

# Cable Motion - Dual Adjustable Pulley

CMDAP-PF

## Parts Manual

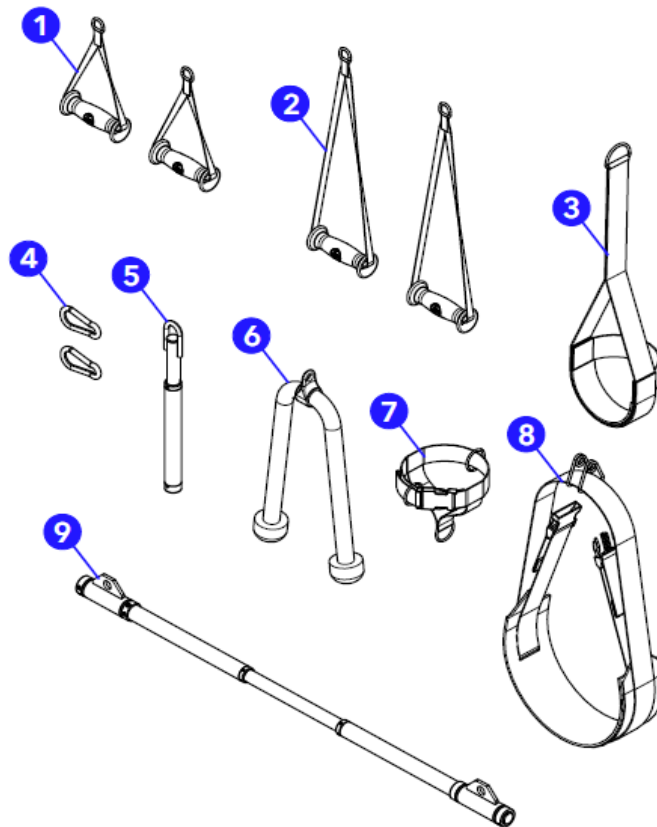
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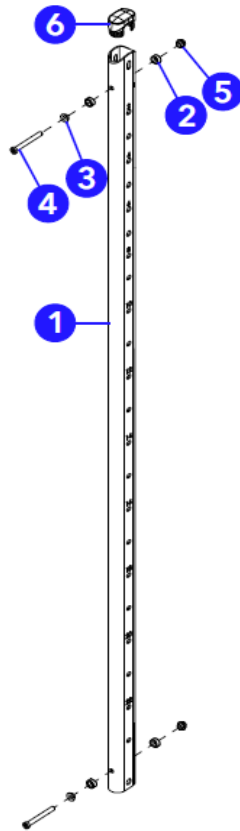
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## Accessories



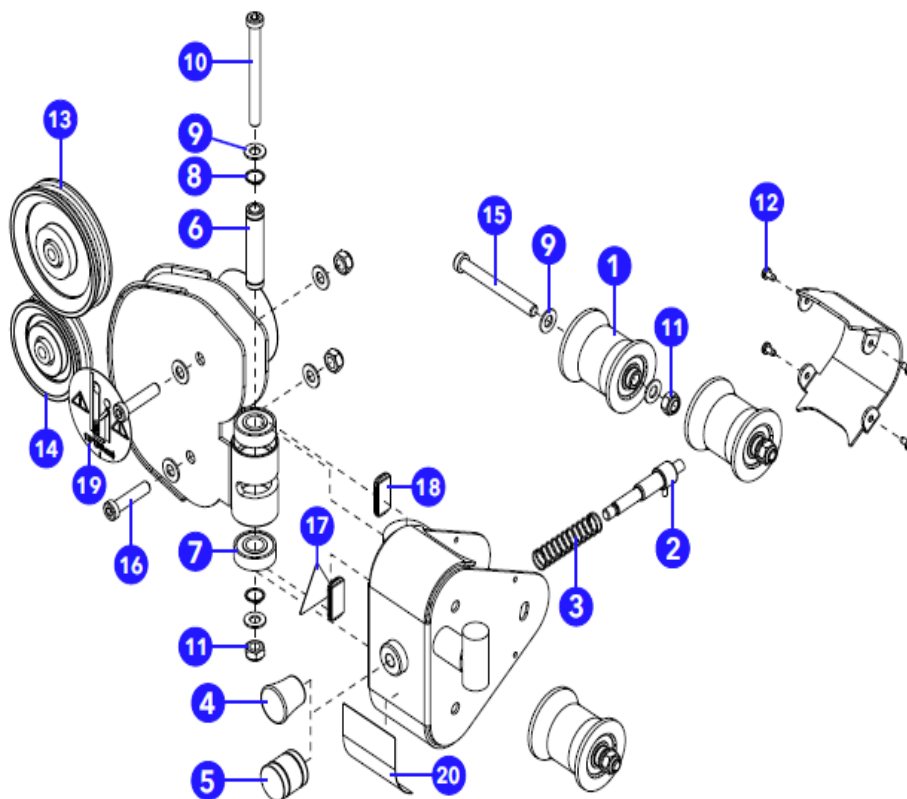
| Ref # | Part Number | Qty | Description                      |
|-------|-------------|-----|----------------------------------|
| 1     | 8219601     | 2   | HANDLE, CM/MJ/OSDAP, SHORT STRAP |
| 2     | 8219701     | 2   | HANDLE, CM/MJ, LONG STRAP        |
| 3     | 7753001     | 1   | LE/LC STRAP                      |
| 4     | 3250201     | 2   | SNAP LINK, 3/8" DIA              |
| 5     | 7753201     | 1   | ASSY, SPORT BAR                  |
| 6     | 6851501     | 1   | ROPE, TRICEP                     |
| 7     | 7734701     | 1   | STRAP, 4-WAY ANKLE               |
| 8     | 8929101     | 1   | BELT, CMDAP                      |
| 9     | 7753101     | 1   | ASSY, LONG BAR                   |

