

RS3 RECUMBENT LIFECYCLE® EXERCISE BIKE

RS3-XX00-0105, RS3-XX14-0105, RS3-XX16-0105

PARTS MANUAL



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Miscellaneous Part Numbers

Serial Number Table

Item	Alpha Code*	Starting Serial Number	Ending Serial Number
RS3-XX00-0105	RSB	RSB 100001	
RS3-XX14-0105	RSB	RSB 100001	
RS3-XX16-0105	RSB	RSB 100001	

* Refer to first three letters of the product's Serial Number for the Alpha code

Consoles used with the RS1 and RS3 Bases

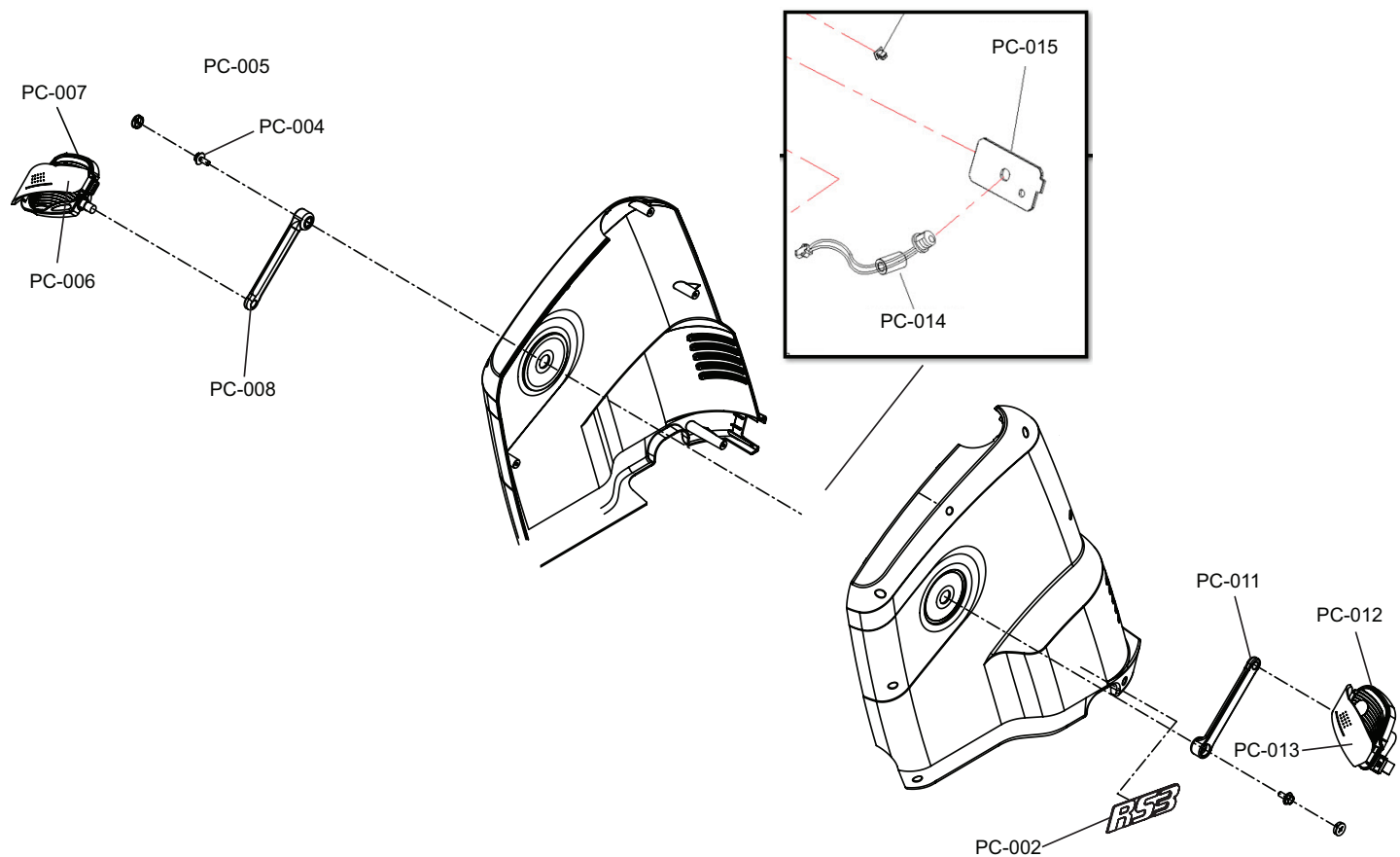


Track+ Console TCK-0X0X-0105



Go Console GC-0X0X-0105

