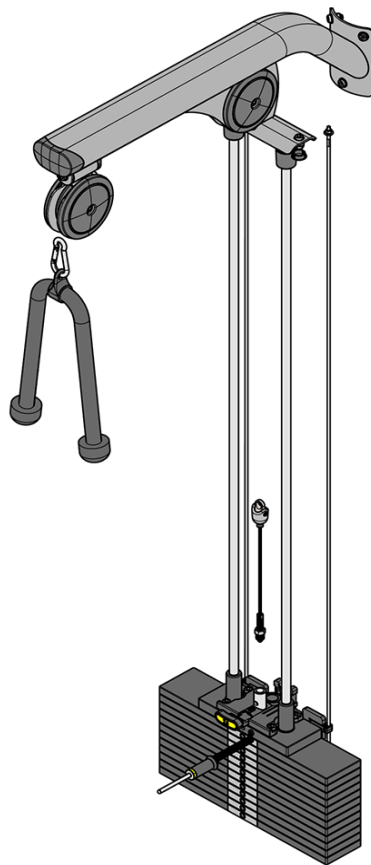


LF PWR PLAY TRICEPS PUSHDOWN

LPP-TP

Parts Manual

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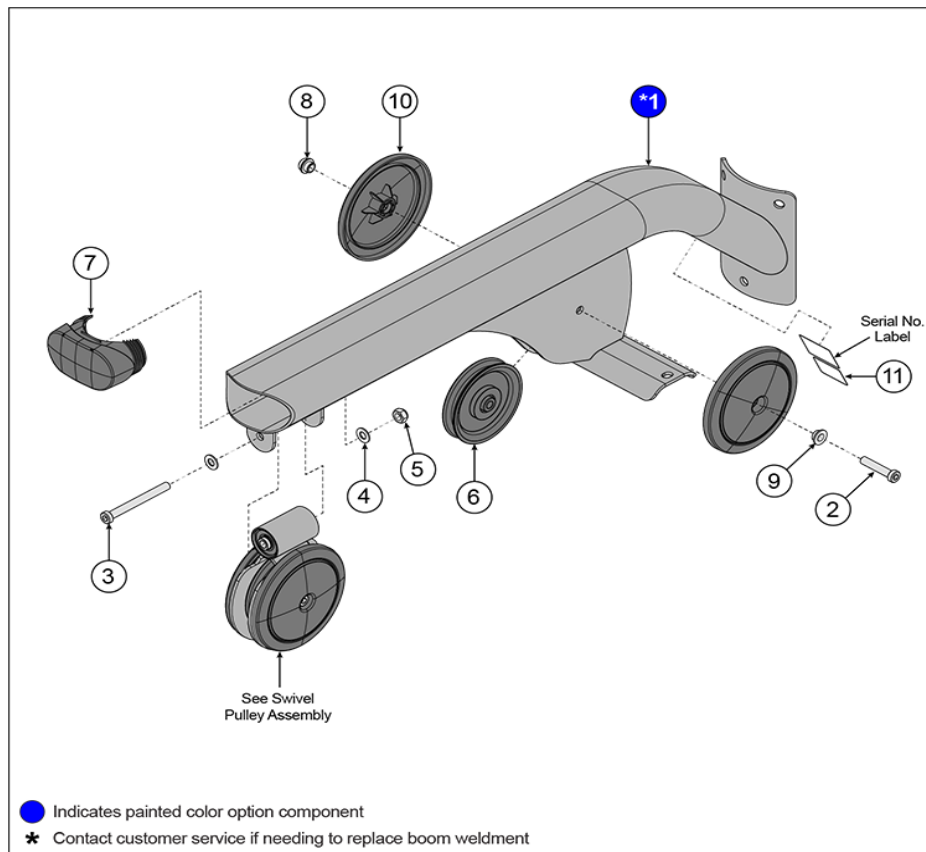


