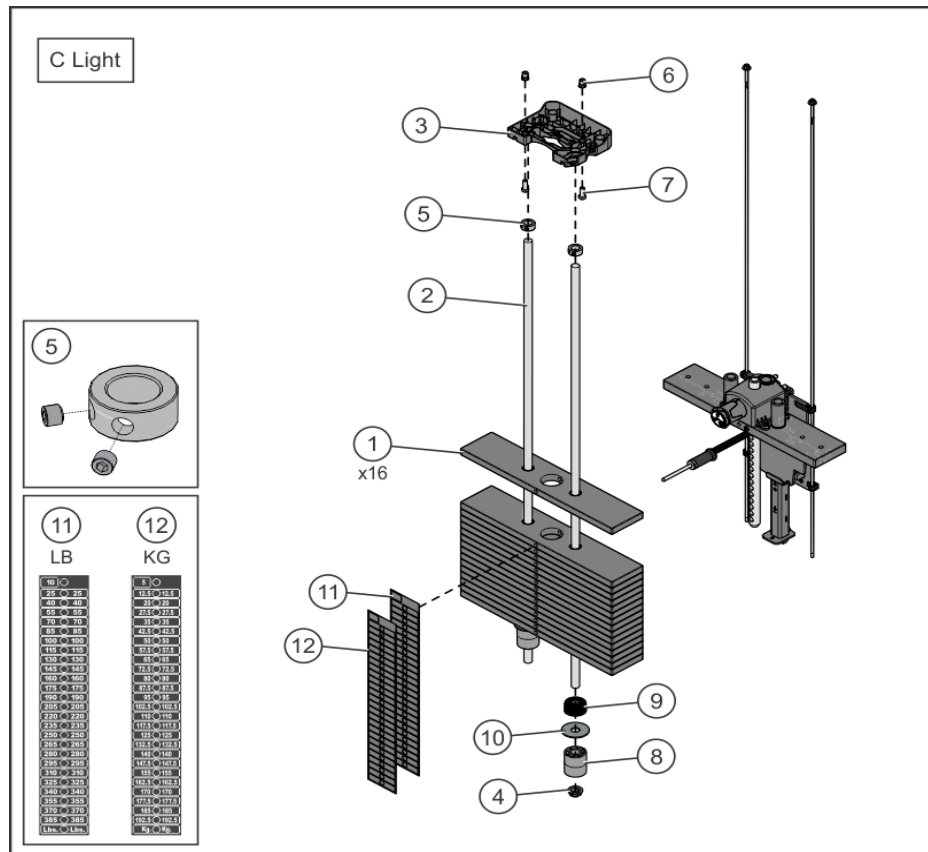
Ref #	Part Number	Qty	Description
1	1010971-2801	1	WLDMT: INC WEIGHT, 5LB, REAR -CHR
2	1010970-2801	1	PLATE: INC WEIGHT, 5LB, FRONT, 1/4" -CHR
3	1008920-0001	2	GUARD: INCREMENT WEIGHT, 0.25
4	1008552-0001	1	BUMPER: EA FOAM, INC WEIGHT
5	3236201	1	M10 X 1.5 X 20 SHCS, LOW HEAD
6	1010803-0001	8	GUIDE ROD ASSY: INCR WT, 1/4", CHARCOAL GRAY
7	3236601	1	WASHER, 3/8 SAE STAINLESS STEEL
8	3102806	2	NUT, NYLOCK 1/4-20
9	3102506	2	WASHER, FLAT 1/4 ID ZN
10	1008192-0002	2	GUIDE ROD: 0.25 OD SOLID, 54.75"
11	1018165-2801	1	WLDMT: BRACKET, INC WEIGHT SPACER, 6" -CHR