## Adjustable Pulley Column Assembly



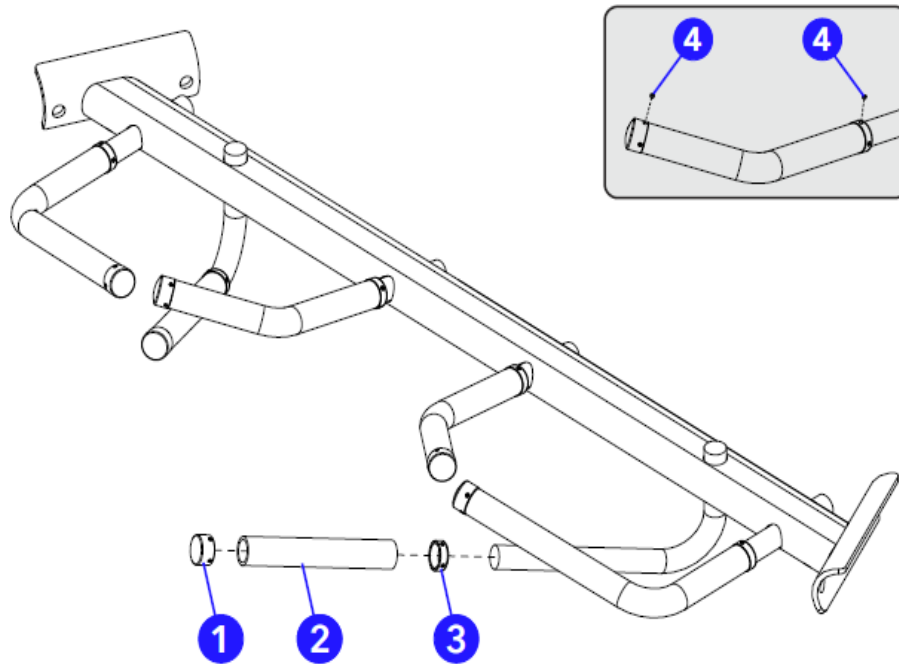
| Ref # | Part Number | Qty | Description                    |
|-------|-------------|-----|--------------------------------|
| 1     | 8264101     | 1   | TUBE, CM/MJ ADJ COLUMN         |
| 2     | 7645501     | 4   | SPACER, CM/MJ, SM FLOV CONCAVE |
| 3     | 7630101     | 2   | RETAINER, CM/MJ, PULLEY        |
| 4     | 3236215     | 2   | M10 X 1.5 X 90 SHCS, LOW HEAD  |
| 5     | 7335401     | 2   | NUT, M10 X 1.5 SOCKET HEAD     |
| 6     | 7333801     | 1   | CAP, SMALL FLOV-END            |

