

# RS1 RECUMBENT LIFECYCLE® EXERCISE BIKE

RS1-XX00-0105, RS1-XX14-0105

## PARTS MANUAL



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# Miscellaneous Part Numbers

## Serial Number Table

| Item          | Alpha Code* | Starting Serial Number | Ending Serial Number |
|---------------|-------------|------------------------|----------------------|
| RS1-XX00-0105 | RSA         | RSA 100001             |                      |
| RS1-XX14-0105 | RSA         | RSA 100001             |                      |

\* Refer to first three letters of the product's Serial Number for the Alpha code

## Consoles used with the RS1 and RS3 Bases

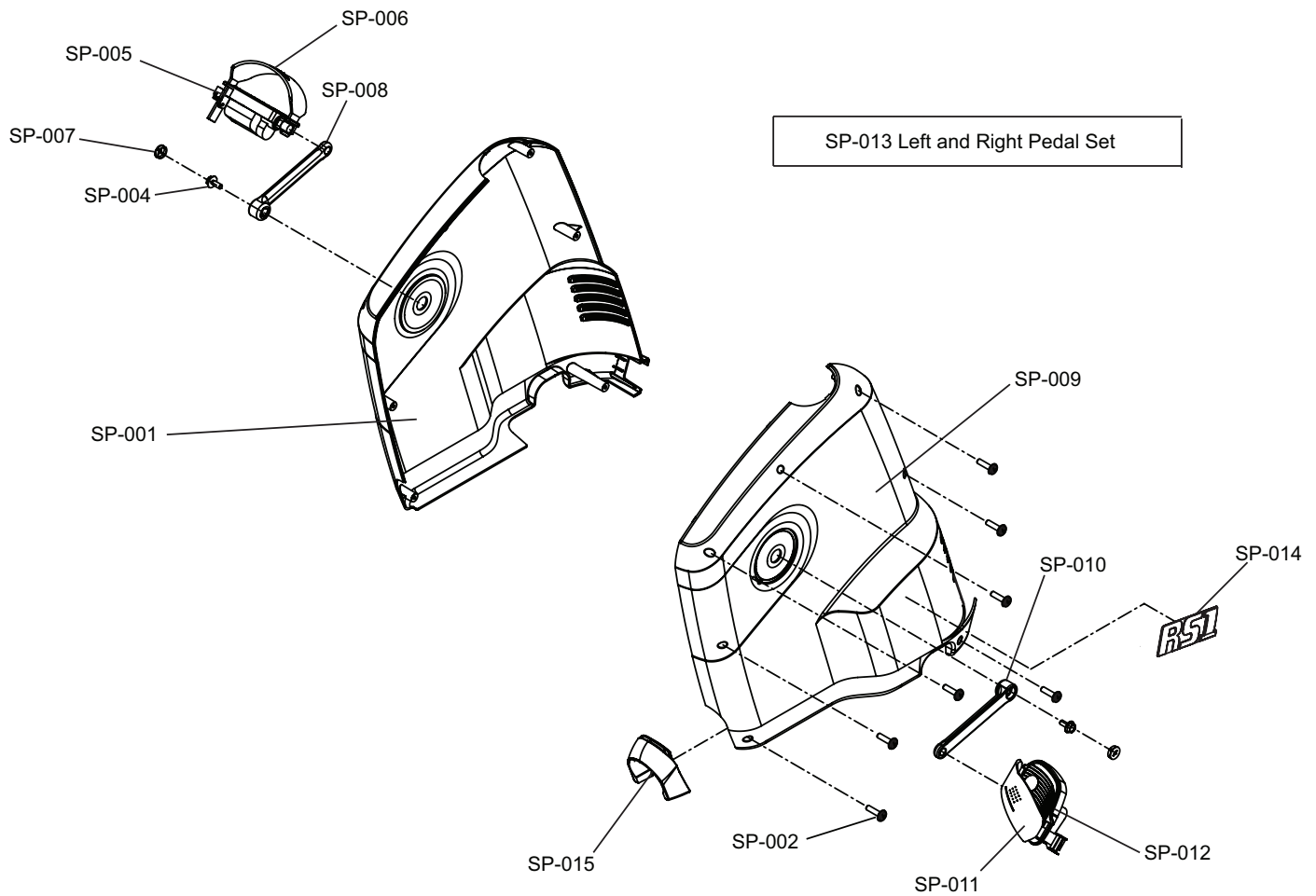


Track+ Console TCK-0X0X-0105



Go Console GC-0X0X-0105

# Shrouds and Pedal Components

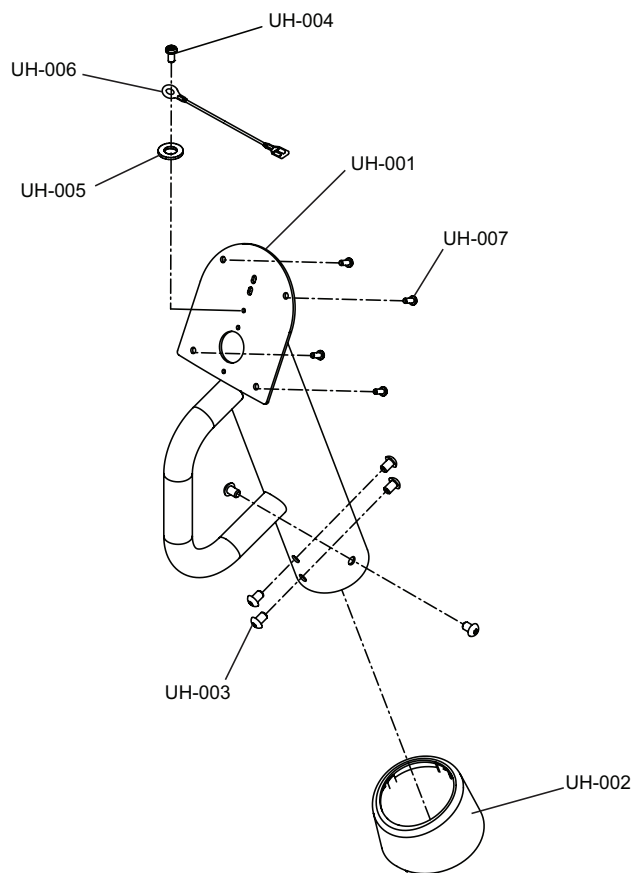


## Parts List

| Item   | Alpha Code | Part Number     | Description              |
|--------|------------|-----------------|--------------------------|
| SP-001 | RSA        | 0K76-01006-0201 | Left Side Cover          |
| SP-002 | RSA        | 0017-00101-1796 | Screw (7)                |
| SP-004 | RSA        | REX0JZM         | Screw (2)                |
| SP-005 | RSA        | REX21N1         | Left Pedal w/Strap       |
| SP-006 | RSA        | REX2KHL         | Strap, Left              |
| SP-007 | RSA        | REX01A8         | Crank Cap                |
| SP-008 | RSA        | REX3GJ3         | Left Crank Arm           |
| SP-009 | RSA        | AK76-00005-0201 | Right Side Cover         |
| SP-010 | RSA        | REX3GJ4         | Right Crank Arm          |
| SP-011 | RSA        | REX2KHM         | Strap, Right             |
| SP-012 | RSA        | REX21N2         | Right Pedal w/Strap      |
| SP-013 | RSA        | REX229E         | Left and Right Pedal Set |
| SP-014 | RSA        | REX3H3P         | Badge/RS1                |
| SP-015 | RSA        | REX3EWL         | Lower Shroud Gasket      |