Increment Weights - P

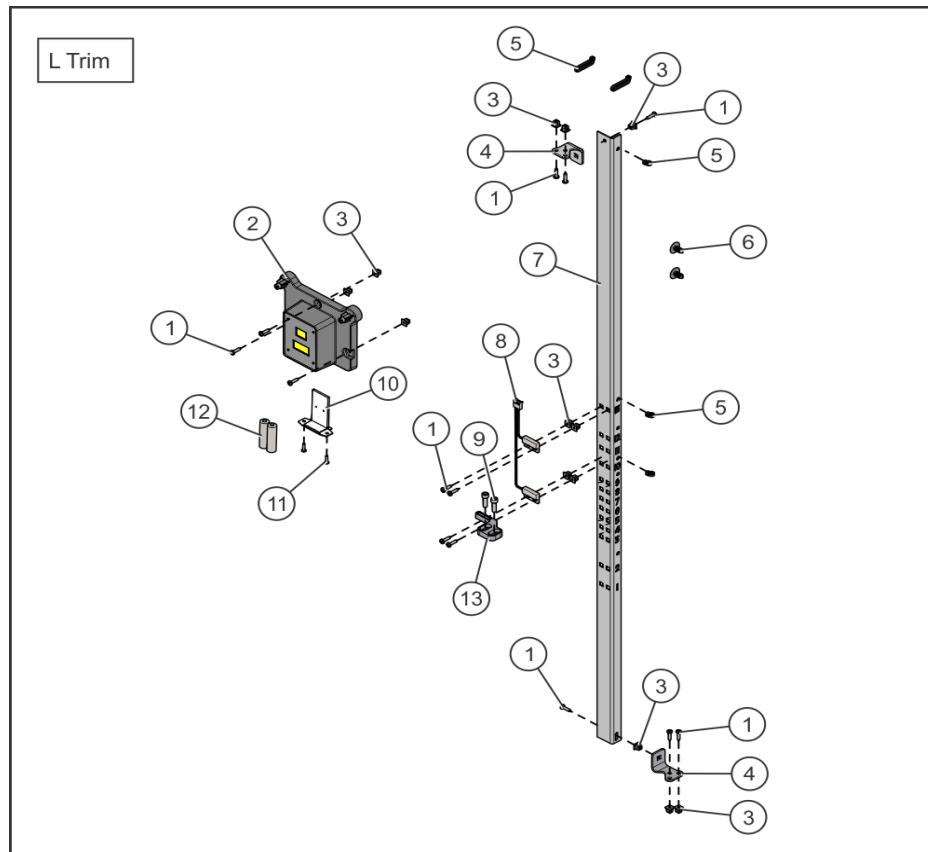


Ref #	Part Number	Qty	Description
1	1008552-0001	1	BUMPER: EA FOAM, INC WEIGHT
2	1008566-0001	1	GUARD: INCREMENT WEIGHT, 0.375
3	1008366-0028	1	PLATE: INCREMENT WEIGHT, 7.5LB - CHR
4	1010805-0001	4	GUIDE ROD ASSY: INCR WT, 3/8", CHARCOAL GRAY
5	3236201	1	M10 X 1.5 X 20 SHCS, LOW HEAD
6	3236601	1	WASHER, 3/8 SAE STAINLESS STEEL
7	3102506	2	WASHER, FLAT 1/4 ID ZN
8	3102806	2	NUT, NYLOCK 1/4-20
9	1008192-0002	2	GUIDE ROD: 0.25 OD SOLID, 54.75"
10	1018165-2801	1	WLDMT: BRACKET, INC WEIGHT SPACER, 6" -CHR

