

SYNRGY180 PERSONAL

S180P

Parts Manual

2/6/2024 1:05:41 AM

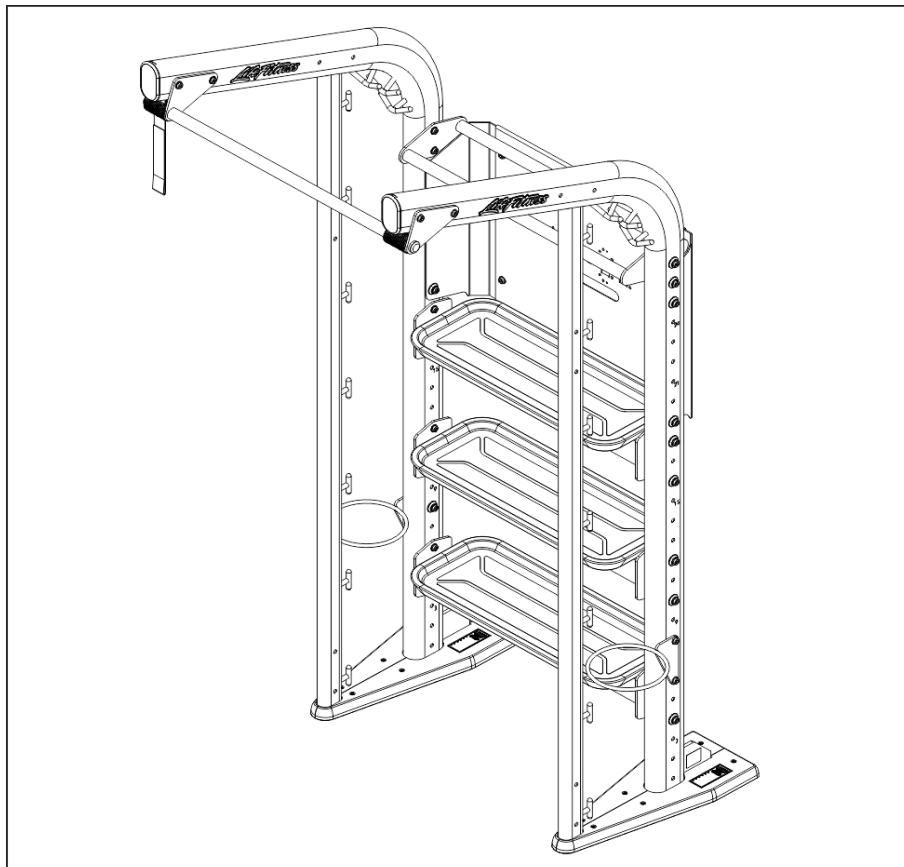
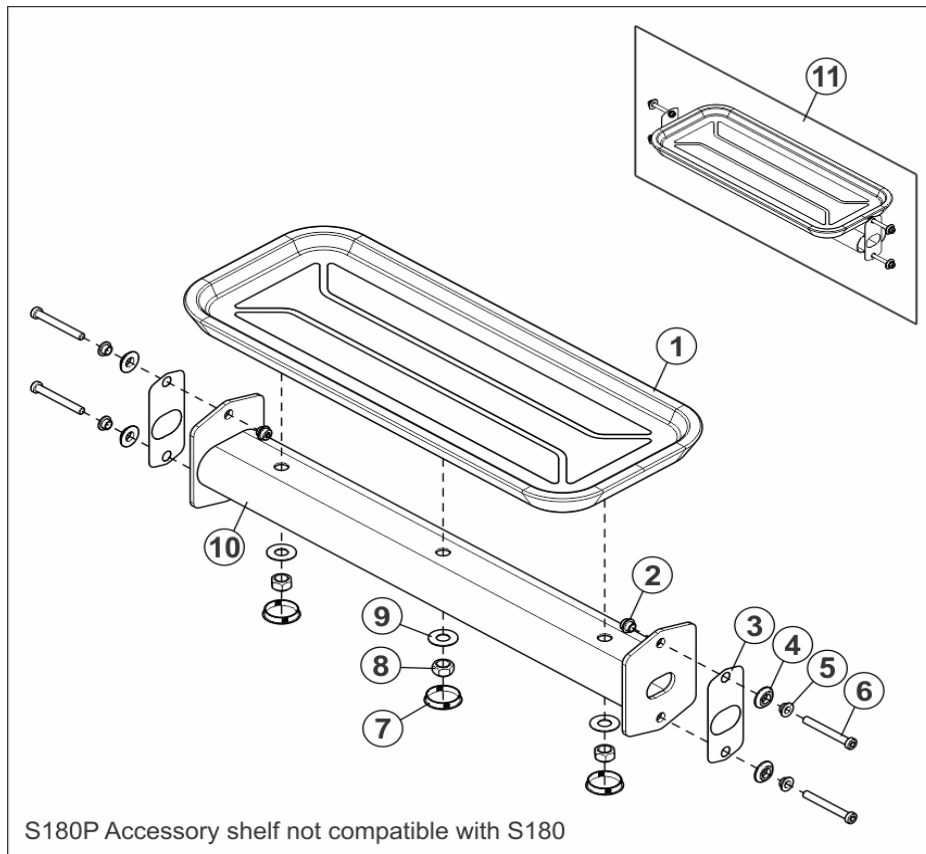