Pedals and Components

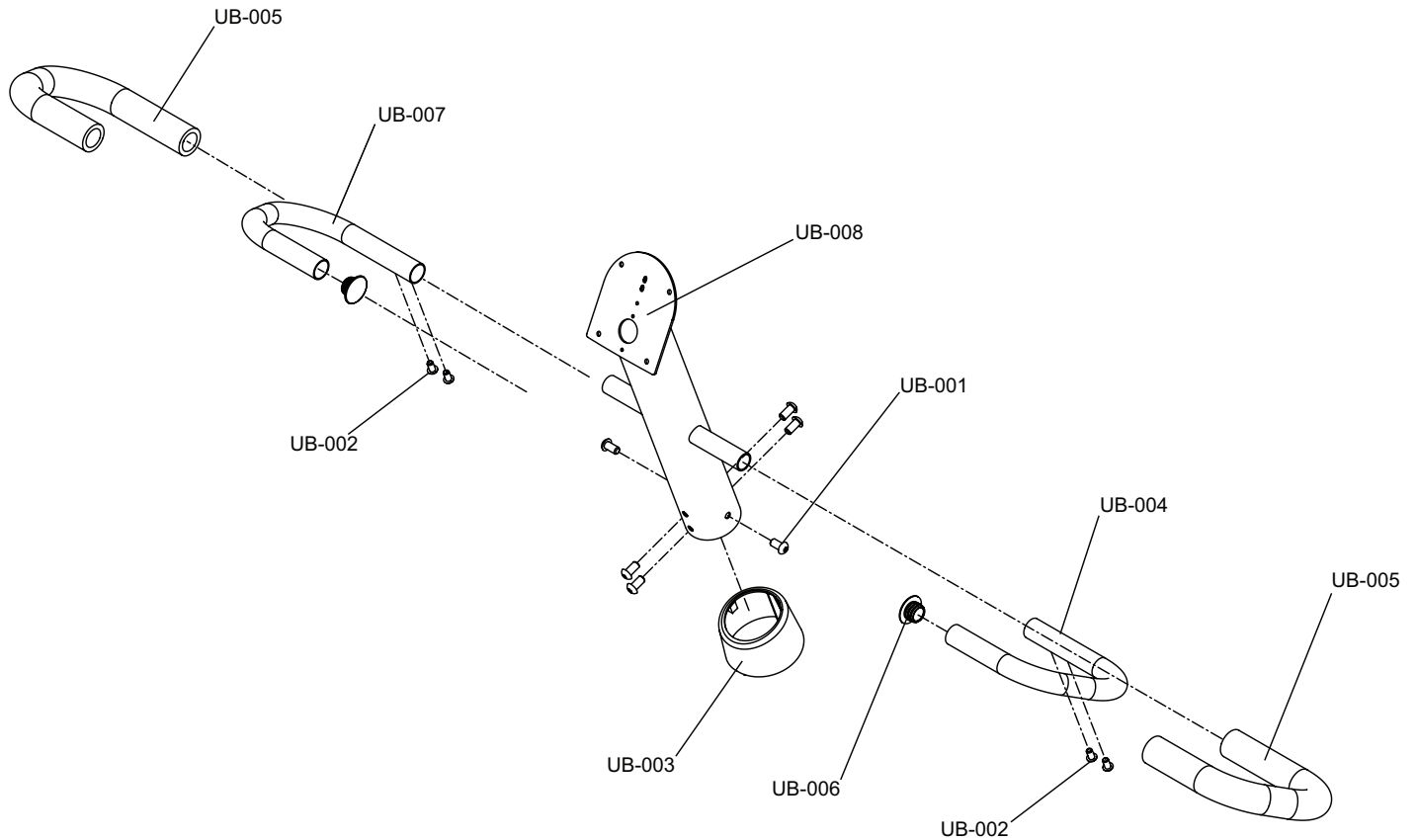


Parts List

Item	Alpha Code	Part Number	Description
PC-002	RSB	REX3H3Q	RS3 Badge (2)
PC-004	RSB	REX0JZM	Hex Screw (2)
PC-005	RSB	REX01A8	Crank Cap (2)
PC-006	RSB	REX2KHL	Left Pedal Strap
PC-007	RSB	REX21N1	Left Pedal, Self Balancing
PC-008	RSB	REX347J	Left Crank Arm
PC-010	RSB	REX229E	Both Pedals and Straps
PC-011	RSB	REX347K	Right Crank Arm
PC-012	RSB	REX21N2	Right Pedal, Self Balancing
PC-013	RSB	REX2KHM	Right Pedal Strap
PC-014	RSB	REX2K86	Cable
PC-015	RSB	0K66-01063-0000	Bracket, Power/Coax