# Upright and Handlebars

## Exploded View

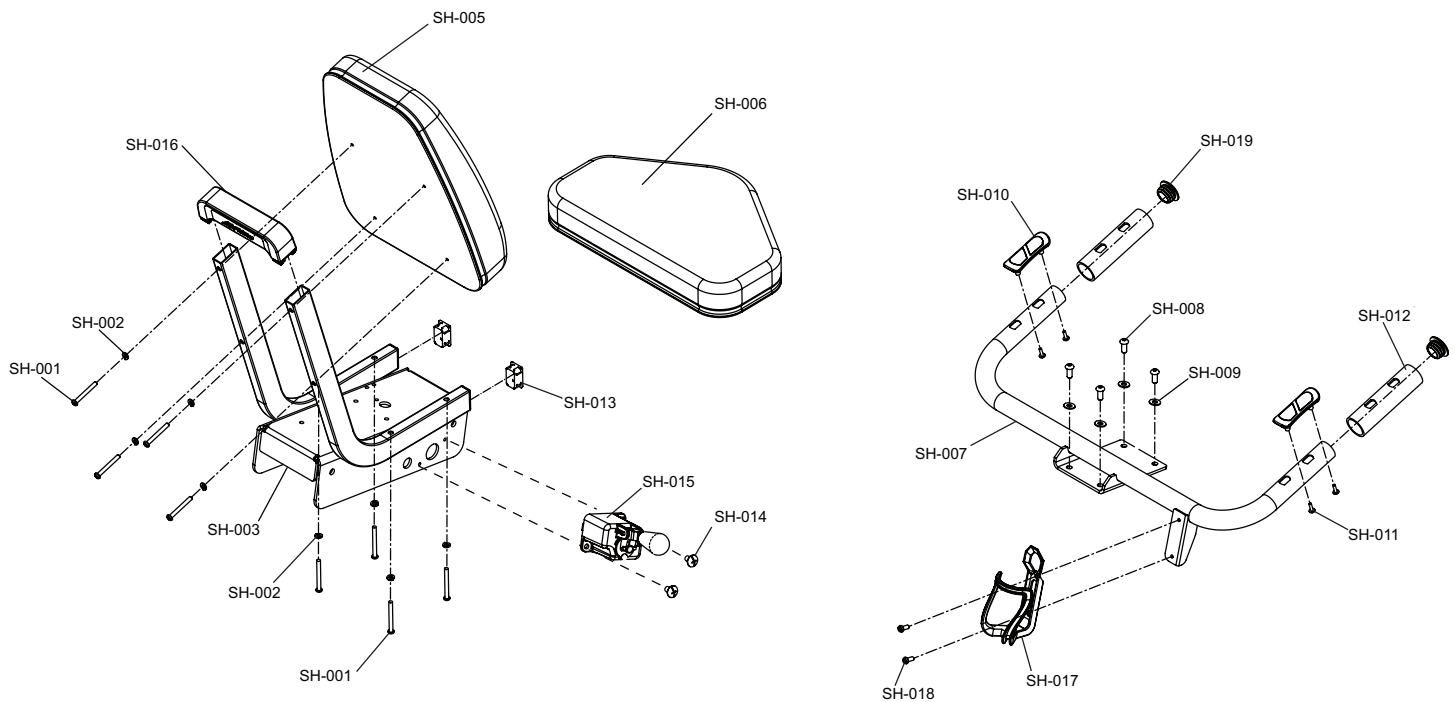


## Parts List

| Item   | Alpha Code | Part Number | Description           |
|--------|------------|-------------|-----------------------|
| UH-001 | RSA        | REX3GX3     | Weldment, Upright RS1 |
| UH-002 | RSA        | REX3EWK     | Grommet, Upright      |
| UH-003 | RSA        | REX0K03     | Bolt                  |
| UH-004 | RSA        | REX0KFE     | Ground Screw          |
| UH-005 | RSA        | REX0JAG     | Lock Washer           |
| UH-006 | RSA        | REX3EW6     | Ground Cable          |
| UH-007 | RSA        | REX0KCD     | Screw PHL 5MM X 12MM  |