## Carriage Assembly



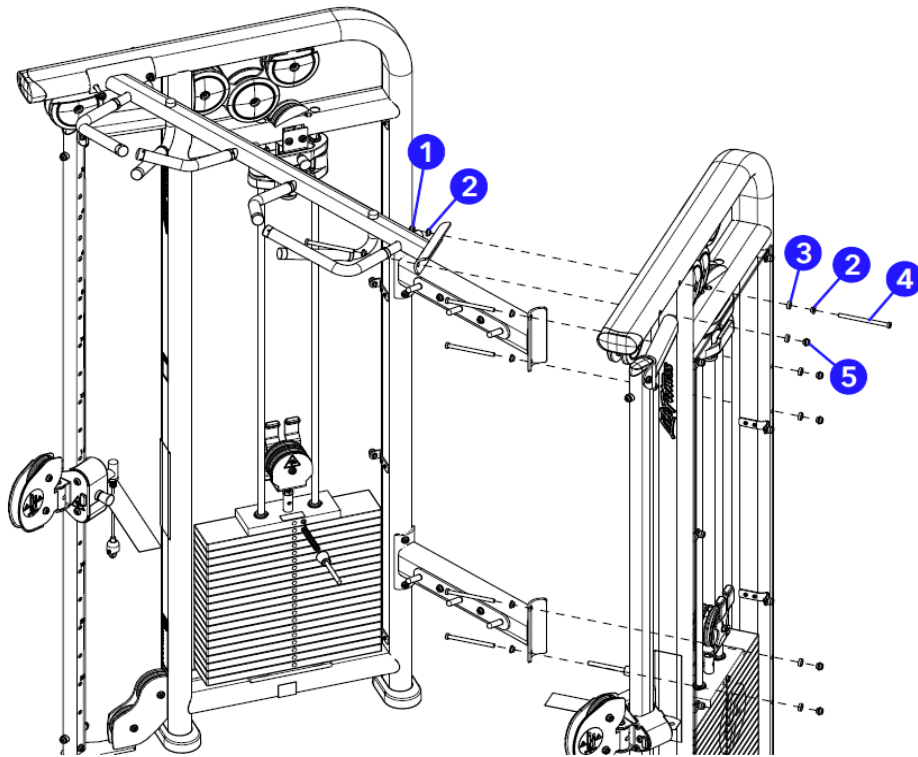
| Ref # | Part Number  | Qty | Description                          |
|-------|--------------|-----|--------------------------------------|
| 1     | 7637901      | 3   | ASSY, ROLLER-CONCAVE                 |
| 2     | 1002880-0001 | 1   | ASSY, CM/MJ PIN-PULL, BEVEL NOSE     |
| 3     | 7351501      | 1   | SPRING; PULL PIN LARGE               |
| 4     | 7351401      | 1   | KNOB, TULIP STYLE                    |
| 5     | 7424803      | 1   | KNOB, POP PIN, YELLOW                |
| 6     | 7645401      | 1   | SHAFT, CM/MJ, 6203 BRNG              |
| 7     | 3245901      | 2   | BEARING, 6203                        |
| 8     | 3232413      | 2   | RNG, BRE .631,5100-66,ST,PP,B        |
| 9     | 3236601      | 12  | WASHER,3/8 SAE STAINLESS STEEL       |
| 10    | 3236217      | 1   | M10 X 1.5 X 100 SHCS, LOW HEAD       |
| 11    | 3236801      | 6   | NUT, NYLOCK M10 X 1.5 SS             |
| 12    | 3270601      | 4   | SCREW, #10-32 X 3/8 TRX PAN ST BZ    |
| 13    | 3237801      | 1   | PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD |
| 14    | 3245701      | 1   | PULLEY, 3.5 IN OD, 10MM ID SG        |
| 15    | 3236216      | 3   | SCREW, M10 X1.5 95MM                 |
| 16    | 3236206      | 2   | M10 X 1.5 X 45 SHCS, LOW HEAD        |
| 17    | 8039501      | 2   | LABEL, WARNING TRIANGLE              |
| 18    | 7570801      | 2   | GUARD, PAINT 1.25 X .75 X .25        |
| 19    | 1011299-0001 | 1   | LABEL: WARNING, ADJ CARRIAGE         |
| 20    | 8849701      | 1   | LABEL, WARNING ADJ CARRIAGE-ENG      |