LPP-TP - LF PWR PLAY TRICEPS PUSHDOWN

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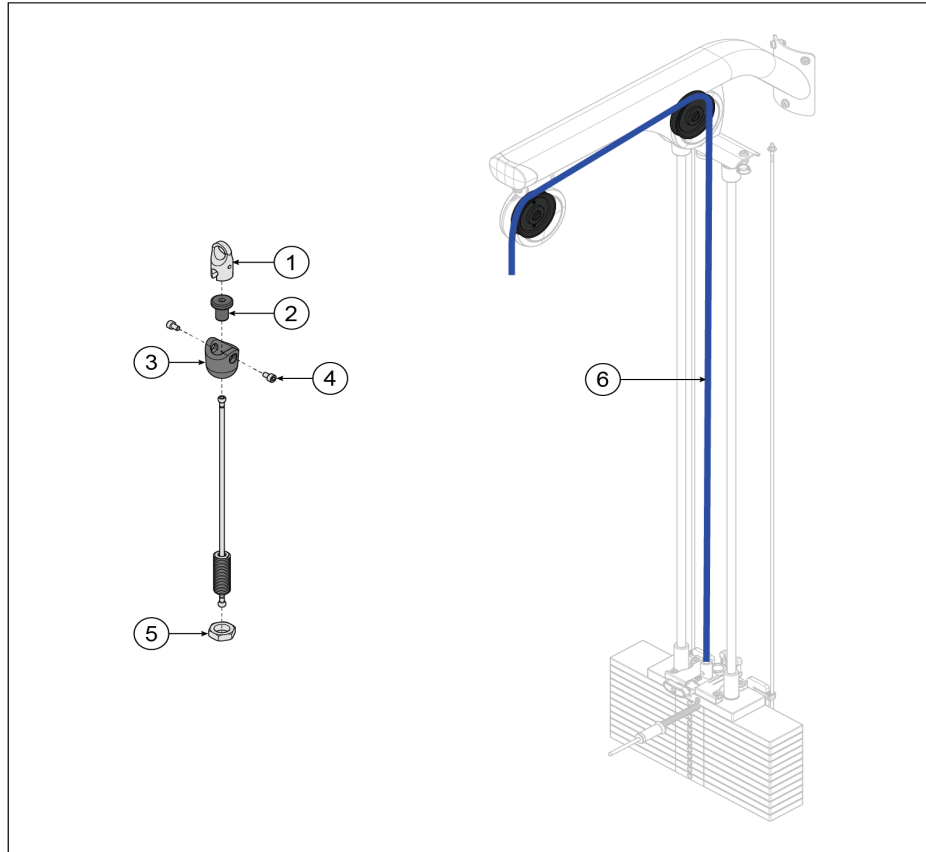
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Boom Assembly



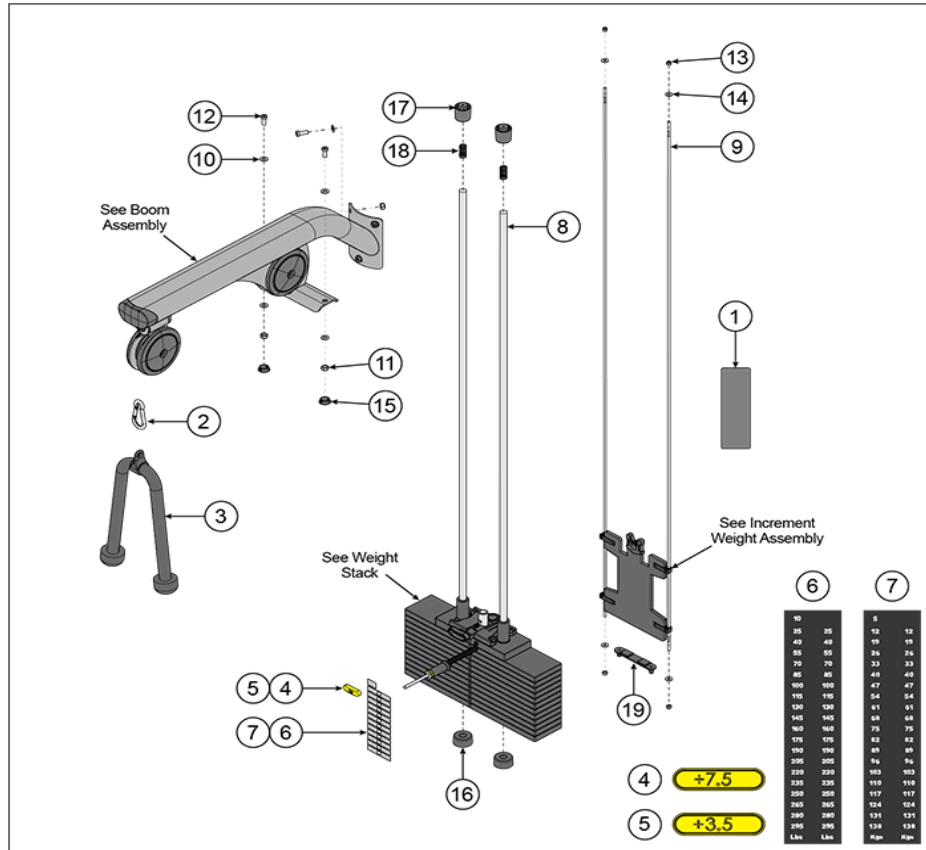
Ref #	Part Number	Qty	Description
1	1025129-0000	1	WLDMT: BOOM, LPP-TP
2	3236207	1	M10 X 1.5 X 50 SHCS, LOW HEAD
3	3236217	1	M10 X 1.5 X 100 SHCS, LOW HEAD
4	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL
5	3236801	1	NUT, NYLOCK M10 X 1.5 SS
6	3237802	1	PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD
7	7333902	1	CAP, LARGE FLOV-END; CHGR
8	7335401	1	NUT, M10 X 1.5 SOCKET HEAD
9	7630101	1	RETAINER, CM/MJ, PULLEY
10	7629902	2	COVER, PULLEY-BOLTED FULL
11	1026164-0001	1	DECAL: FCC/PATENT