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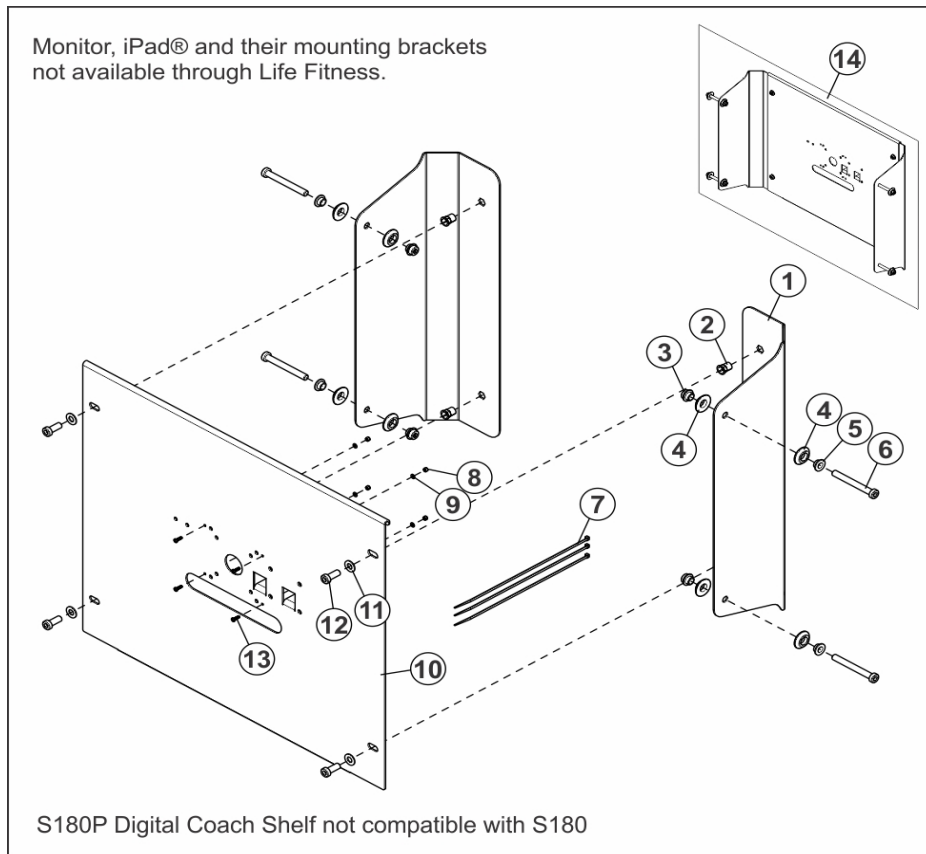
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S180P Accessory Shelf