Upright and Handlebars

Exploded View

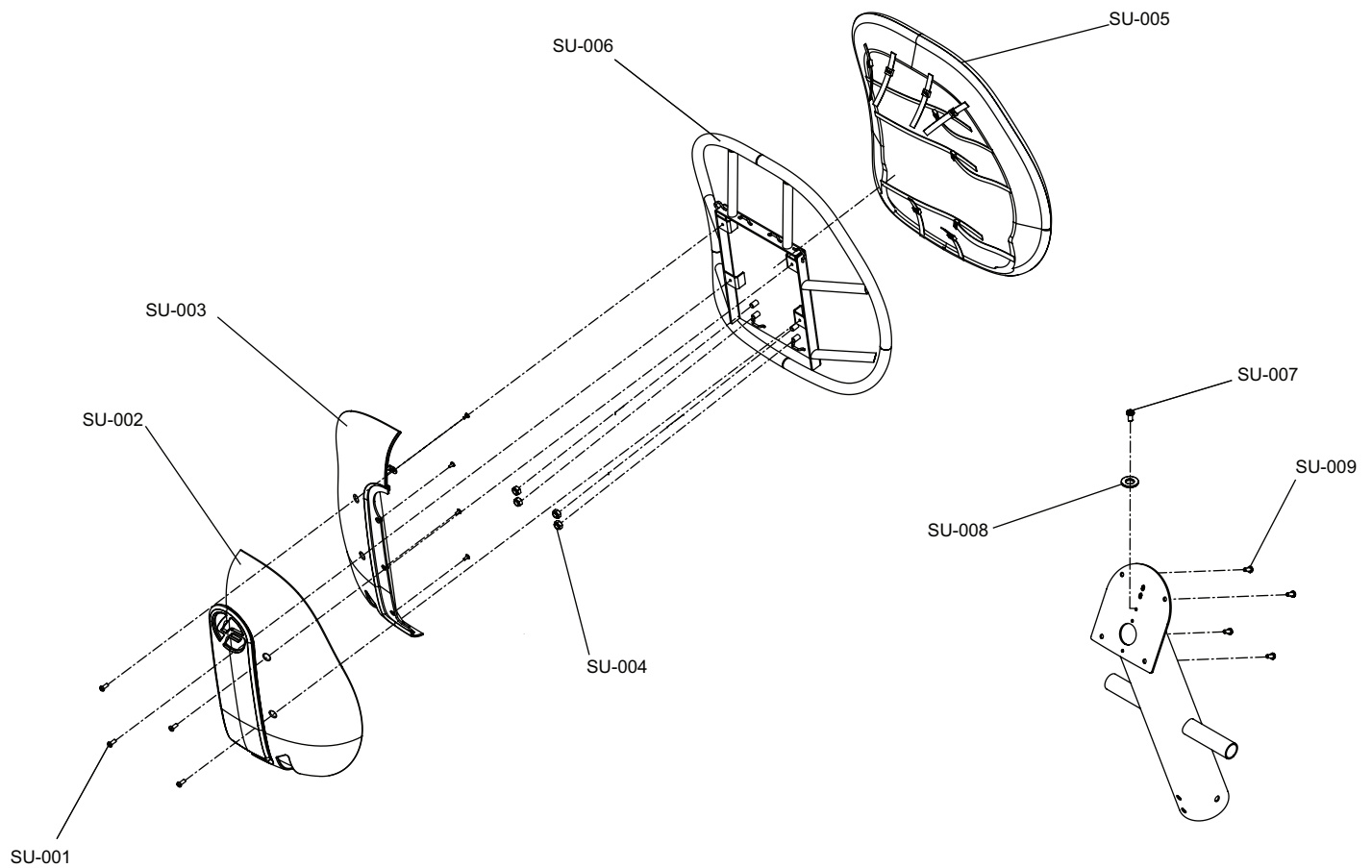


Parts List

Item	Alpha Code	Part Number	Description
UB-001	RSB	REX0K03	Bolt, 8MM X 15MM (6)
UB-002	RSB	0017-00101-2088	Screw, SHCS 8MM X 20MM CZ (4)
UB-003	RSB	REX3EWK	Grommet, Upright
UB-004	RSB	REX3EVF	RH Handlebar
UB-005	RSB	REX3EVH	Grip (2)
UB-006	RSB	REX2HK7	Cap, Grip (2)
UB-007	RSB	REX3EVG	LH Handlebar
UB-008	RSB	REX3GX8	Upright Weldment