Light C-Stack

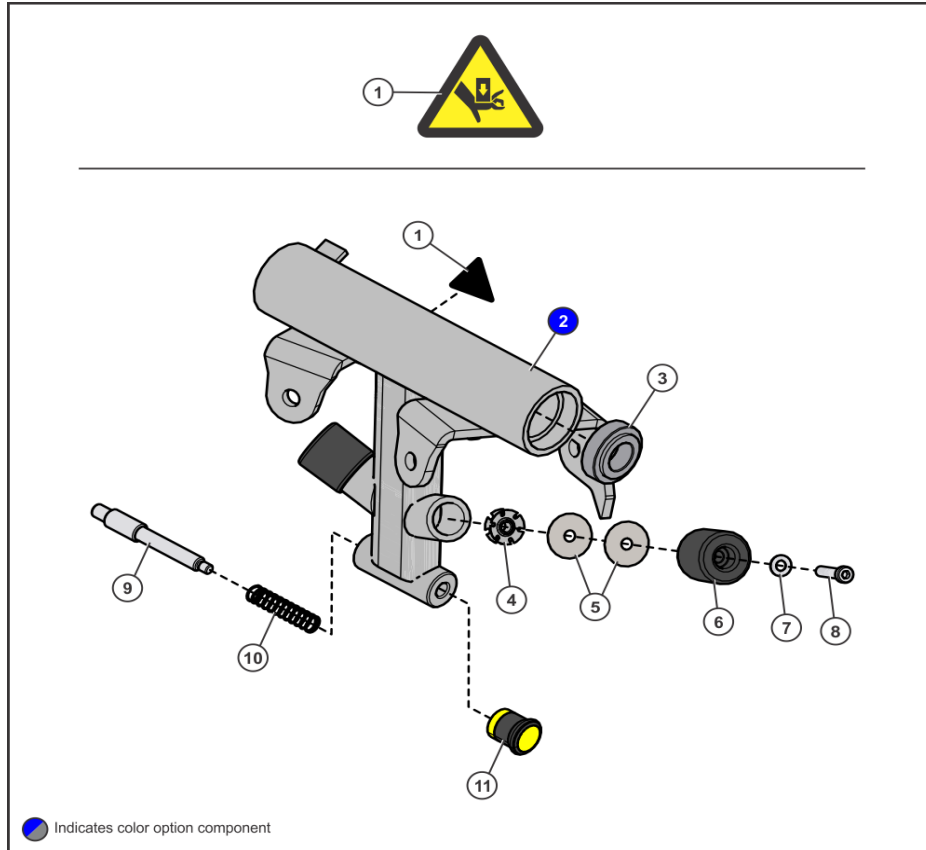


L Trim Rep Counter



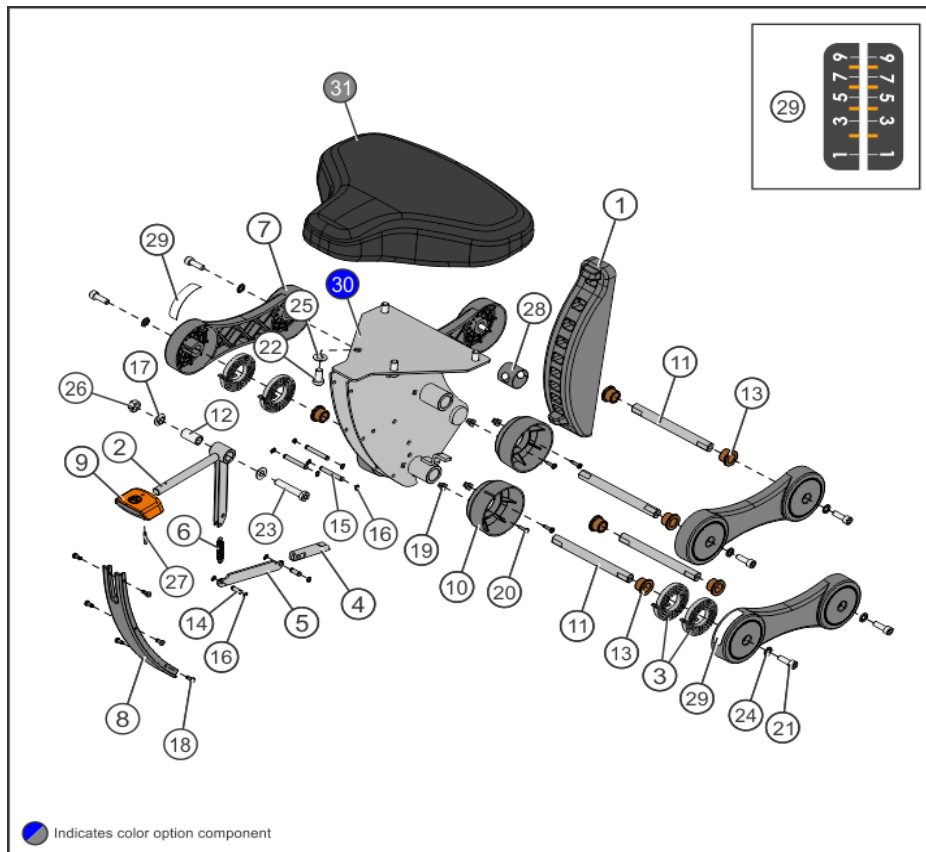
Ref #	Part Number	Qty	Description
1	3275801	13	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
2,8	1008199-0001	2	ASSY: REP COUNTER/SWITCH/MAGNET
3	0017-00042-1147	13	GROMMET: SCREW, 8 OR 10
4	1007269-0028	2	BRACKET: RAIL MOUNT, REP CNTR -CHR
5	3276501	5	CABLE TIE 11 IN.
6	1006620-0001	2	RETAINER: PANEL, 9/32 X 1/2 NYL
7	1008003-0028	1	BRACKET: SWITCH MNT, STD -CHR
9	3241701	2	M6 X 1 X 20MM SHCS, STD HEAD
10	9436401	1	DOOR, BATTERY PACK MOUNT
11	3226002	2	6-20 X 7 PHL PAN PLT ST BZ
12	3276401	2	BATTERY, AA
13	1007177-0001	1	ASSY: MAGNET, REP CNTR DCI

Main Pivot



Ref #	Part Number	Qty	Description
1	8039501	2	LABEL, WARNING TRIANGLE
2	1022317-0000	1	WLDMT: WORKARM MAIN PIVOT Custom
3	FB030253	2	BEARING RADIAL 30MM EXTENDED RACE
4	7347301	2	NUT, SPIDER M10 X 1.5
5	9455101	4	SHIM, 1.75" X .44"
6	9414501	2	BUMPER, HARD STOP
7	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL
8	3236206	2	M10 X 1.5 X 45 SHCS, LOW HEAD
9	1000103-0001	1	PIN, PULL
10	7351501	1	SPRING; PULL PIN LARGE
11	9454703	1	KNOB, ADJ