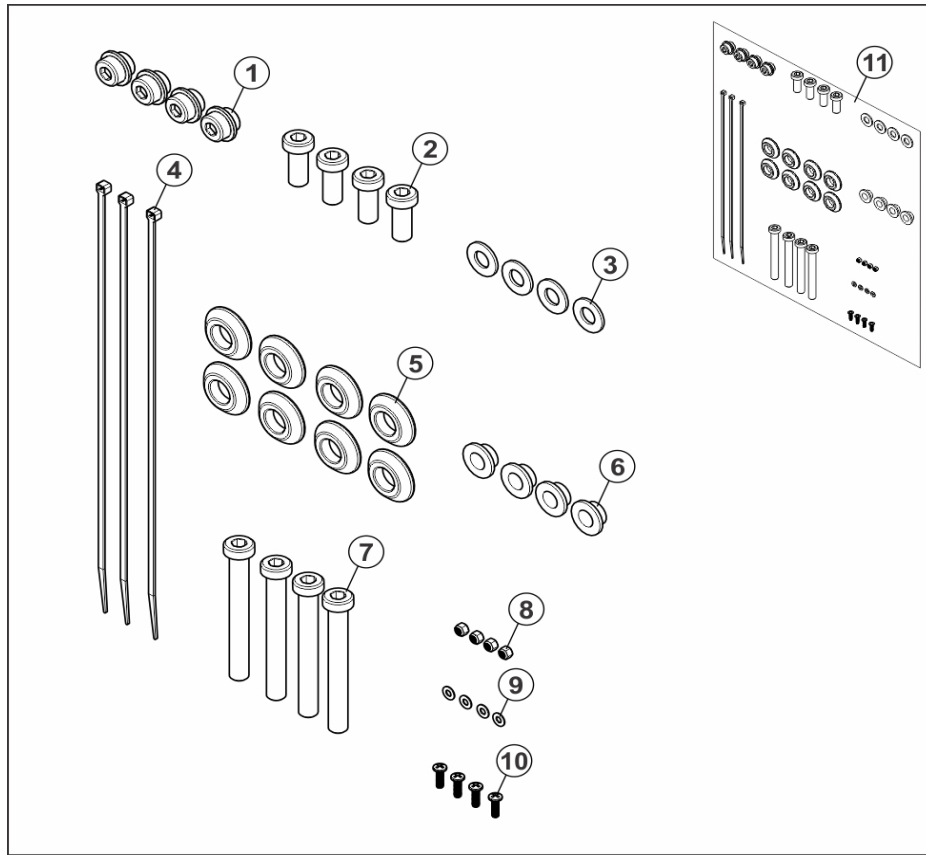
Ref #	Part Number	Qty	Description
1	1008902-0001	1	TRAY: 11.5 X 28.5, OVERMOLD, SHORT STUDS
2	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
3	1013843-0001	2	GUARD: PAINT, ACCESSORY SHELF
4	1012186-0001	4	SPACER: 1-1/4 OD X 1/4
5	7630101	4	RETAINER, CM/MJ, PULLEY
6	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
7	3237408	3	PLUG: 1.75" HOLE
8	3236804	3	NUT, M16 HEX NYLOCK SS
9	3236603	3	WASHER, 11/16 ID X 1.5 OD SS
10	1013429-0028	1	WELDMENT: RUBBER SHELF - CHR
11	1013430-0001	1	ASSEMBLY: RUBBER SHELF, S180