# Seat and Handlebar Components

## Exploded View

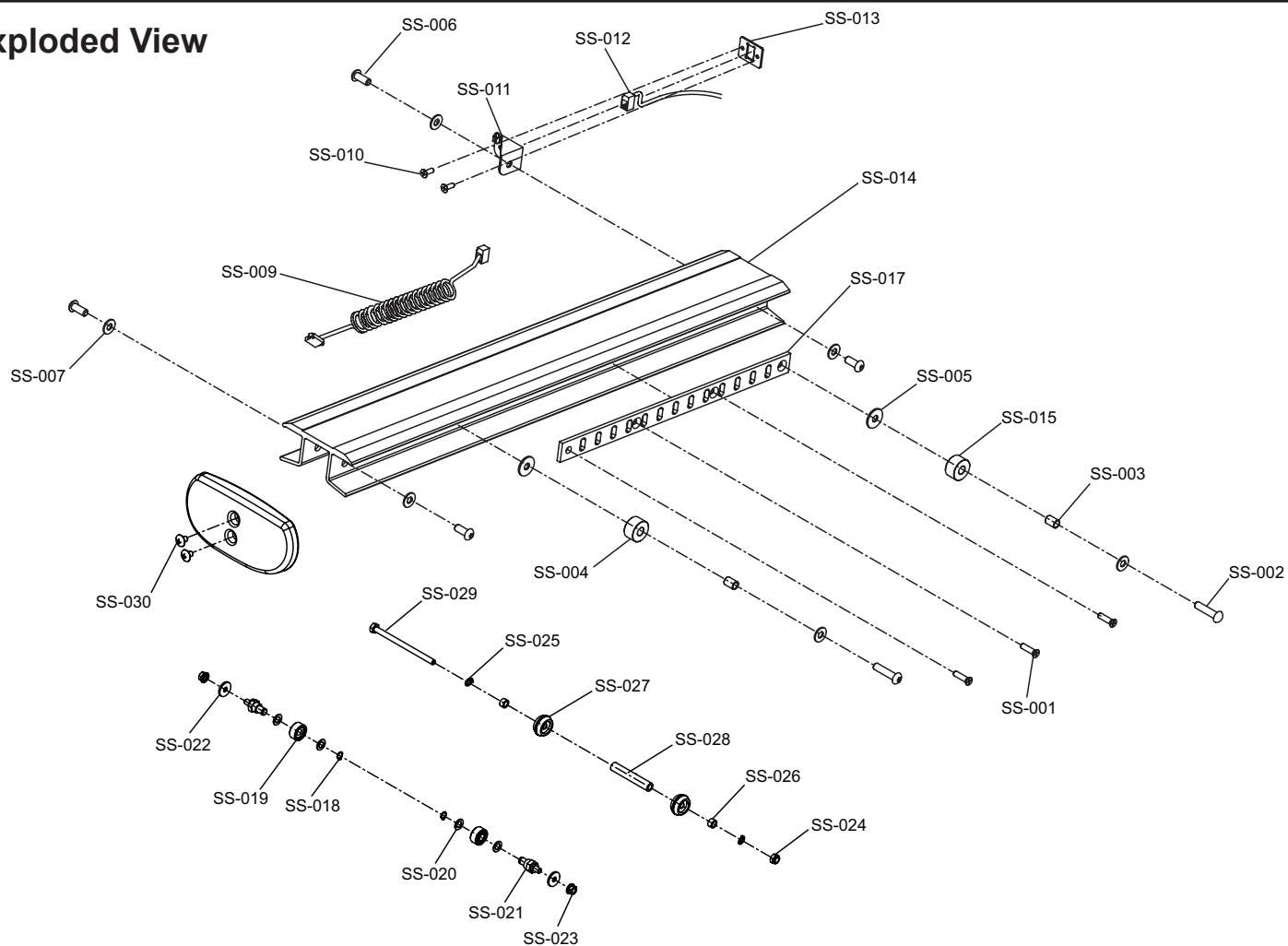


## Parts List

| Item   | Alpha Code | Part Number | Description                         |
|--------|------------|-------------|-------------------------------------|
| SH-001 | RSA        | REX118N     | Screw (8)                           |
| SH-002 | RSA        | REX0J95     | Washer (8)                          |
| SH-003 | RSA        | REX3GQA     | Seat Frame                          |
| SH-004 | RSA        | REX2GHC     | Heart Rate Wire Harness (Not Shown) |
| SH-005 | RSA        | REX20PX     | Seat Back                           |
| SH-006 | RSA        | REX2AE8     | Seat Bottom                         |
| SH-007 | RSA        | REX3GWT     | Handlebar Weldment                  |
| SH-008 | RSA        | REX0K03     | Screw (4)                           |
| SH-009 | RSA        | REX0J5G     | Washer (4)                          |
| SH-010 | RSA        | REX3GXY     | Sensors (2)                         |
| SH-011 | RSA        | REXDE08     | Screws (4)                          |
| SH-012 | RSA        | REX3EXG     | Foam Grip (2)                       |
| SH-013 | RSA        | REX01CZ     | End Cap (2)                         |
| SH-014 | RSA        | REX22R9     | Screws (2)                          |
| SH-015 | RSA        | REX3GYD     | Seat Lock Assembly                  |
| SH-016 | RSA        | REX3GPR     | Seat Frame Endcap                   |
| SH-017 | RSA        | REX2VPF     | Water Bottle Holder                 |
| SH-018 | RSA        | REX0KDJ     | Screw (2)                           |
| SH-019 | RSA        | REX2B82     | Handlebar Endcap (2)                |

# Seat Stop Components

## Exploded View



## Parts List

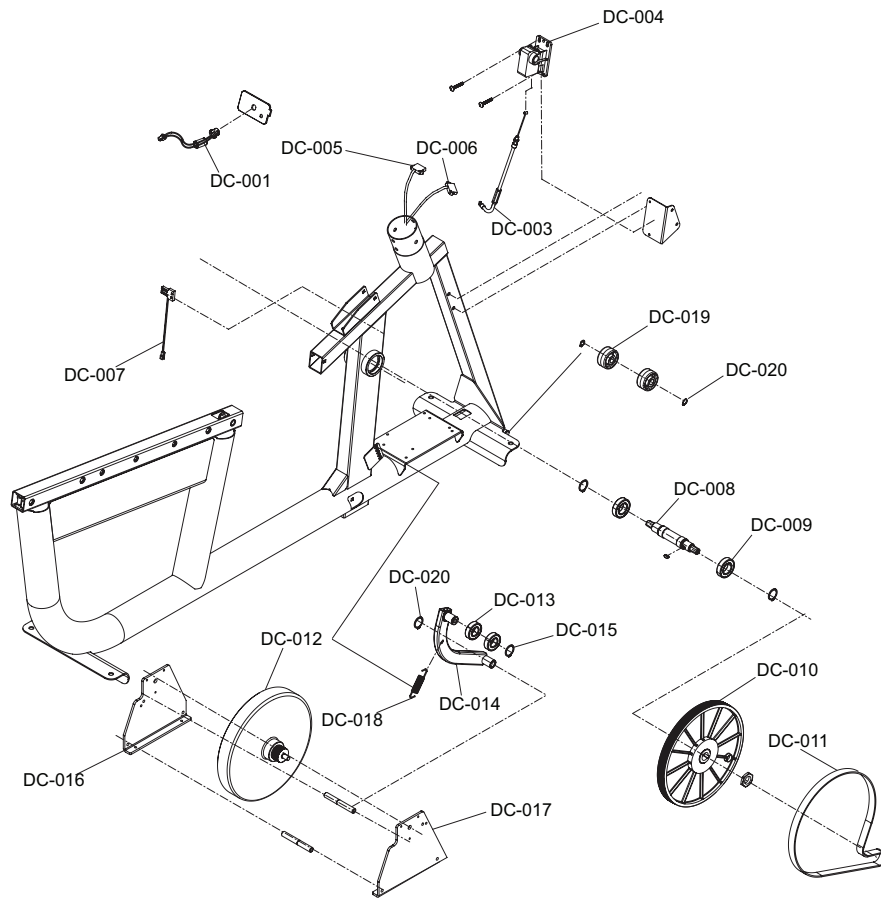