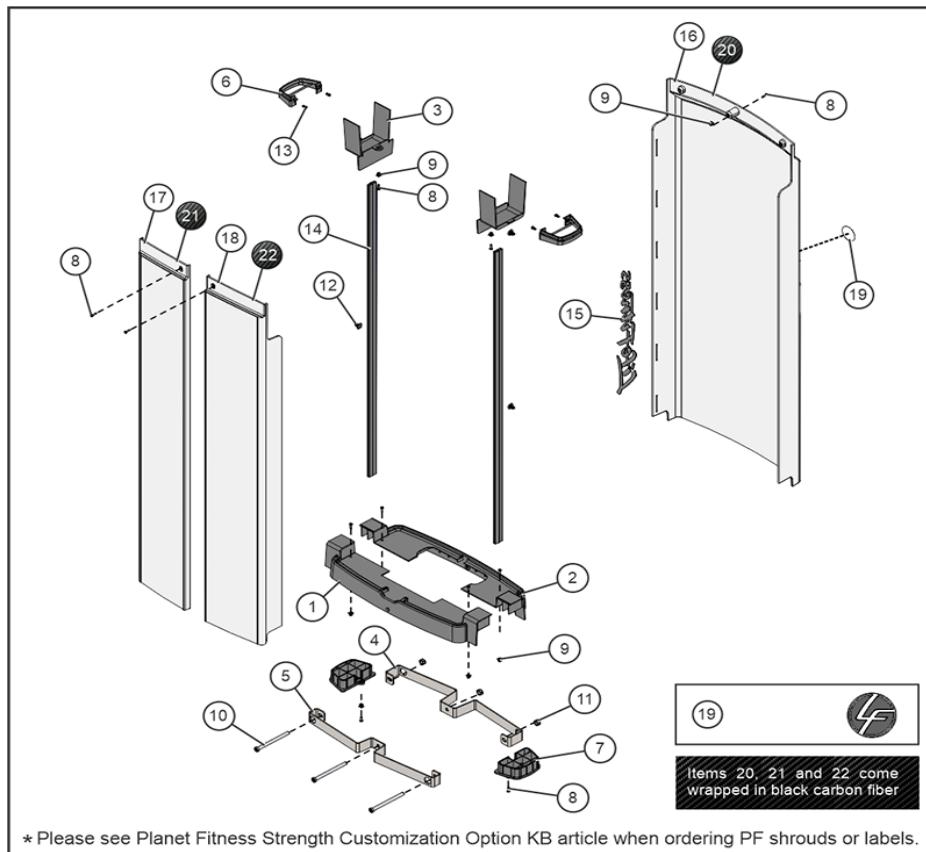
Seat Assembly



Ref #	Part Number	Qty	Description
1	1000145-0001	1	ADJUST BRKT, SS FF SEAT
2	9401428	1	WLDMT, SS-FRONT SEAT HANDLE, CHR
3	9365401	2	SPRING, SPIRAL TORSION
4	9401101	1	PULLPIN, SS-SEAT
5	9401001	1	PLATE, SS-SEAT HANDLE CONNECT
6	3239201	1	SPRING, EXT, .375 X .049 X 2.0
7	9365228	1	SEAT LINK, CAST -CHR
8	9402201	1	GUARD, SS-SEAT, CHR
9	9402503	1	HANDLE, SS-SEAT - YEL
10	9402801	4	ADJUST RING, SS-SEAT, CHR
11	9448401	4	SHAFT, SS-SEAT, 15MM
12	7776501	1	SHAFT, .625 X .406 X 1.200
13	3275004	8	BEARING, FLANGE, METRIC 15MM
14	7407501	2	PIN, LINK X .520
15	9541701	3	PIN, LINK
16	3232401	10	RNG, BRE .230,5100-25, ST,PP,B
17	7776401	2	SPACER, FLANGE .406 X .495 X .81
18	0017-00101-1587	6	RVT 201X0413X.354 T NY NO
19	0017-00042-1147	8	GROMMET: SCREW, 8 OR 10
20	3275801	8	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
21	3276202	8	SCREW, SHCS M8 X 1.25 X "L"
22	3236201	4	M10 X 1.5 X 20 SHCS, LOW HEAD

Ref #	Part Number	Qty	Description
23	3236208	1	M10 X 1.5 X 55 SHCS, LOW HEAD
24	3239502	8	WSH, 326-.602-031 IN-D ST ZN
25	3236601	4	WASHER,3/8 SAE STAINLESS STEEL
26	3236801	1	NUT, NYLOCK M10 X 1.5 SS
27	3110010	1	ROLL PIN, 1/8 X DIA X 7/8
28	9485701	1	PAINT GUARD, PIN HOUSING
29	9480601	1	LABEL; SEAT POSITION, LARGE
30	9401201	1	WLDMT, SS-FRONT SEAT SUPPORT WHITE
31	1000016-0199	1	PAD, SEAT SADDLE CUS, DBL STITCH- Custom
31	1000016-0099	1	PAD, SEAT SADDLE CUS, SNGL STITCH- Custom