Cable Routing



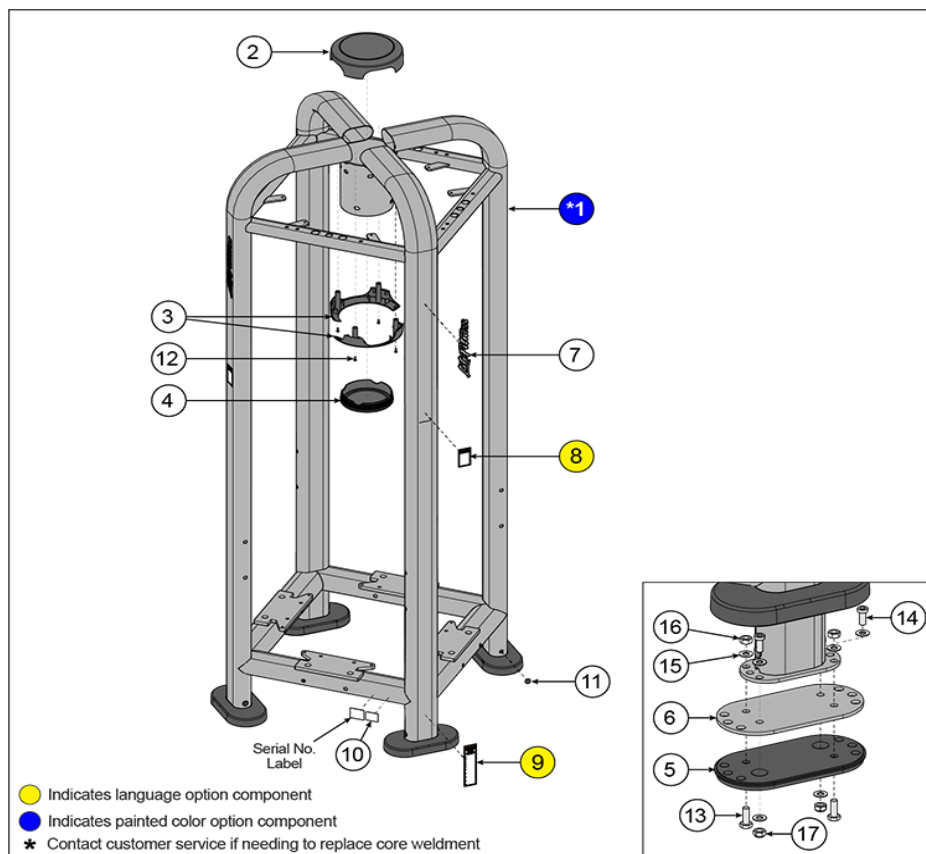
Ref #	Part Number	Qty	Description
1	8943601	1	LINK, CM/MJ, CABLE END
2	8943802	1	INSERT, CABLE END -CHR
3	8943702	1	HSNG, CABLE END -CHR
4	3250002	2	M5 X 0.8 X 8 HXS SOC CS ST BZ
5	3236902	1	NUT, HEX JAM M16 X 2 SS
6	9423930	1	CABLE: LPP-TP

Components



Ref #	Part Number	Qty	Description
1	1024730-0001	1	LABEL: LPP-TP PLACARD
2	3250201	1	SNAP LINK, 3/8" DIA
3	6851501	1	ROPE, TRICEP
4	1006750-0001	1	CAP, 7.5 LB INC WEIGHT - LBS
5	1025556-0001	1	CAP: 3.5 INC WEIGHT
6	1025768-0001	1	LABEL: WEIGHT STACK, 3/4", 1:1, LB
7	1025463-0001	1	LABEL: WEIGHT STACK, 3/4", 1:1, KG
8	7328630	2	GUIDE ROD, .75 OD SOLID X 71.20
9	1024970-0001	2	GUIDE ROD: INC WEIGHT, 0.25" OD SOLID, 2 FLATS, 73.813"
10	3236601	5	WASHER, 3/8 SAE STAINLESS STEEL
11	3236801	5	NUT, NYLOCK M10 X 1.5 SS
12	3236202	5	M10 X 1.5 X 25 SHCS, LOW HEAD
13	3102806	4	NUT, NYLOCK 1/4-20
14	3102506	4	WASHER, FLAT 1/4 ID ZN
15	3237407	2	PLUG, 1 IN HOLE
16	7352101	2	CUSHION, WEIGHT STACK
17	1011495-0001	2	HOUSING: GUIDE ROD, OP
18	1011496-0001	2	SPRING: 0.72IN OD, 0.596IN ID, 1.50IN LG
19	1024754-0001	1	BUMPER: INCR. SYSTEM, 0.5"