S180P Digital Coach Shelf



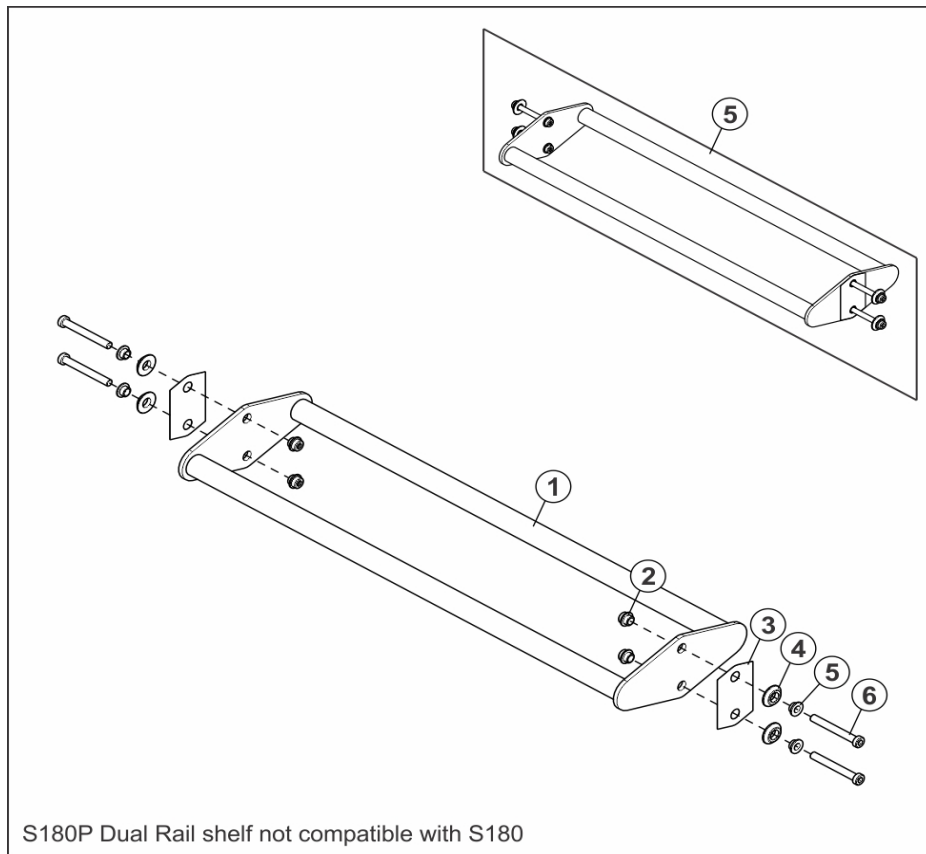
Ref #	Part Number	Qty	Description
1	1013601-0028	2	BRACKET: FF2F, MEDIA PANEL - CHR
2	3238601	4	M10X1.5 BLIND THREADED INSERT (HEX)
3	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
4	1012186-0001	8	SPACER: 1-1/4 OD X 1/4
5	7630101	4	RETAINER, CM/MJ, PULLEY
6	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
7	3276501	3	CABLE TIE 11 IN.
8	1013868-0001	4	NUT: M3.5, HEX, ZN
9	1013867-0001	4	WASHER: FOR M3.5 SCREW
10	1013598-0028	1	PLATE: FF2F, MEDIA PANEL - CHR
11	3273303	4	WASHER, 3/8, THRU-HARDENED
12	3236202	4	M10 X 1.5 X 25 SHCS, LOW HEAD
13	1013866-0001	4	SCREW: M3.5 X 12, PHILLIPS, PAN HEAD
14	1013864-0001	1	ASSEMBLY: DIGITAL COACH MOUNTING SHELF