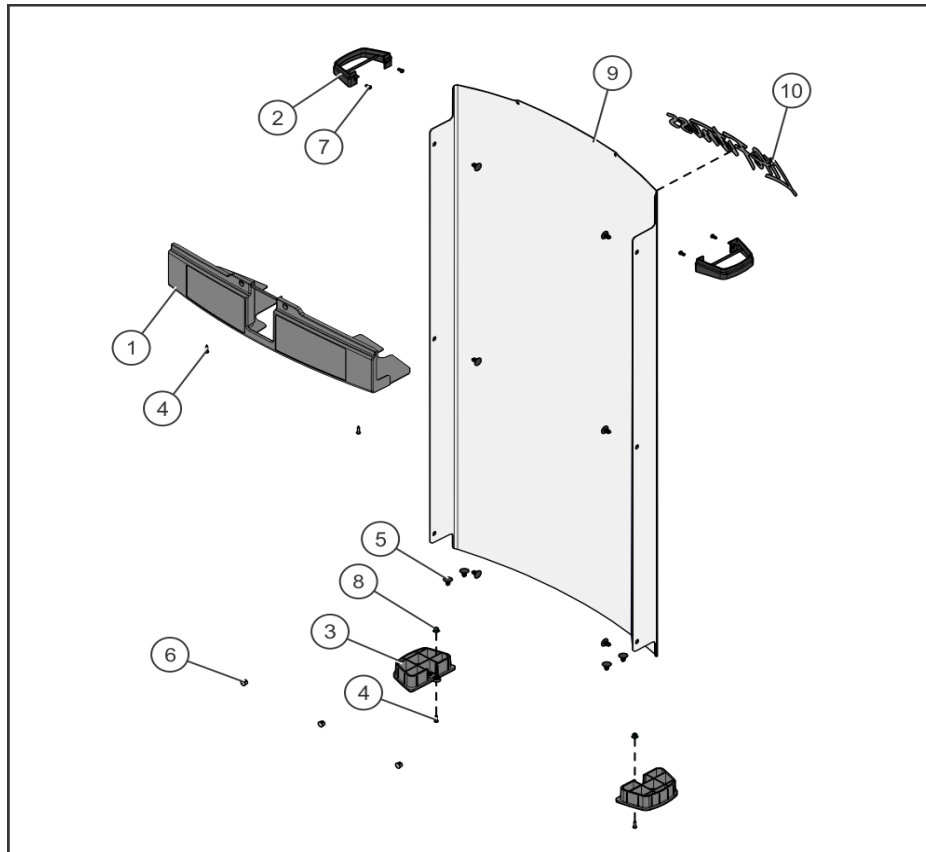
Shrouds - Full



Ref #	Part Number	Qty	Description
1	9410801	1	COVER, TOWER BOTTOM -FRONT
2	1007064-0001	1	COVER: TOWER BOTTOM, REAR
3	9415701	2	COVER, SS, TWR
4	1007623-0001	1	BRACKET: TOWER GUARD, REAR
5	1007622-0001	1	BRACKET: TOWER GUARD, FRONT
6	9415801	2	GASKET, TRAP TUBE
7	9412701	2	ASSY, TRAP TUBE, CAP -BTM
8	3275801	11	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
9	0017-00042-1147	9	GROMMET: SCREW, 8 OR 10
10	3236220	3	M10 X 1.5 X 130 SHCS, LOW HEAD
11	3236801	3	NUT, NYLOCK M10 X 1.5 SS
12	1006620-0001	4	RETAINER: PANEL, 9/32 X 1/2 NYL
13	0017-00101-1587	4	RVT 201X0413X.354 T NY NO
14	9414601	2	SHROUD EXTRUSION - SHORT
15	9489101	1	LABEL, LIFE FITNESS, 20IN.
16	9489001	1	SHROUD, SS, REAR, SRT
17	9410601	1	SHROUD, TOWER FRONT, LT - SHORT
18	9410701	1	SHROUD, TOWER FRONT, RT - SHORT
19	AK58-00245-2401	1	MEDALLION-ASSY: BUG, LIFE FITNESS, CHARCOAL GRAY
20	1003205-0009	1	SHROUD, SS, REAR, SRT, ABS-PBCF
21	1003204-0009	1	SHROUD, SS, FNT, LT, SRT, ABS-PBCF

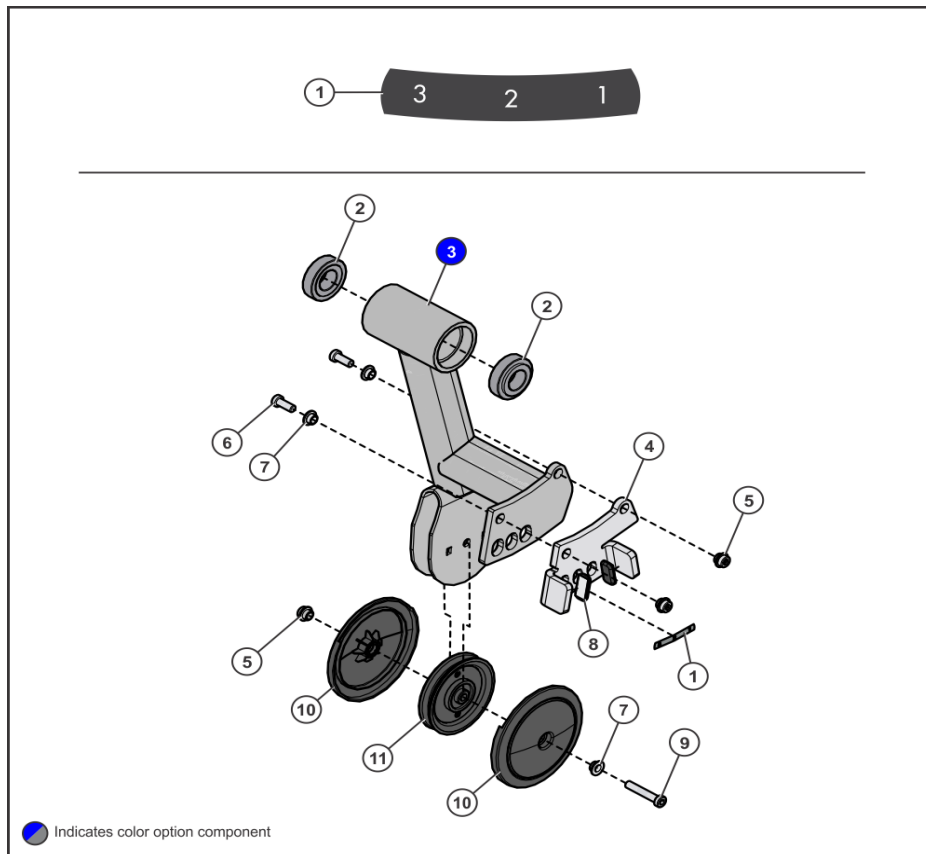
Ref #	Part Number	Qty	Description
22	1003203-0009	1	SHROUD, SS, FNT, RT, SRT, ABS-PBCF