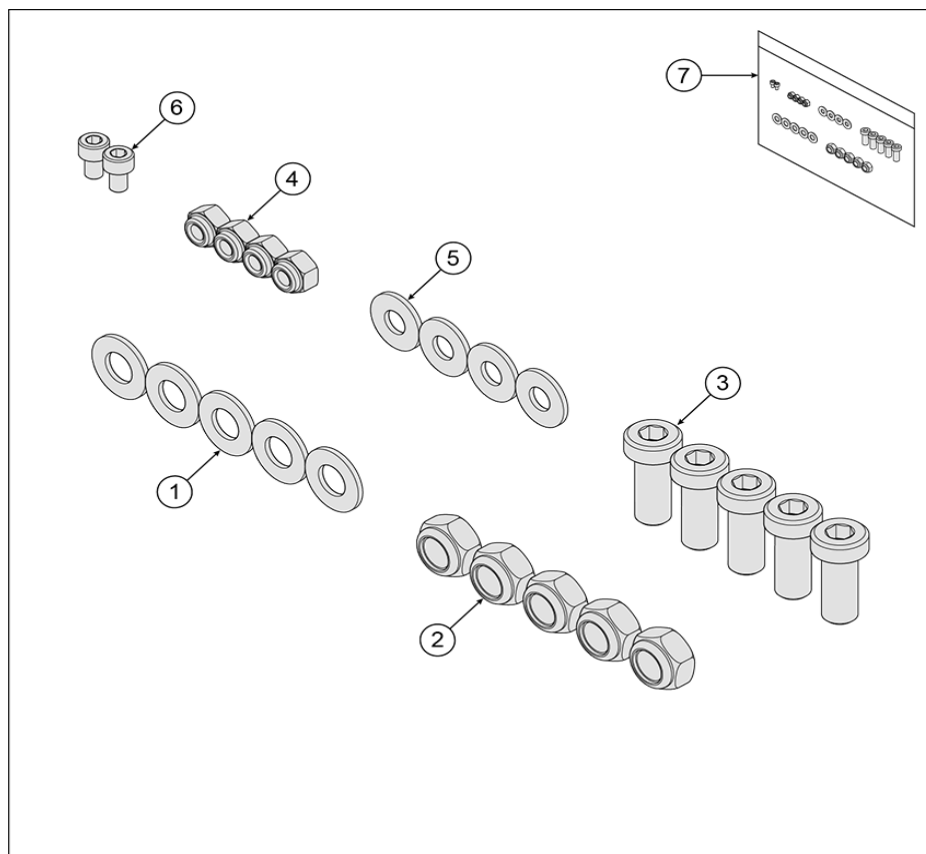
Core Assembly



Ref #	Part Number	Qty	Description
1	1024991-0000	1	WLDMT: LPP-CORE Custom
2	7629202	1	COVER, CENTER TOP -CHR
3	7629802	2	COVER, CENTER BOTTOM -CHR
4	7640402	1	COVER, BOTTOM CAP -CHR
5	9199101	4	FOOT, FXT FLOV - LARGE
6	9173101	4	PLATE, FOOT, 9.5 X 4.75
7	8866901	4	LABEL, LF LOGO 10 IN. - FLAT
8m	9141114	4	LABEL, WARNING, STRAP TRAIN -SWD
8j	9141111	4	LABEL, WARNING, STRAP TRAIN -TUR
8k	9141112	4	LABEL, WARNING, STRAP TRAIN -CHI
8a	9141101	4	LABEL, WARNING, STRAP TRAINING -ENG
8n	9141115	4	LABEL, WARNING, STRAP TRAIN -DAN
8i	9141110	4	LABEL, WARNING, STRAP TRAINING -RUS
8e	9141105	4	LABEL, WARNING, STRAP TRAINING -ITA
8d	9141104	4	LABEL, WARNING, STRAP TRAINING -SPN
8f	9141106	4	LABEL, WARNING, STRAP TRAINING -DUT
8b	9141102	4	LABEL, WARNING, STRAP TRAINING -GER
8c	9141103	4	LABEL, WARNING, STRAP TRAINING -FRN
8l	9141113	4	LABEL, WARNING, STRAP TRAIN -ARA
8h	9141108	4	LABEL, WARNING, STRAP TRAINING -POR
8g	9141107	4	LABEL, WARNING, STRAP TRAINING -JAP
9j	8220011	1	Label, ASTM, Select Vertical - Turkish