| Item   | Alpha Code | Part Number | Description                                       |
|--------|------------|-------------|---------------------------------------------------|
| SS-001 | RSA        | REX0K5E     | Seat Adjustment Screw                             |
| SS-002 | RSA        | REX33MF     | Bolt (2)                                          |
| SS-003 | RSA        | REX21RA     | Spacer (2)                                        |
| SS-004 | RSA        | REX21NY     | Bumper                                            |
| SS-005 | RSA        | REX0J53     | Flat Washer (2)                                   |
| SS-006 | RSA        | REX3DWX     | Bolt (4)                                          |
| SS-007 | RSA        | REX0J5G     | Washer (4)                                        |
| SS-009 | RSA        | REX3EUP     | Hand Pulse Harness, Seat                          |
| SS-010 | RSA        | REX0K56     | Screw M5 X .8-12MM                                |
| SS-011 | RSA        | REX3EWN     | Cord Clamp                                        |
| SS-012 | RSA        | REX3EUM     | Lead HR Wire Assembly w/RJ11 Phone Jack Connector |
| SS-013 | RSA        | REX20V0     | Tension Plate                                     |
| SS-014 | RSA        | REX3EVJ     | Track                                             |
| SS-015 | RSA        | REX01VL     | Front Bumper                                      |
| SS-017 | RSA        | REX20MD     | Seat Stop Track                                   |
| SS-018 | RSA        | REX20ZA     | Retaining Ring (2)                                |
| SS-019 | RSA        | REX20PZ     | Adjust Wheel (2)                                  |