S180P Digital Coach Shelf Hardware Kit



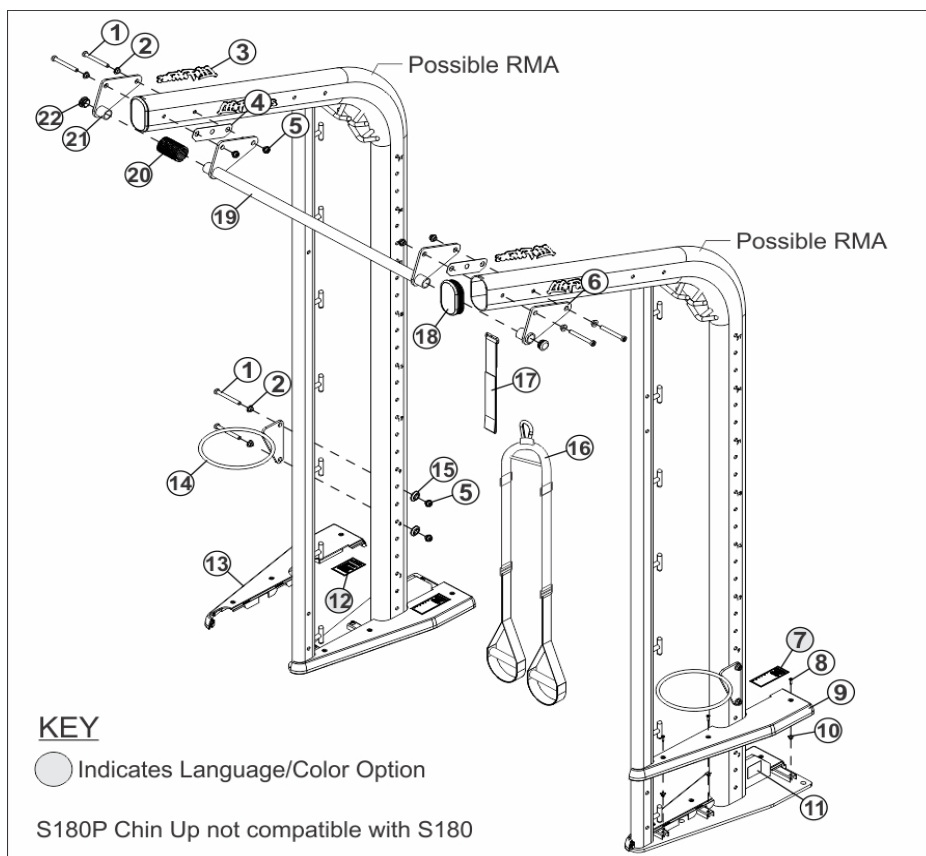
Ref #	Part Number	Qty	Description
1	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
2	3236202	4	M10 X 1.5 X 25 SHCS, LOW HEAD
3	3273303	4	WASHER, 3/8, THRU-HARDENED
4	3276501	3	CABLE TIE 11 IN.
5	1012186-0001	8	SPACER: 1-1/4 OD X 1/4
6	7630101	4	RETAINER, CM/MJ, PULLEY
7	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
8	1013866-0001	4	SCREW: M3.5 X 12, PHILLIPS, PAN HEAD
9	1013867-0001	4	WASHER: FOR M3.5 SCREW
10	1013868-0001	4	NUT: M3.5, HEX, ZN
11	1013865-0001	1	KIT: HARDWARE, MEDIA CENTER

S180P Dual Rail Shelf



Ref #	Part Number	Qty	Description
1	1013580-0028	1	WELDMENT: DUAL RAIL, FF2F, CHR
2	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
3	1012208-0001	2	GUARD: PAINT, DUAL RAIL
4	1012186-0001	4	SPACER: 1-1/4 OD X 1/4
5	7630101	4	RETAINER, CM/MJ, PULLEY
6	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
7	1012309-0001	1	KIT: HARDWARE, 4 BOLT, S180