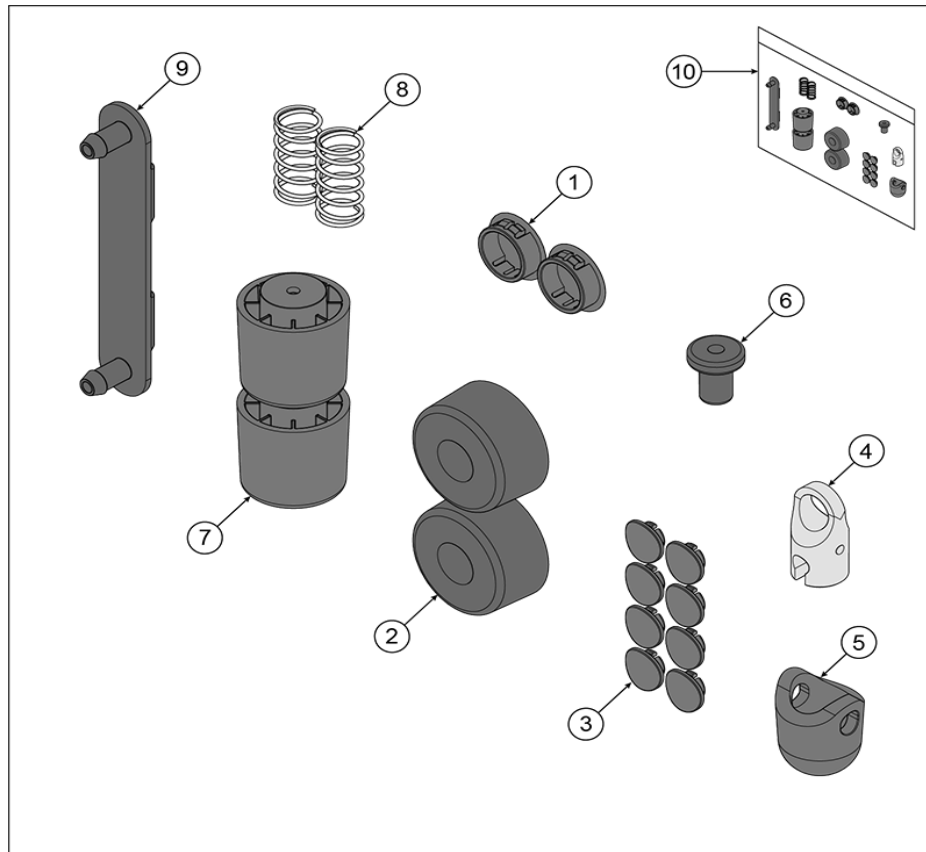
Ref #	Part Number	Qty	Description
9i	8220010	1	Label, ASTM, Select Vertical - Russian
9k	8220012	1	Label, ASTM, Select Vertical - English Ice Blue Metallic
9m	8220014	1	Label, ASTM, Select Vertical - English Blue
9n	8220015	1	Label, ASTM, Select Vertical - English Yellow
9l	8220013	1	Label, ASTM, Select Vertical - English Red
9h	8220008	1	Label, ASTM, Select Vertical - Portugese
9f	8220006	1	Label, ASTM, Select Vertical - Dutch
9d	8220004	1	Label, ASTM, Select Vertical - Spanish
9a	8220001	1	Label, ASTM, Select Vertical - English
9e	8220005	1	Label, ASTM, Select Vertical - Italian
9b	8220002	1	Label, ASTM, Select Vertical - German
9g	8220007	1	Label, ASTM, Select Vertical - Japanese
9c	8220003	1	Label, ASTM, Select Vertical - French
10	9488901	1	LABEL, INSIGNIA, FCC
11	7646802	8	PLUG, CURVED HOLE -CHR
12	3236501	4	M4 X 0.7 PHIL PAN MS ST ZN
13	3251203	8	M10 X 1.5 X 30MM UNS HEX CS ST ZN
14	3236202	8	M10 X 1.5 X 25 SHCS, LOW HEAD
15	3236601	24	WASHER,3/8 SAE STAINLESS STEEL
16	3254703	8	NUT, M10 X 1.5 HEX ZINC
17	3236801	8	NUT, NYLOCK M10 X 1.5 SS

Hardware Kit 1



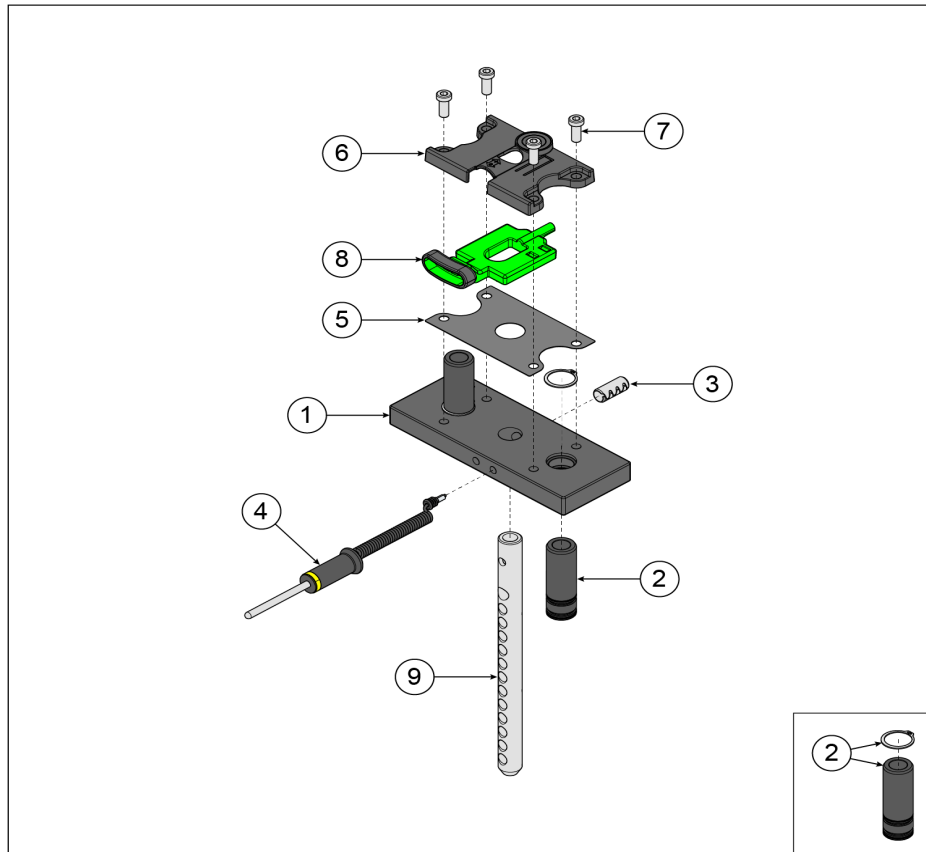
Ref #	Part Number	Qty	Description
1	3236601	5	WASHER,3/8 SAE STAINLESS STEEL
2	3236801	5	NUT, NYLOCK M10 X 1.5 SS
3	3236202	5	M10 X 1.5 X 25 SHCS, LOW HEAD
4	3102806	4	NUT, NYLOCK 1/4-20
5	3102506	4	WASHER, FLAT 1/4 ID ZN
6	3250002	2	M5 X 0.8 X 8 HXS SOC CS ST BZ
7	1025453-0001	1	KIT: HARDWARE, LPP-TP