## Parts List

| Item   | Alpha Code | Part Number | Description       |
|--------|------------|-------------|-------------------|
| SS-020 | RSA        | REX213C     | Flat Washer (4)   |
| SS-021 | RSA        | REX20PY     | Tension Axle (2)  |
| SS-022 | RSA        | REX213E     | Flat Washer (2)   |
| SS-023 | RSA        | REX20W0     | Nut (2)           |
| SS-024 | RSA        | REX33N3     | Locking Nut (2)   |
| SS-025 | RSA        | REX0J93     | Spring Washer (4) |
| SS-026 | RSA        | REX20Q0     | Spacer (4)        |
| SS-027 | RSA        | REX20Q1     | Rolling Wheel (4) |
| SS-028 | RSA        | REX20Q2     | Spacer (2)        |
| SS-029 | RSA        | REX20W1     | Hex Bolt (2)      |
| SS-030 | RSA        | REX0K4R     | Screw (2)         |



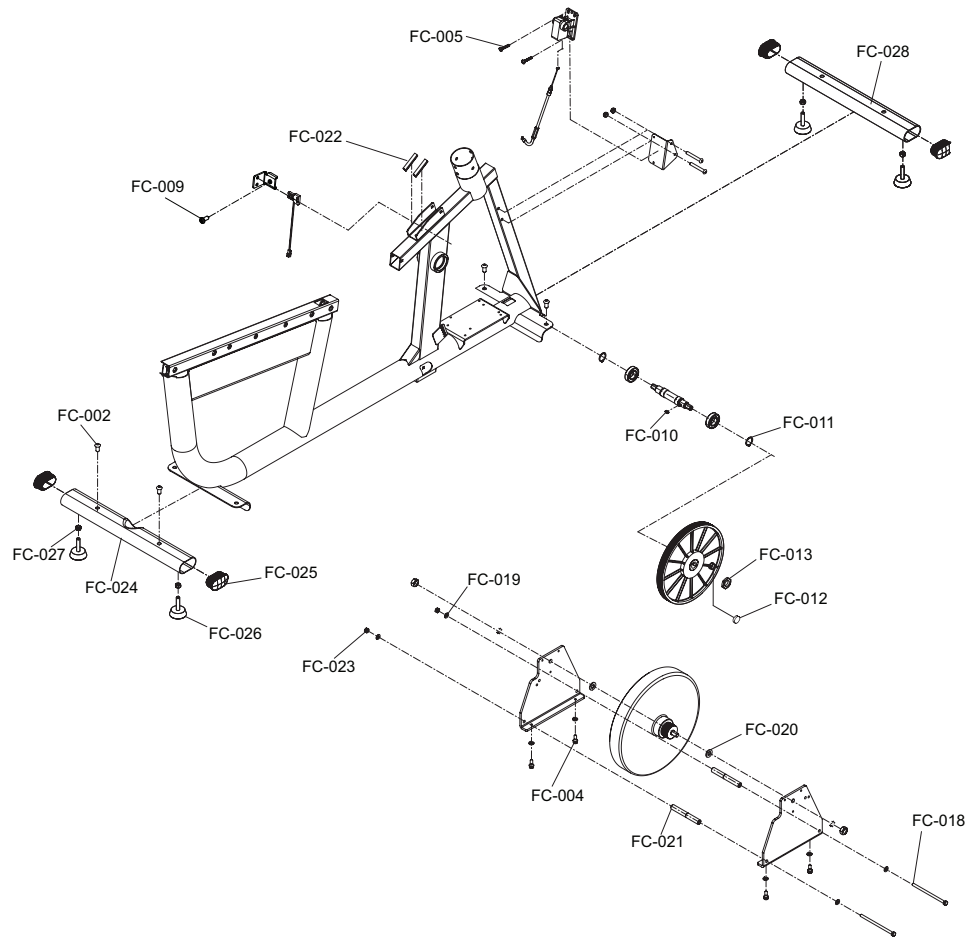
# Drive Components



## Parts List

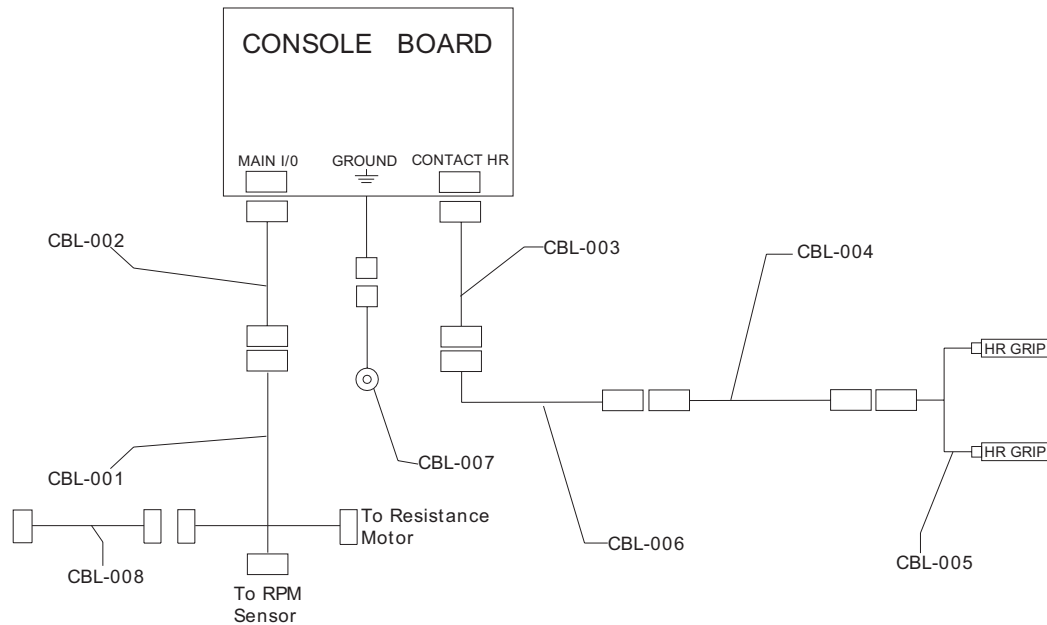
| Item   | Alpha Code | Part Number | Description                     |
|--------|------------|-------------|---------------------------------|
| DC-001 | RSA        | REX2K86     | Rear Transformer Cable          |
| DC-003 | RSA        | REX20TD     | Brake Lead Wire                 |