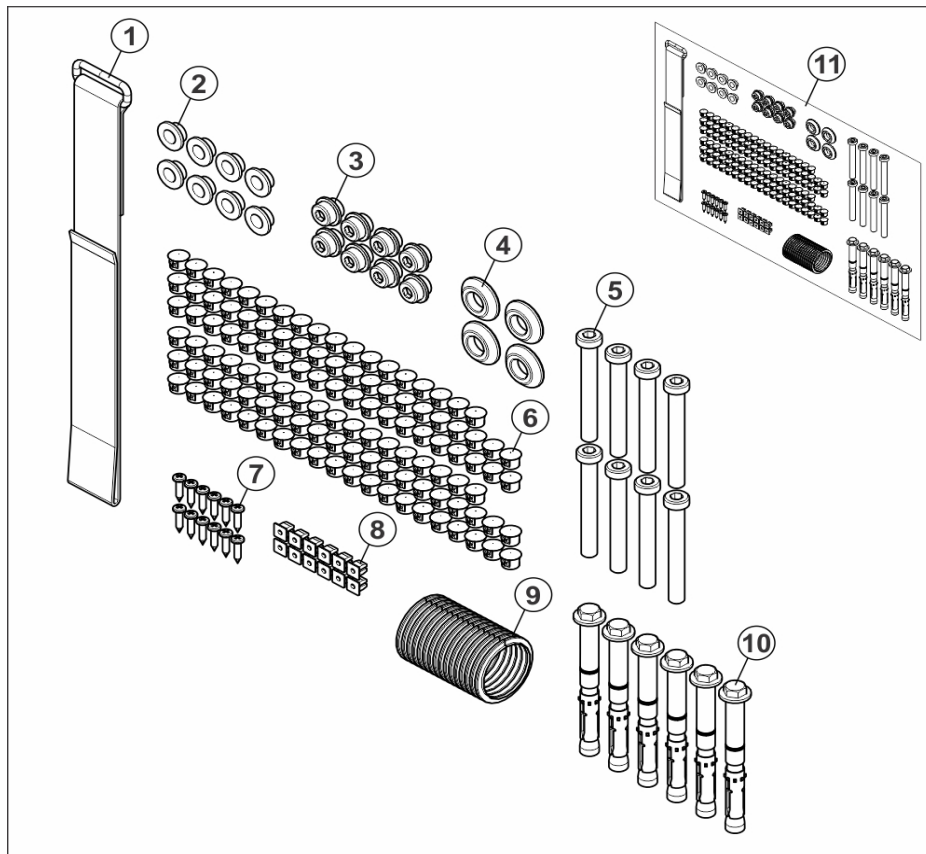
S180P-CORE



Ref #	Part Number	Qty	Description
1	3236213	8	M10 X 1.5 X 80 SHCS, LOW HEAD
2	7630101	8	RETAINER, CM/MJ, PULLEY
3	8866901	4	LABEL, LF LOGO 10 IN. - FLAT
4	1012291-0001	2	GUARD: PAINT, SYN-180
5	7335401	8	NUT, M10 X 1.5 SOCKET HEAD
6	1011372-0028	1	WELDMENT: CHIN UP END, RIGHT - CHR
7	8219903	2	LABEL, ASTM WARNING FW VERT French
7	8219908	2	LABEL, ASTM WARNING FW VERT Portuguese
7	8219906	2	LABEL, ASTM WARNING FW VERT Dutch
7	8219901	2	LABEL, ASTM WARNING FW VERT English
7	8219904	2	LABEL, ASTM WARNING FW VERT Spanish
7	8219905	2	LABEL, ASTM WARNING FW VERT Italian
7	8219910	2	LABEL, ASTM WARNING FW VERT Russian
7	8219902	2	LABEL, ASTM WARNING FW VERT German
7	8219907	2	LABEL, ASTM WARNING FW VERT Japanese
7	8219911	2	LABEL, ASTM WARNING FW VERT Turkish
7	8219912	2	LABEL, ASTM WARNING FW VERT Chinese
7	8219913	2	LABEL, ASTM WARNING FW VERT Arabic
8	3275801	12	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
9	1011042-0002	2	COVER: PLASTIC, SYN180 FOOT, RIGHT-CG
10	0017-00042-1055	12	GROMMET: PLASTIC, #6 OR #8
11	7571301	1	LABEL, SERIAL NUMBER