Shrouds - Rear



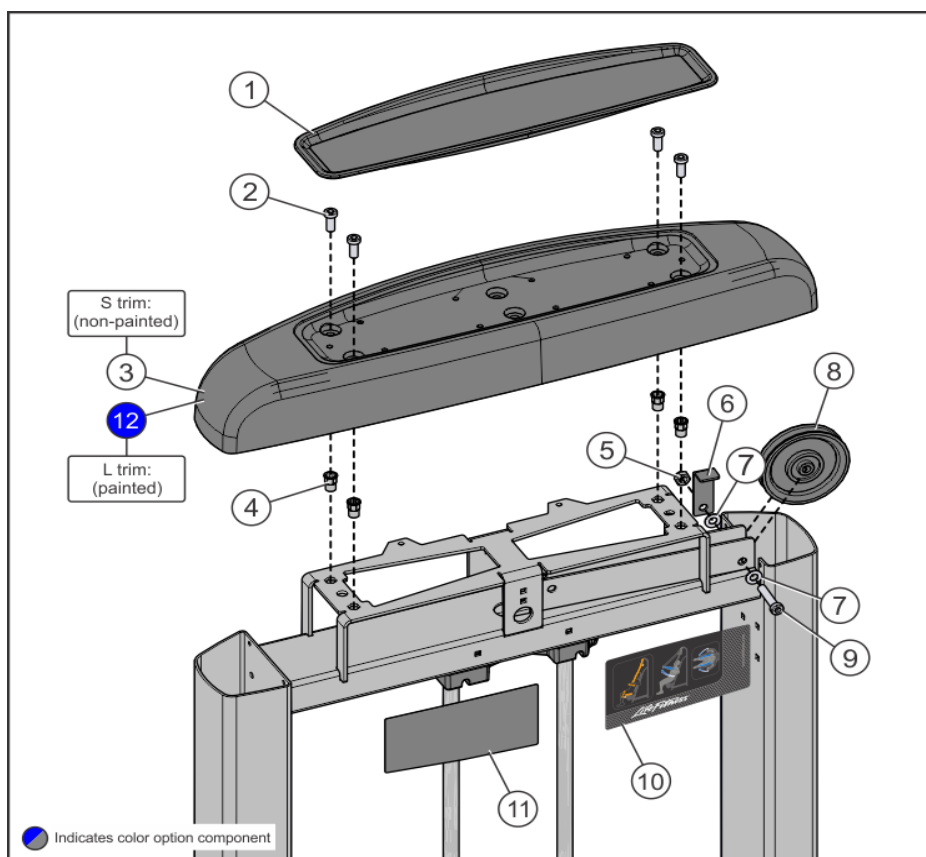
Ref #	Part Number	Qty	Description
1	1018509-0001	1	ASSY: TOP TRIM, PLACARD MNT
2	9415801	2	GASKET, TRAP TUBE
3	9412701	2	ASSY, TRAP TUBE, CAP -BTM
4	3275801	2	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
5	1006620-0001	10	RETAINER: PANEL, 9/32 X 1/2 NYL
6	3237405	3	PLUG, 7/16 IN HOLE
7	0017-00101-1587	4	RVT 201X0413X.354 T NY NO
8	0017-00042-1147	2	GROMMET: SCREW, 8 OR 10
9	1009335-0001	1	SHROUD: REAR, W/LOGO, STD
10	1008491-0001	1	LABEL, LIFE FITNESS, 16IN

Start Adjustment



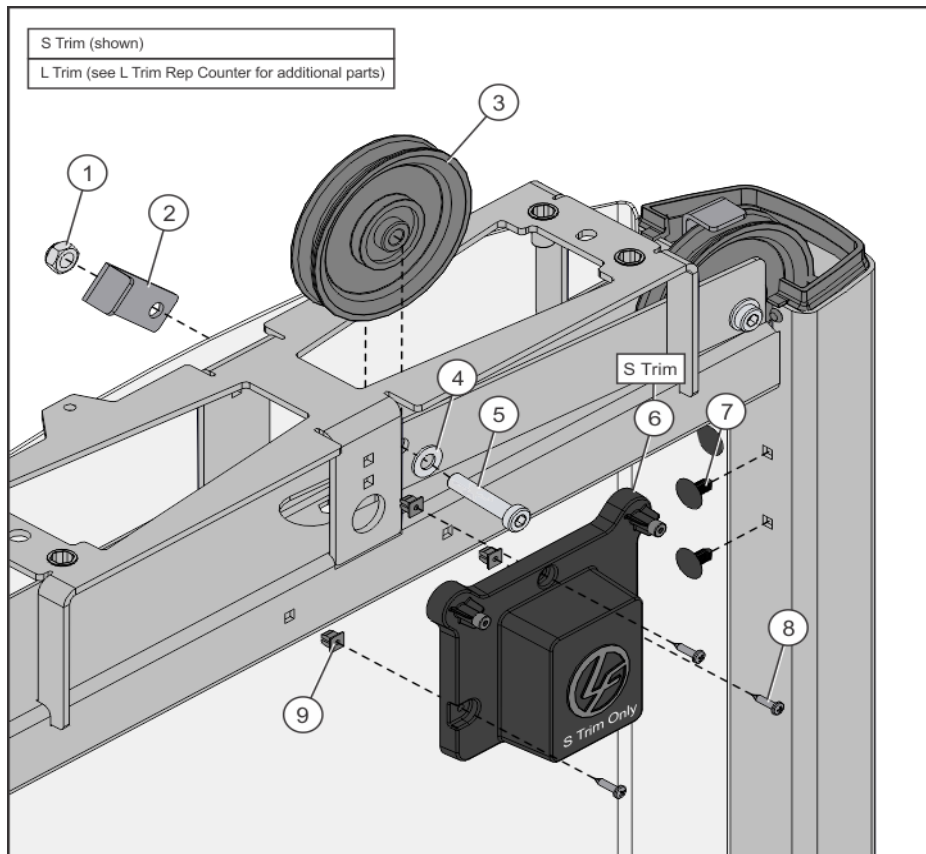
Ref #	Part Number	Qty	Description
1	1023084-0001	1	LABEL: 1-3, CURVED
2	FB030253	2	BEARING RADIAL 30MM EXTENDED RACE
3	1022298-0000	1	WLDMT: START ADJUSTMENT Custom
4	1022685-0001	1	BRKT: ADJUSTMENT PLATE
5	7335401	3	NUT, M10 X 1.5 SOCKET HEAD
6	3236202	2	M10 X 1.5 X 25 SHCS, LOW HEAD
7	7630101	3	RETAINER, CM/MJ, PULLEY
8	7570802	2	GUARD, PAINT, 1.25 x .75 x .25, BLK
9	3236208	1	M10 X 1.5 X 55 SHCS, LOW HEAD
10	8104502	2	COVER, PULLEY-BOLTED NOTCHED
11	9319901	1	PULLEY, 3/16 IN CABLE (T2), 4.5 IN OD