| DC-004 | RSA        | REX01HL     | DC Motor                        |
| DC-005 | RSA        | REX3EUK     | Upper Wire Harness - Heart Rate |
| DC-006 | RSA        | REX3EW9     | Lower Main Wire Harness         |
| DC-007 | RSA        | REX21S7     | Reed Switch                     |
| DC-008 | RSA        | REX3EXF     | Crank Shaft                     |
| DC-009 | RSA        | REX0HVP     | Bearing (2)                     |
| DC-010 | RSA        | REX20L2     | Drive Pulley                    |
| DC-011 | RSA        | REX39V6     | Belt R                          |
| DC-012 | RSA        | REX20EK     | Mag Brake Assembly              |
| DC-013 | RSA        | REX0HVP     | Idler Bearing (2)               |
| DC-014 | RSA        | REX3EX6     | Tensioner Assembly              |
| DC-015 | RSA        | REX0JEG     | Ring                            |
| DC-016 | RSA        | REX20KZ     | Bracket Left                    |
| DC-017 | RSA        | REX20LL     | Bracket Right                   |
| DC-018 | RSA        | REX01QU     | Spring                          |
| DC-019 | RSA        | REX2AX2     | Wheel, Assy, Front Rollers      |
| DC-020 | RSA        | REX0JEA     | C-Ring                          |