Hardware Kit 2



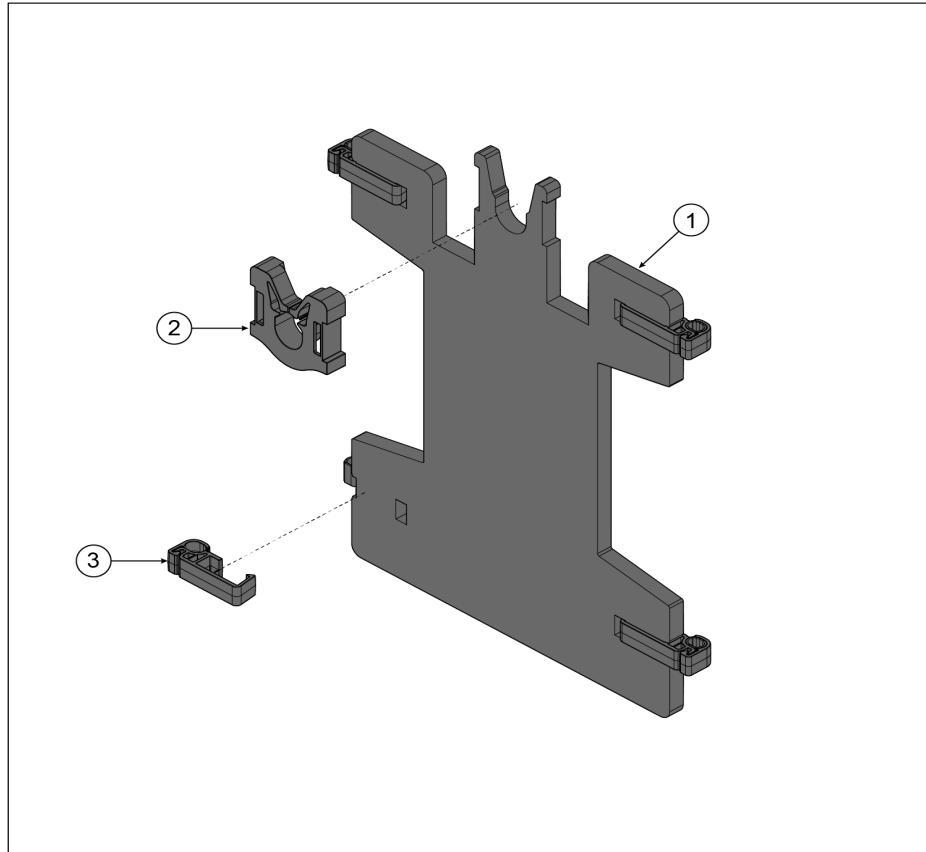
Ref #	Part Number	Qty	Description
1	3237407	2	PLUG, 1 IN HOLE
2	7352101	2	CUSHION, WEIGHT STACK
3	7646802	8	PLUG, CURVED HOLE -CHR
4	8943601	1	LINK, CM/MJ, CABLE END
5	8943702	1	HSNG, CABLE END -CHR
6	8943802	1	INSERT, CABLE END -CHR
7	1011495-0001	2	HOUSING: GUIDE ROD, OP
8	1011496-0001	2	SPRING: 0.72IN OD, 0.596IN ID, 1.50IN LG
9	1024754-0001	1	BUMPER: INCR. SYSTEM, 0.5"
10	1025454-0001	1	KIT: HARDWARE, BLISTER PACK, LPP-TP