Tower Top - Cap and Placards



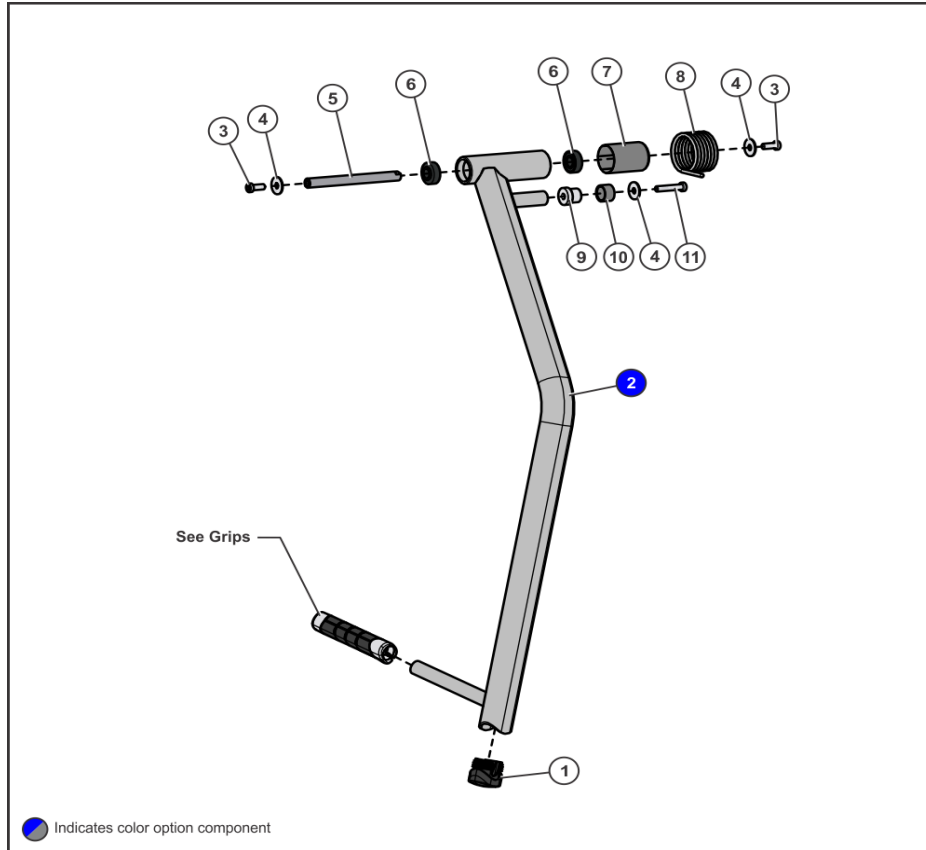
Ref #	Part Number	Qty	Description
1	9411201	1	TRAY, TOWER TOP CAP
2	3236202	4	M10 X 1.5 X 25 SHCS, LOW HEAD
3	9436701	1	CAP, TOWER, TOP, PLASTIC
4	3238601	4	M10X1.5 BLIND THREADED INSERT (HEX)
5	3236801	1	NUT, NYLOCK M10 X 1.5 SS
6	6757701	1	CLIP, CABLE 2-7/8 X 1 X 1
7	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL
8	9319901	1	PULLEY, 3/16 IN CABLE (T2), 4.5 IN OD
9	3236208	1	M10 X 1.5 X 55 SHCS, LOW HEAD
10	1022917-0001	1	LABEL: SS-CPX PLACARD, RH
11	1022916-0010	1	LABEL: SS-CPX PLACARD, LH - RUS
11	1022916-0012	1	LABEL: SS-CPX PLACARD, LH - CHI
11	1022916-0007	1	LABEL: SS-CPX PLACARD, LH - JAP
11	1022916-0004	1	LABEL: SS-CPX PLACARD, LH - SPN
11	1022916-0001	1	LABEL: SS-CPX PLACARD, LH - ENG
12	9412699	1	CAP, SS, CAST Custom