Seat and Upright Components

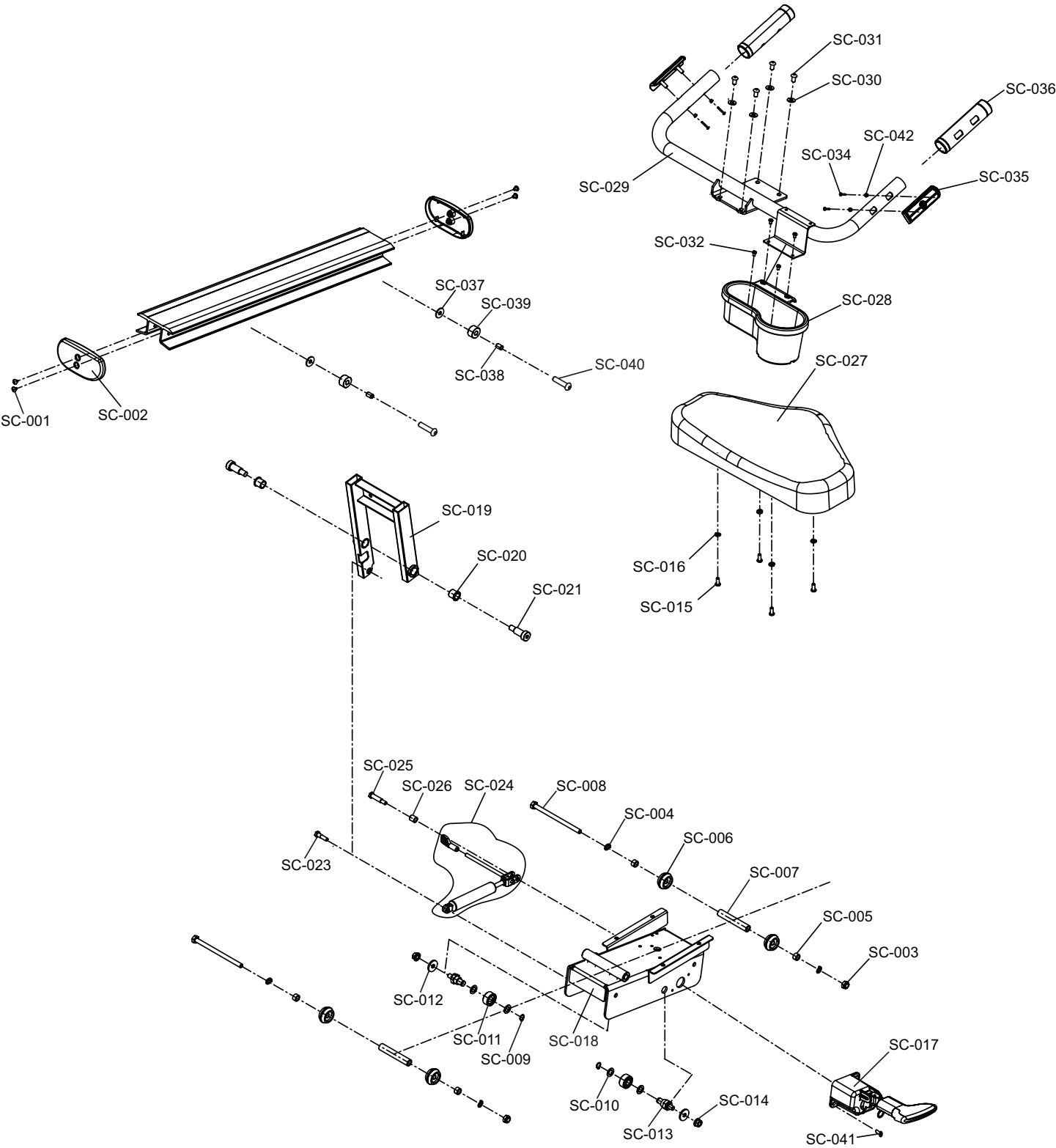
Exploded View



Parts List

Item	Alpha Code	Part Number	Description
SU-001	RSB	REX0KDJ	M5 Screw (4)
SU-002	RSB	REX3GQH	RT Seat Back
SU-003	RSB	REX3GQG	LT Seat Back
SU-004	RSB	REX0KQY	Nylock Nut (4)
SU-005	RSB	REX2RYR	Mesh Seat Cover
SU-006	RSB	REX348S	Seat Back
SU-007	RSB	REX0KFE	Pan Screw
SU-008	RSB	REX0JAG	Lock Washer
SU-009	RSB	REX0KCD	M5 Screw (4)