# Frame Components



## Parts List

| Item   | Alpha Code | Part Number | Description                |
|--------|------------|-------------|----------------------------|
| FC-002 | RSA        | REX3HKP     | Screw (4)                  |
| FC-004 | RSA        | REX0JPC     | Screw (4)                  |
| FC-005 | RSA        | REX0KDJ     | Screw (2)                  |
| FC-009 | RSA        | REX0K3G     | Screw                      |
| FC-010 | RSA        | REX0JGM     | Key                        |
| FC-011 | RSA        | REX0JEJ     | C-Clip                     |
| FC-012 | RSA        | REX01H5     | Magnet                     |
| FC-013 | RSA        | REX0KN5     | Nut                        |
| FC-018 | RSA        | REX0JQB     | Bolt (2)                   |
| FC-019 | RSA        | REX0J4E     | Flat Washer (4)            |
| FC-020 | RSA        | REX0J4J     | Washer (2)                 |
| FC-021 | RSA        | REX3F65     | Sleeve (2)                 |
| FC-022 | RSA        | REX37Q5     | U-Trim                     |
| FC-023 | RSA        | REX0KMS     | Nut (2)                    |
| FC-024 | RSA        | REX3GX5     | Stabilizer Assembly        |
| FC-025 | RSA        | REX2LRB     | End Cap (4)                |
| FC-026 | RSA        | REX10LU     | Leveler (Includes Nut) (4) |
| FC-027 | RSA        | REX0KNF     | Nut (4)                    |
| FC-028 | RSA        | 10J83GX6    | Assembly, Front Stabilizer |



## Parts List

| Item    | Alpha Code | Part Number | Description                               |
|---------|------------|-------------|-------------------------------------------|
| CBL-001 | RSA        | REX3EW9     | Cable, Main I/O                           |
| CBL-002 | RSA        | REX3EW7     | Cable, Main I/O Upright                   |
| CBL-003 | RSA        | REX3EUK     | Cable, Contact HR Upright to Console      |
| CBL-004 | RSA        | REX3EUP     | Cable, Contact HR Seat to Frame           |
| CBL-005 | RSA        | REX2GHC     | Cable, HR Grips                           |
| CBL-006 | RSA        | REX3EUM     | Cable, Contact HR Base to Upright         |
| CBL-007 | RSA        | REX3EW6     | Ground Cable                              |
| CBL-008 | RSA        | 8974001     | Assy, Transformer, 100-240V, 9V, 4A, DOM  |
|         | RSA        | 8974001     | Assy, Transformer, 100-240V, 9V, 4A, UK   |
|         | RSA        | 8974001     | Assy, Transformer, 100-240V, 9V, 4A, CONT |
|         | RSA        | 8974001     | Assy, Transformer, 100-240V, 9V, 4A, AUST |
|         | RSA        | 8974001     | Assy, Tranformer, 100-240V, 9V, 4A, BR    |