Headplate Assembly



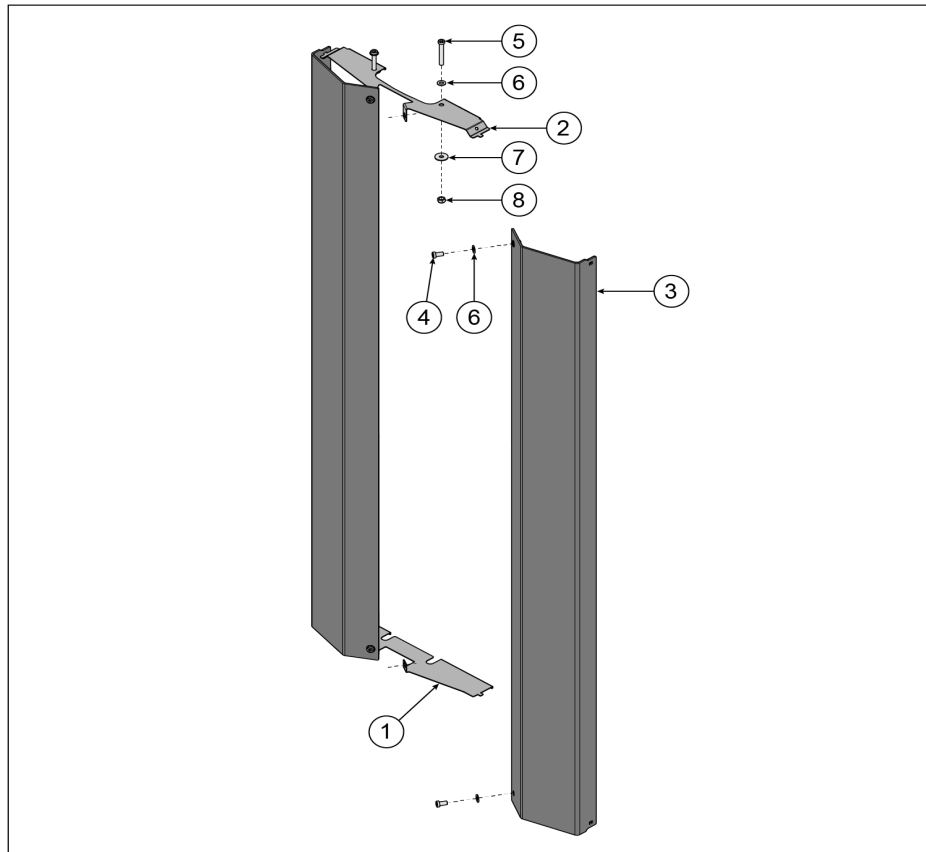
Ref #	Part Number	Qty	Description
1	9427401	1	HEADPLATE, WT. STACK, 10LB
2	9296001	2	BUSHING, HEADPLATE, LONG
3	3236001	1	BUSHING, SPRING PIN
4	1003679-0003	1	ASSY, WGT STK SEL PIN -YEL
5	1006707-0001	1	DIE CUT: 7.5LB INC WEIGHT, NYLON SHEET, 0.020"
6	1017210-0001	1	HOUSHING: 7.5LB INC WEIGHT
7	3236202	4	M10 X 1.5 X 25 SHCS, LOW HEAD
8	1008675-0001	1	HANDLE: 7.5LB INC WT, PLASTIC
9	1011243-0003	1	SHAFT: SELECTOR, 12 PLATE

Increment Weight Assembly



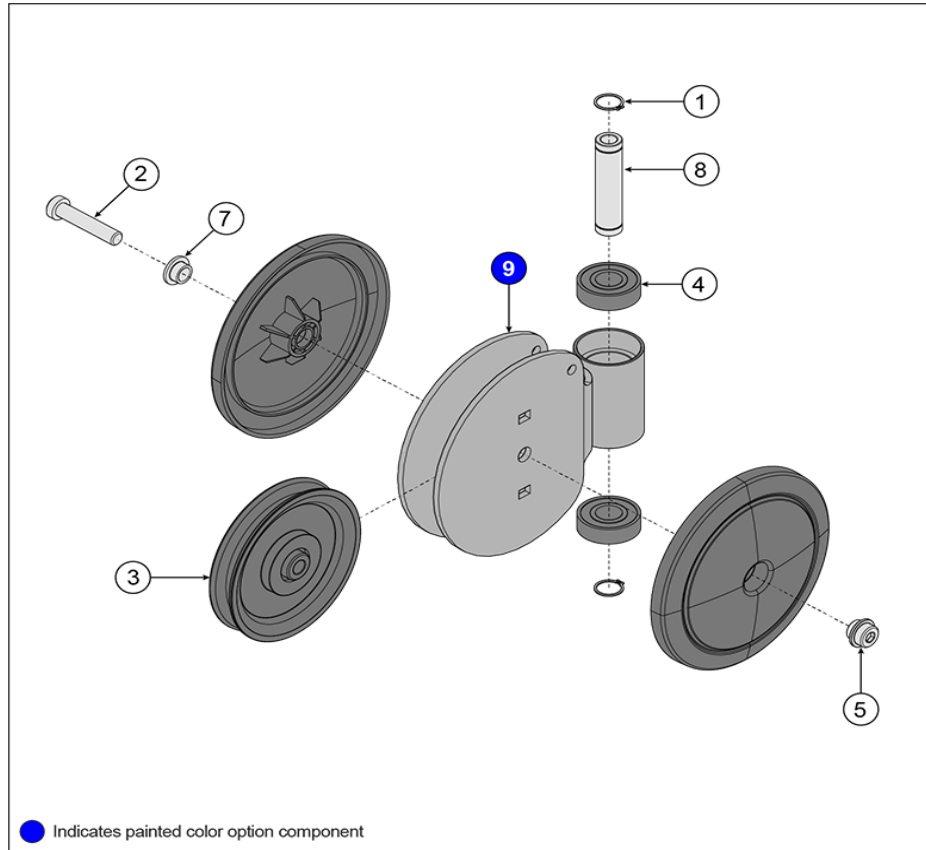
Ref #	Part Number	Qty	Description
1	1024751-2801	1	PLATE: 0.375 IN, 7.5 LB, 12 PLATE - CHR
2	1008566-0001	1	GUARD: INCREMENT WEIGHT, 0.375
3	1010805-0001	4	GUIDE ROD ASSY: INCR WT, 3/8", CHARCOAL GRAY