Seat and Handlebar Components

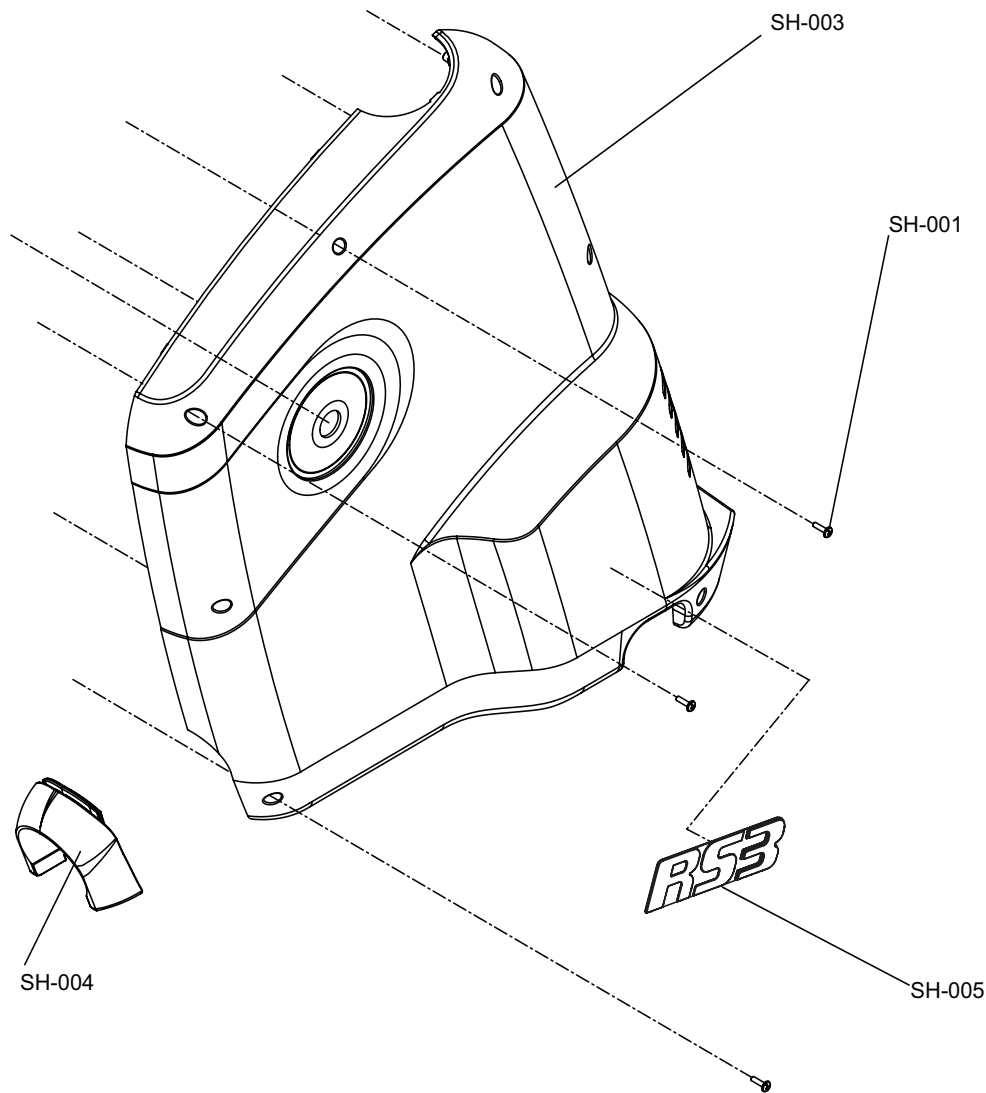


Parts List

Item	Alpha Code	Part Number	Description
SC-001	RSB	REX0K4R	Screw (4)
SC-002	RSB	REX3GPY	Seat Cap (2)
SC-003	RSB	REX33N3	Locking Nut (2)
SC-004	RSB	REX0J93	Spring Washer (4)
SC-005	RSB	REX20Q0	Spacer (4)
SC-006	RSB	REX20Q1	Rolling Wheel (4)
SC-007	RSB	REX20Q2	Spacer (2)
SC-008	RSB	REX20W1	Bolt (2)
SC-009	RSB	REX20ZA	Ret. Ring (2)
SC-010	RSB	REX213C	Flat Washer (4)
SC-011	RSB	REX20PZ	Adjust Wheel (2)
SC-012	RSB	REX213E	Flat Washer (2)
SC-013	RSB	REX20PY	Tension Axle (2)
SC-014	RSB	REX20W0	M10 Hex Nut (2)
SC-015	RSB	REX0KDV	M6 Screw (4)
SC-016	RSB	REX0J95	Spring Washer (4)
SC-017	RSB	REX3GYE	Seat Lock
SC-018	RSB	REX3GQB	Seat Weldment
SC-019	RSB	REX3GQC	Seat Support
SC-020	RSB	REX2RV9	Bearing (2)
SC-021	RSB	REX2RVC	Shoulder Bolt (2)
SC-023	RSB	REX34ER	Shock Pin
SC-024	RSB	REX3F1T	Shock
SC-025	RSB	REX34EQ	Front Shock Mount Pin
SC-026	RSB	REX34EN	Spacer
SC-027	RSB	REX2B8G	Seat
SC-028	RSB	REX2AUJ	Cup Holder
SC-029	RSB	REX3GXC	Handlebar Weldment
SC-030	RSB	REX0J5G	Washer (4)
SC-031	RSB	REX0K03	Screw (4)
SC-032	RSB	REX0KDH	Screw (4)
SC-034	RSB	0017-00101-2069	Screw (4)
SC-035	RSB	REX3GY2	Heart Rate Sensor (2)
SC-036	RSB	REX34RP	Grip (2)
SC-037	RSB	REX0J53	Washer (2)
SC-038	RSB	REX21RA	Spacer (2)
SC-039	RSB	REX21NY	Seat Stop Rear
SC-040	RSB	REX33MF	Screw (2)
SC-041	RSB	REX22R9	Seat Lock Screw (2)
SC-042	RSB	REX36G5	HR Sensor Spacer (4)