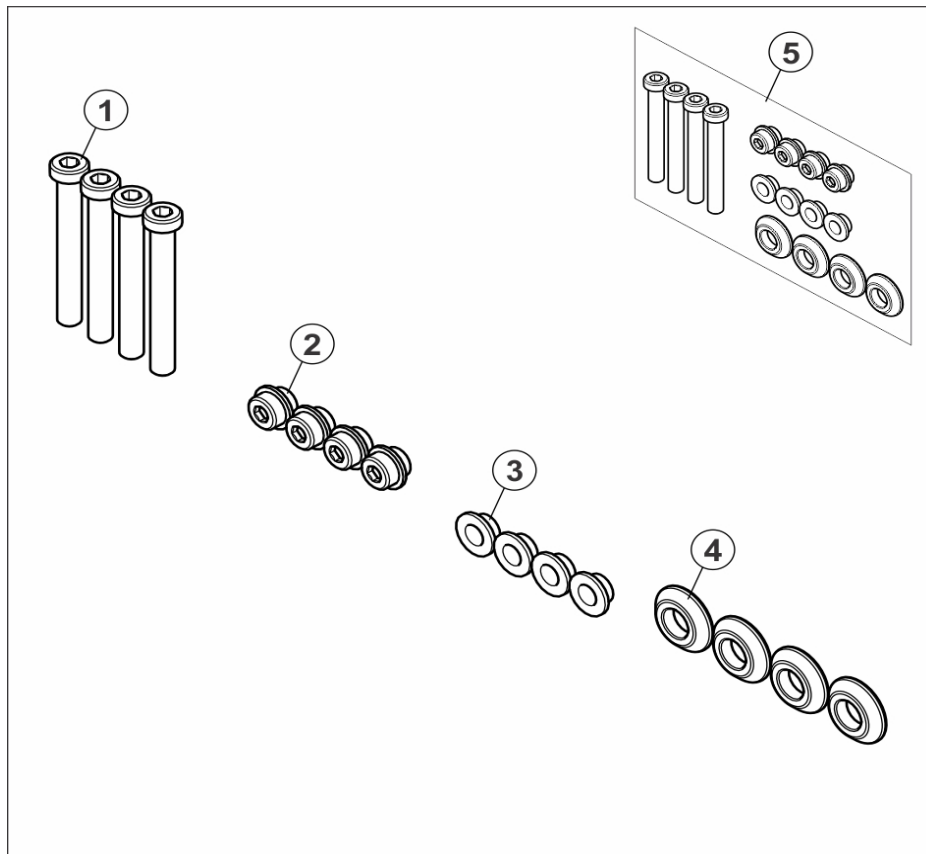
Ref #	Part Number	Qty	Description
12	9139501	2	LABEL, BOLT TO FLOOR WARNING English
12	9139503	2	LABEL, BOLT TO FLOOR WARNING French
12	9139510	2	LABEL, BOLT TO FLOOR WARNING Russian
12	9139508	2	LABEL, BOLT TO FLOOR WARNING Portuguese
12	9139513	2	LABEL, BOLT TO FLOOR WARNING Arabic
12	9139507	2	LABEL, BOLT TO FLOOR WARNING Japanese
12	9139502	2	LABEL, BOLT TO FLOOR WARNING German
12	9139505	2	LABEL, BOLT TO FLOOR WARNING Italian
12	9139504	2	LABEL, BOLT TO FLOOR WARNING Spanish
12	9139506	2	LABEL, BOLT TO FLOOR WARNING Dutch
12	9139511	2	LABEL, BOLT TO FLOOR WARNING Turkish
12	9139512	2	LABEL, BOLT TO FLOOR WARNING Chinese
13	1011029-0001	2	COVER: PLASTIC, SYN180 FOOT, LEFT
14	1013603-0028	2	WLDMNT: MAT/FOAM ROLLER, FF2F - CHR
15	1012186-0001	4	SPACER: 1-1/4 OD X 1/4
16	ACC-TRX-1000-01	1	TRX SUSPENSION TRAINER
17	1012293-0001	1	STRAP: SUSPENSION TRAINING
18	1011065-0001	2	CAP: END, LARGE FLOV, 20 DEG
19	1013406-0028	1	WELDMNT: STRAIGHT BAR CHIN UP - CHR
20	1012514-0001	1	COVER: CHIN UPS
21	1011373-0028	1	WELDMNT: CHIN UP END, LEFT - CHR
22	3119303	2	CAP, END 1-1/4 RD 10-14GA

S180P-CORE Hardware Kit



Ref #	Part Number	Qty	Description
1	1012293-0001	1	STRAP: SUSPENSION TRAINING
2	7630101	8	RETAINER, CM/MJ, PULLEY
3	7335401	8	NUT, M10 X 1.5 SOCKET HEAD
4	1012186-0001	4	SPACER: 1-1/4 OD X 1/4
5	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
6	3237405	116	PLUG, 7/16 IN HOLE
7	3275801	12	SCREW, 8 X 3/4 DIN PHL PAN AB ST ZB
8	0017-00042-1147	12	GROMMET: SCREW, 8 OR 10
9	1012514-0001	1	COVER: CHIN UPS
10	1022455-0001	6	ANCHOR, KB-TZ2, 3/8" X 5"
11	1014875-0001	1	KIT: HARDWARE, S180P CORE

4 Bolt Hardware Kit



Ref #	Part Number	Qty	Description
1	3236213	4	M10 X 1.5 X 80 SHCS, LOW HEAD
2	7335401	4	NUT, M10 X 1.5 SOCKET HEAD
3	7630101	4	RETAINER, CM/MJ, PULLEY
4	1012186-0001	4	SPACER: 1-1/4 OD X 1/4
5	1012309-0001	1	KIT: HARDWARE, 4 BOLT, S180