Optional Front Shrouds



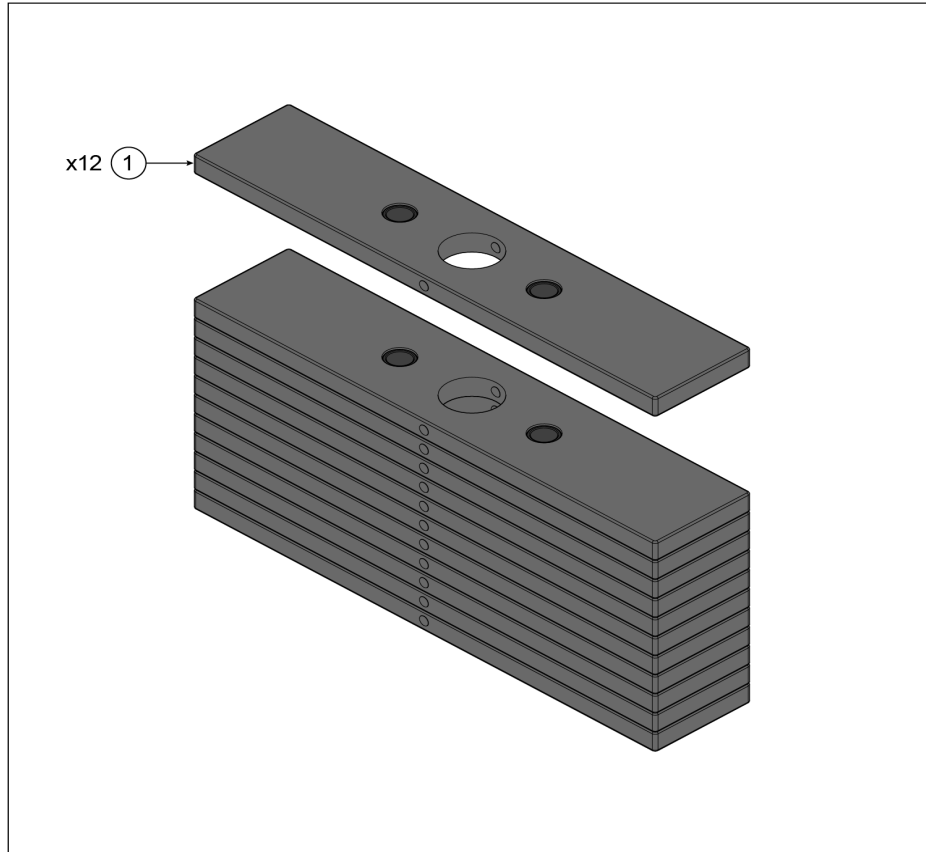
Ref #	Part Number	Qty	Description
1	1025267-0001	1	ASSEMBLY: BRACKET FRONT SHROUD, BOTTOM
2	1025266-0001	1	ASSEMBLY: BRACKET FRONT SHROUD, TOP
3	1025234-0001	2	SHROUD: FRONT
4	3236201	4	M10 X 1.5 X 20 SHCS, LOW HEAD
5	3236211	2	M10 X 1.5 X 70 SHCS, LOW HEAD
6	3236601	6	WASHER, 3/8 SAE STAINLESS STEEL
7	3236602	2	WASHER, 3/8 ID X 1.25 OD SS
8	3236801	2	NUT, NYLOCK M10 X 1.5 SS

Swivel Pulley Assembly



Ref #	Part Number	Qty	Description
1	3232413	2	RNG, BRE .631,5100-66,ST,PP,B
2	3236207	1	M10 X 1.5 X 50 SHCS, LOW HEAD
3	3237802	1	PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD
4	3245901	2	BEARING, 6203
5	7335401	1	NUT, M10 X 1.5 SOCKET HEAD
6	7629902	2	COVER, PULLEY-BOLTED FULL
7	7630101	1	RETAINER, CM/MJ, PULLEY
8	7645401	1	SHAFT, CM/MJ, 6203 BRNG
9	8935601	1	WLDMT, MJ, SWIVEL PULLEY W/O BALL STOP & SLOT

Weight Stack



Ref #	Part Number	Qty	Description
1	9407601	12	WGT PL, 3/4IN X 4IN, 15LB