Shrouds and Hardware

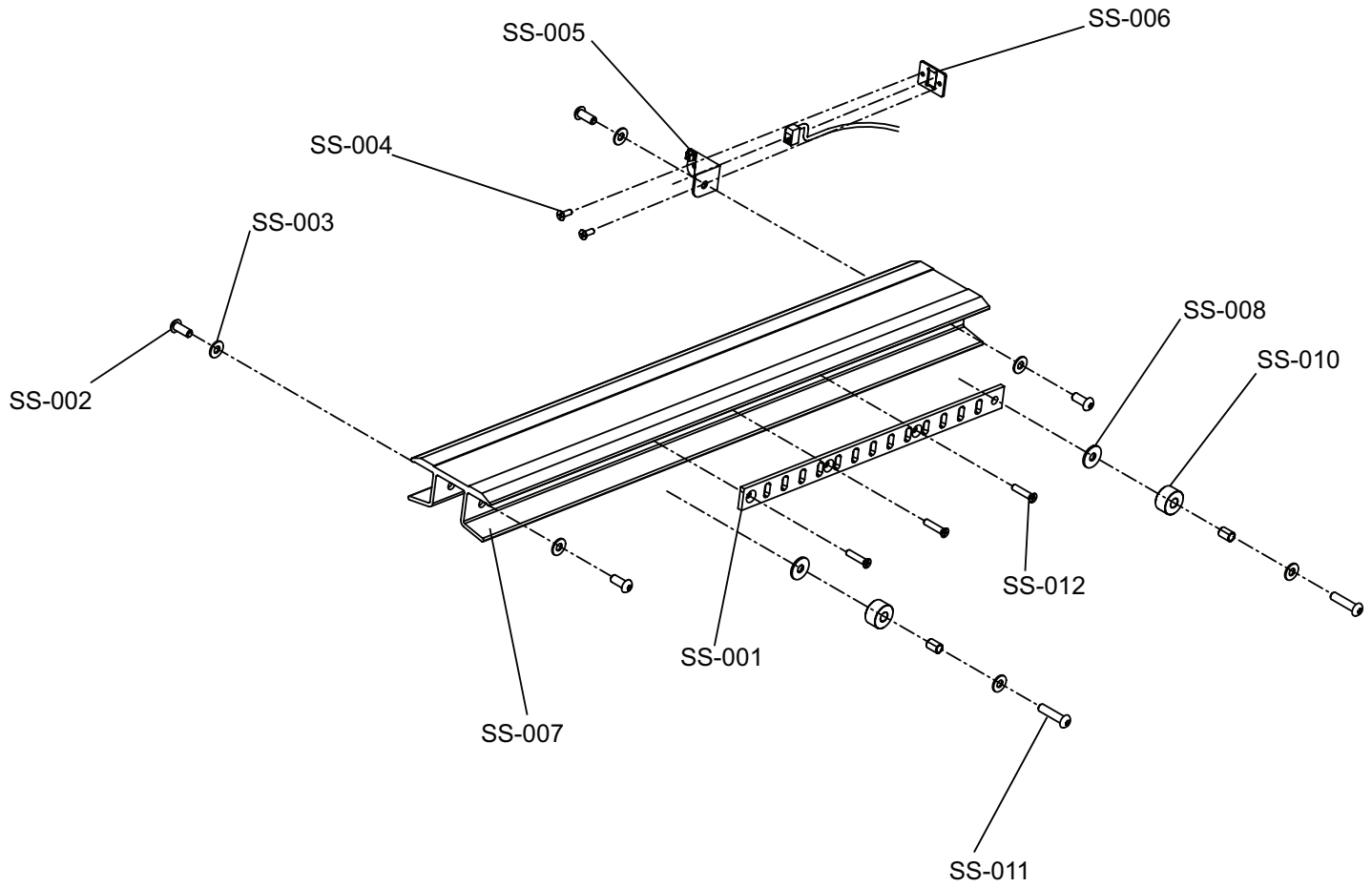
Exploded View



Parts List

Item	Alpha Code	Part Number	Description
SH-001	RSB	0017-00101-1796	Phillips Screw (11)
SH-002	RSB	0K76-01006-0201	Left Side Shroud (Not Shown)
SH-003	RSB	AK76-00005-0201	Right Side Shroud
SH-004	RSB	REX3EWL	Lower Shroud Gasket
SH-005	RSB	REX3H3Q	RS3 Badge