Tower Top - S and L Trim



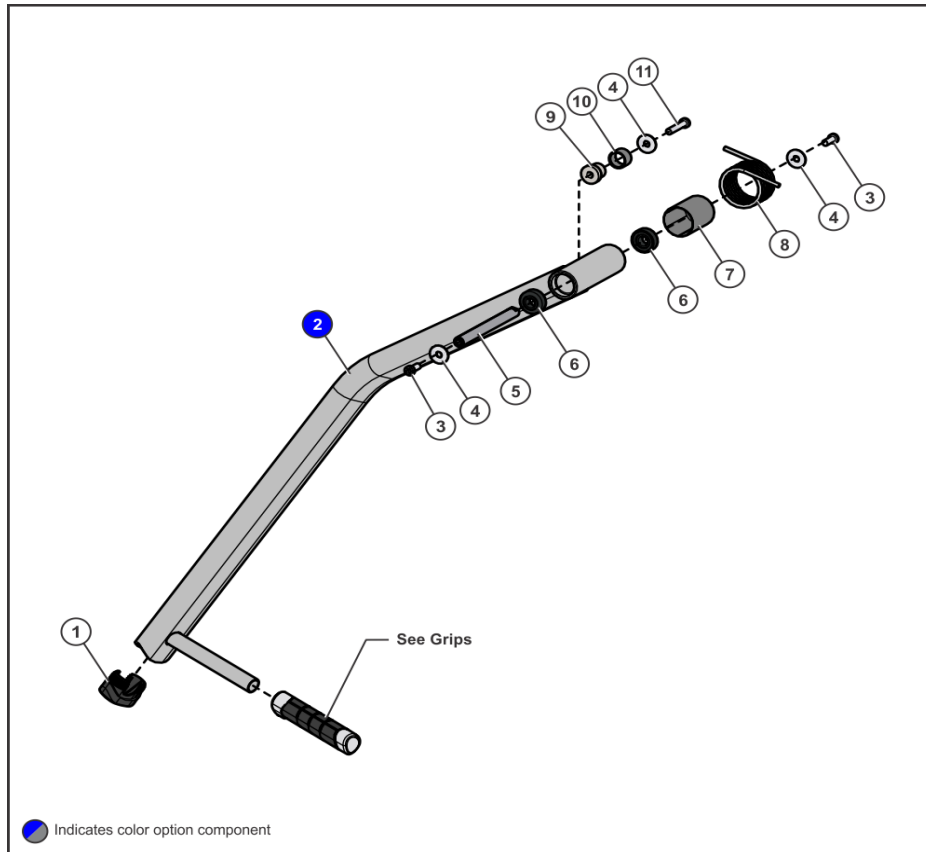
Ref #	Part Number	Qty	Description
1	3236801	1	NUT, NYLOCK M10 X 1.5 SS
2	6757701	1	CLIP, CABLE 2-7/8 X 1 X 1
3	9319901	1	PULLEY, 3/16 IN CABLE (T2), 4.5 IN OD
4	3236601	1	WASHER, 3/8 SAE STAINLESS STEEL
5	3236207	1	M10 X 1.5 X 50 SHCS, LOW HEAD
6	1006334-0001	1	ASSY, DUMMY HOUSING
7	1006620-0001	2	RETAINER: PANEL, 9/32 X 1/2 NYL
8	3275801	3	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
9	0017-00042-1147	3	GROMMET: SCREW, 8 OR 10

Work Arm Left



Ref #	Part Number	Qty	Description
1	7333802	1	CAP, SMALL FLOV-END
2	1022319-0000	1	WLDMT: WORKARM, LT Custom
3	3236202	2	M10 X 1.5 X 25 SHCS, LOW HEAD
4	3236602	3	WASHER, 3/8 ID X 1.25 OD SS
5	1022511-0001	1	SHAFT: 17MM OD
6	FB030253	2	BEARING RADIAL 30MM EXTENDED RACE
7	11000-389	1	END CAP
8	1022941-0002	1	SPRING: TORSION, RIGHT HAND
9	1022557-0028	1	SHAFT: STEPPED, 1.25 DIA / 1.0 DIA - CHR
10	7690103	1	BUMPER, SLEEVE - 1 INCH DIA
11	3236207	1	M10 X 1.5 X 50 SHCS, LOW HEAD

Work Arm Right



Ref #	Part Number	Qty	Description
1	7333802	1	CAP, SMALL FLOV-END
2	1022320-0000	1	WLDMT: WORKARM, RT Custom
3	3236202	2	M10 X 1.5 X 25 SHCS, LOW HEAD
4	3236602	3	WASHER, 3/8 ID X 1.25 OD SS
5	1022511-0001	1	SHAFT: 17MM OD
6	FB030253	2	BEARING RADIAL 30MM EXTENDED RACE
7	11000-389	1	END CAP
8	1022941-0001	1	SPRING: TORSION, LEFT HAND
9	1022557-0028	1	SHAFT: STEPPED, 1.25 DIA / 1.0 DIA - CHR
10	7690103	1	BUMPER, SLEEVE - 1 INCH DIA
11	3236207	1	M10 X 1.5 X 50 SHCS, LOW HEAD