Seat Stop Components

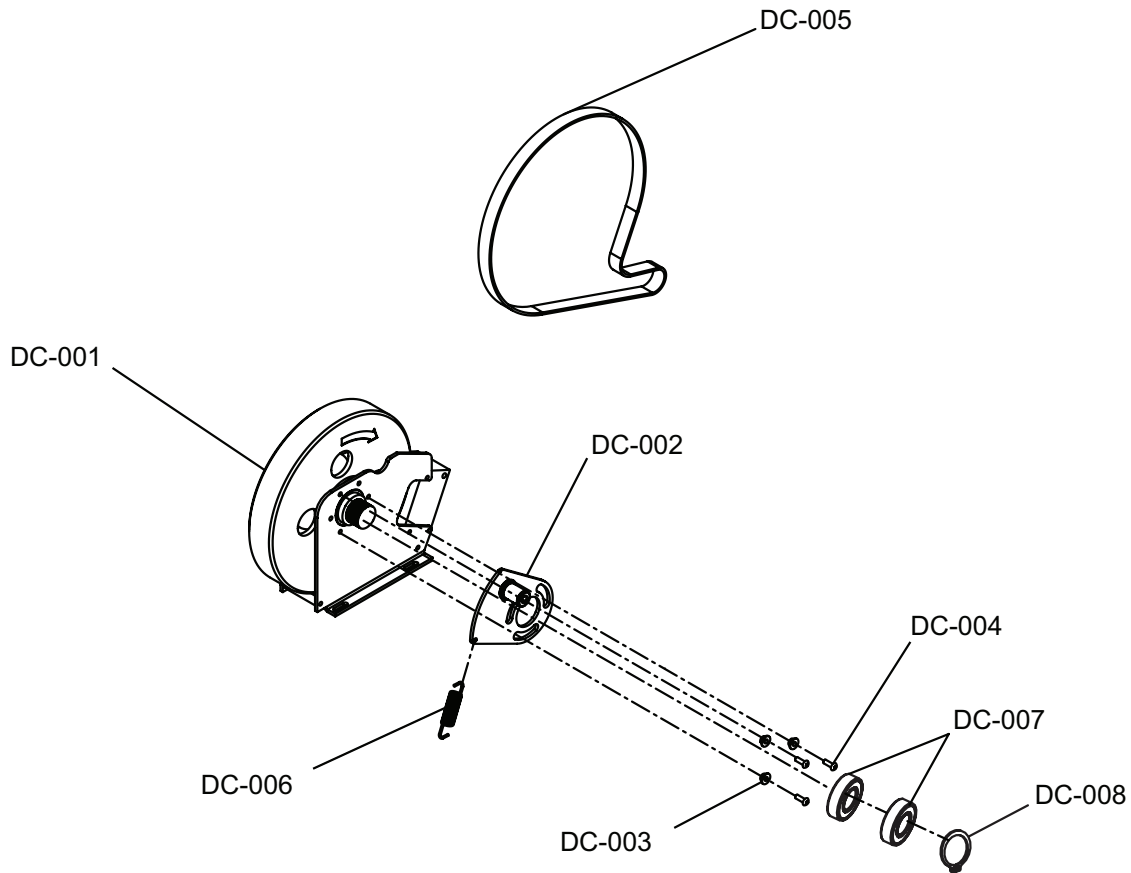


Parts List

Item	Alpha Code	Part Number	Description
SS-001	RSB	REX20MD	Seat Stop
SS-002	RSB	REX33MF	Stop Bolt (4)
SS-003	RSB	REX0J5G	Washer (4)
SS-004	RSB	REX0K56	Screw (2)
SS-005	RSB	REX3EWN	Cord Clamp
SS-006	RSB	REX20V0	Tension Plate
SS-007	RSB	REX3EVJ	Seat Extrusion
SS-008	RSB	REX0J53	Washer (2)
SS-010	RSB	REX01VL	Bumper (2)
SS-011	RSB	REX33MF	M8 Screw (2)
SS-012	RSB	REX0K5E	Seat Adj. Screw (3)

Drive Components

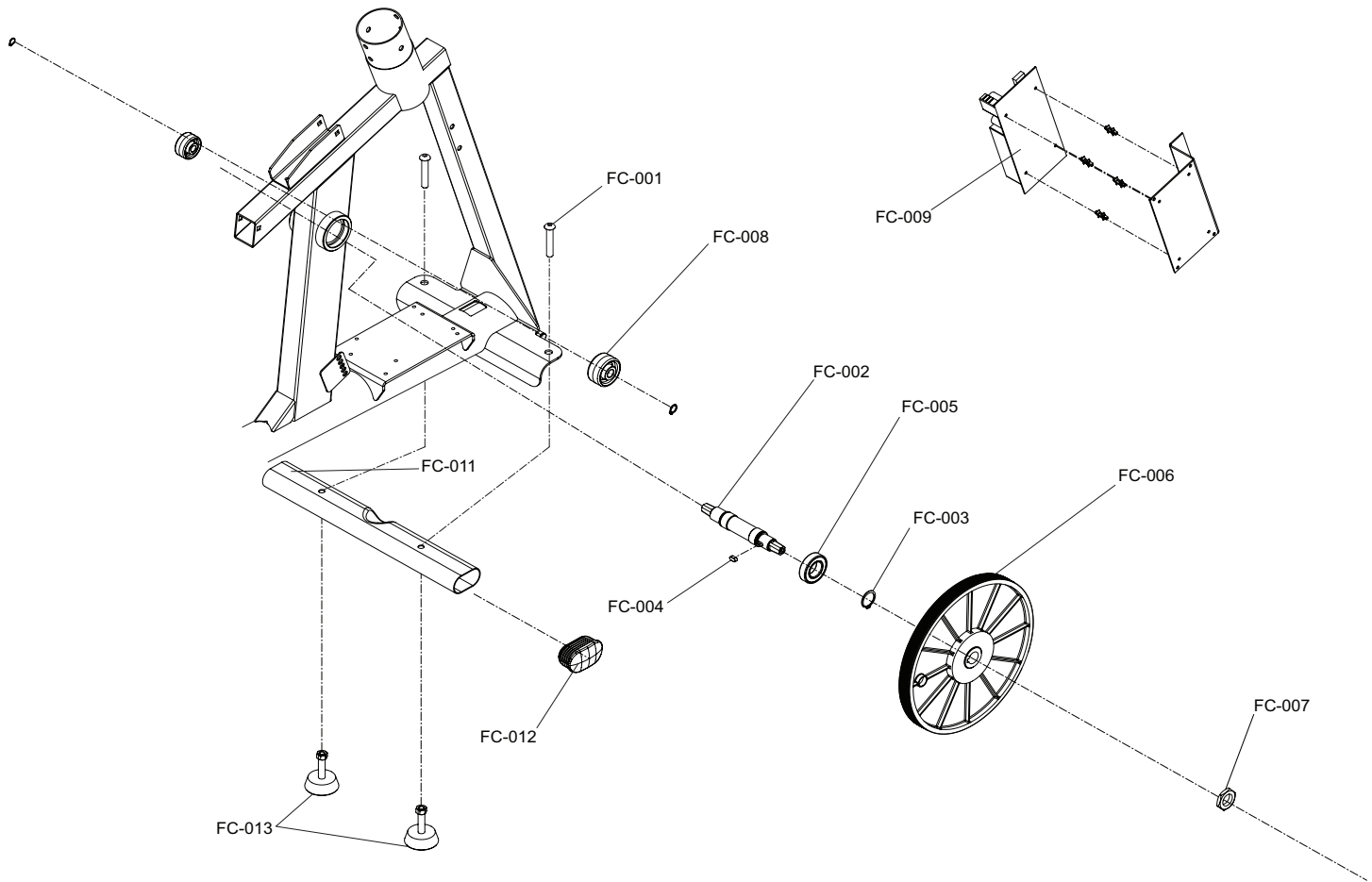
Exploded View



Parts List

Item	Alpha Code	Part Number	Description
DC-001	RSB	REX3EUR	Generator
DC-002	RSB	REX3EW4	Belt Tensioner
DC-003	RSB	REX019S	Tensioner Spacer (3)
DC-004	RSB	REX0JZU	Brake Screw (3)
DC-005	RSB	REX39V6	Poly V-Belt
DC-006	RSB	REX01LJ	Spring
DC-007	RSB	REX0HVP	Tensioner Bearings (2)
DC-008	RSB	REX0JEG	C-Clip

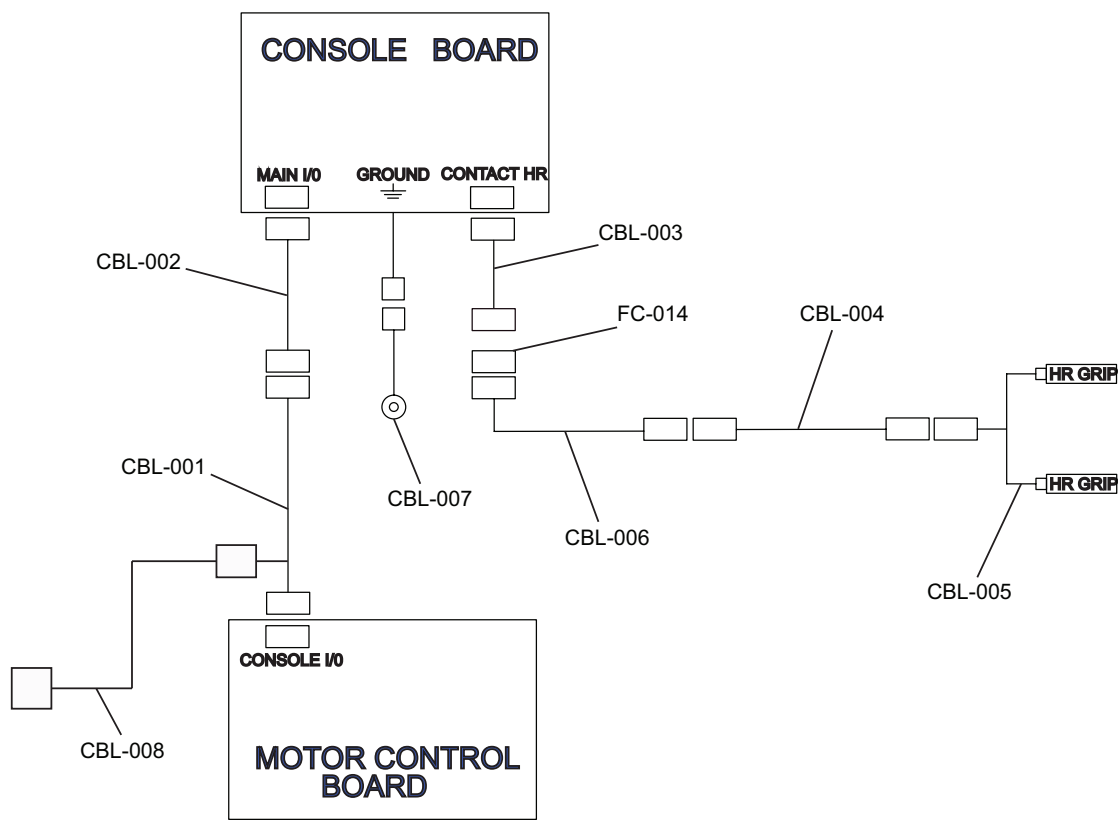
Frame Components



Parts List

Item	Alpha Code	Part Number	Description
FC-001	RSB	REX33MF	50MM Screw (4)
FC-002	RSB	REX3EXF	Crank Shaft
FC-003	RSB	REX0JEJ	Ret. Ring (2)
FC-004	RSB	REX0JGM	Crank Key
FC-005	RSB	REX0HVQ	Bearing (2)
FC-006	RSB	REX20L2	Drive Pulley
FC-007	RSB	REX0KN5	Low Nut
FC-008	RSB	REX2AX2	Wheel Assembly (2)
FC-009	RSB	9107601	PCB, Generator Control, DCI (-XX14)
	RSB	REX2M02	Board Circuit (-XX00 / -XX16)
FC-011	RSB	REX3GX5	Rear Foot Assembly
FC-012	RSB	REX2LRB	End Cap (4)
FC-013	RSB	REX10LU	Leveler w/Nut (4)

Wiring Diagram



Parts List

Item	Alpha Code	Part Number	Description
CBL-001	RSB	REX3EUH	Cable, Main I/O
CBL-002	RSB	REX3EUG	Cable, Main I/O Upright
CBL-003	RSB	REX3EUJ	Cable, Contact HR Upright to Console
CBL-004	RSB	REX3EUP	Cable, Contact HR Seat to Frame
CBL-005	RSB	REX2RZ7	Cable, HR Grips
CBL-006	RSB	REX3EUK	Cable, Contact HR Base to Upright
CBL-007	RSB	REX3EW6	Ground Cable
CBL-008	RSB	REX2K86	Cable, CT Motor Transformer
	RSB	8974001	Assy, Transformer, 100-240V, 9V, 4A, DOM
	RSB	8974101	Assy, Transformer, 100-240V, 9V, 4A, UK
	RSB	8974201	Assy, Transformer, 100-240V, 9V, 4A, CONT
	RSB	8974301	Assy, Transformer, 100-240V, 9V, 4A, AUST
	RSB	8974401	Assy, Tranformer, 100-240V, 9V, 4A, BR
FC-14	RSB	9204601	Male to Male Connector