## Chin Support Assembly



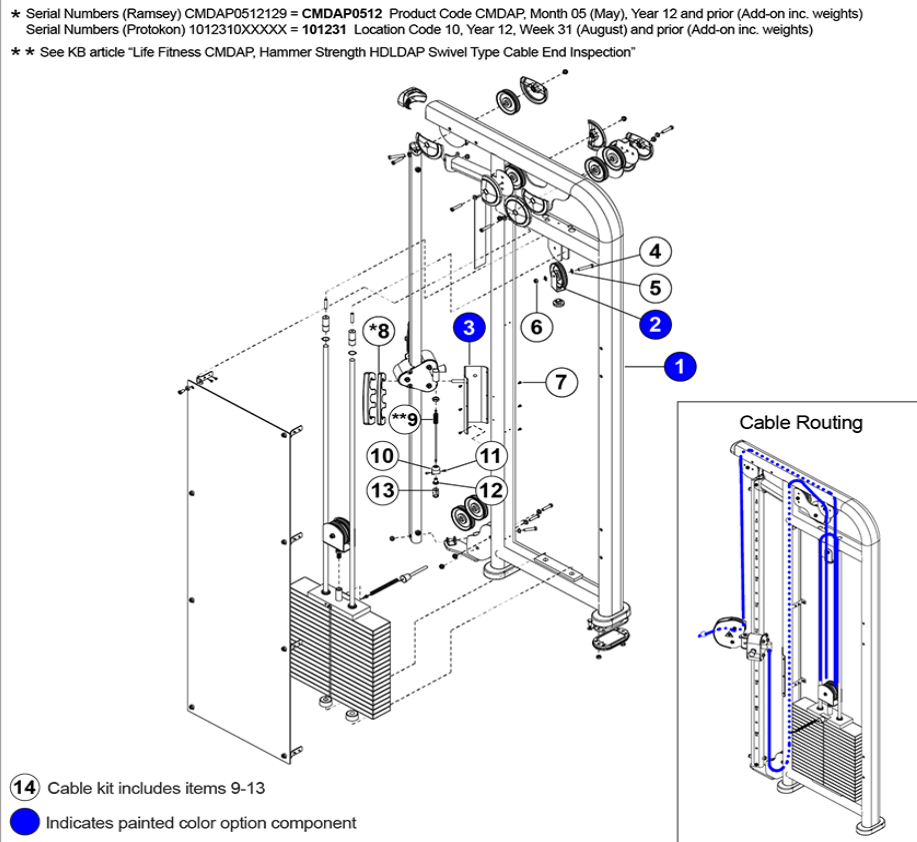
| Ref # | Part Number | Qty | Description                        |
|-------|-------------|-----|------------------------------------|
| 1     | 7662901     | 6   | CAP; GRIP 1.25 OD                  |
| 2     | 3235801     | 6   | GRIP, 1.25 OD X .125 WALL OPEN END |
| 3     | 7662801     | 6   | RING, GRIP 1.25 OD                 |
| 4     | 3247701     | 24  | M4 X 0.7 X 3 HZS NO CUP ST BO      |

## Connecting Hardware



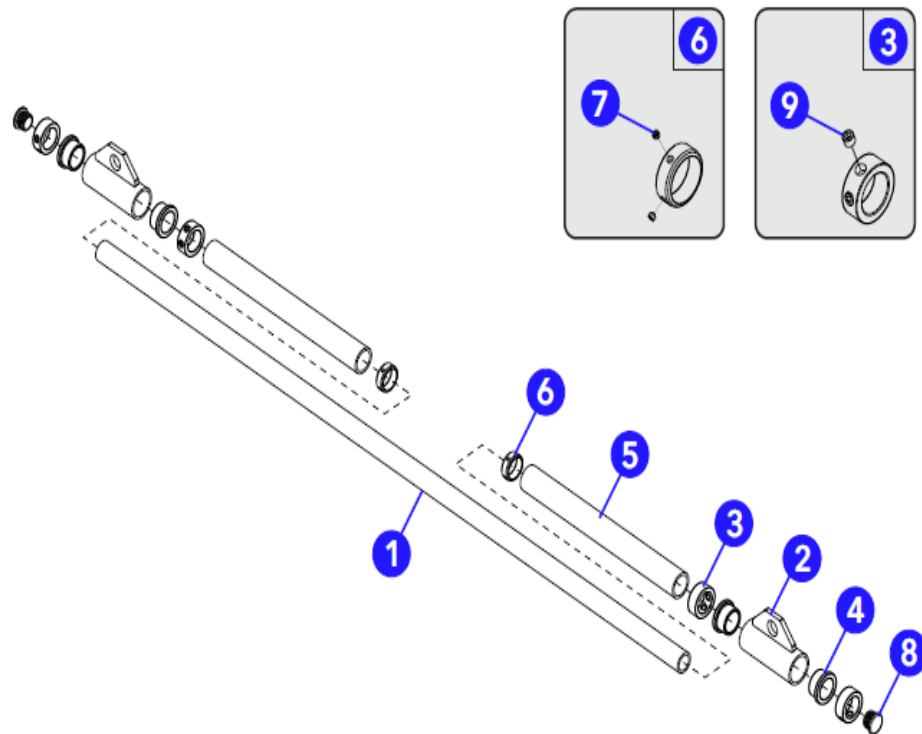
| Ref # | Part Number | Qty | Description                    |
|-------|-------------|-----|--------------------------------|
| 1     | 3236801     | 2   | NUT, NYLOCK M10 X 1.5 SS       |
| 2     | 7630101     | 14  | RETAINER, CM/MJ, PULLEY        |
| 3     | 7634701     | 12  | SPACER, CM/MJ, .565 X .815     |
| 4     | 3236220     | 12  | M10 X 1.5 X 130 SHCS, LOW HEAD |
| 5     | 7335401     | 10  | NUT, M10 X 1.5 SOCKET HEAD     |

# Left Tower Add-On Inc. Weight Components



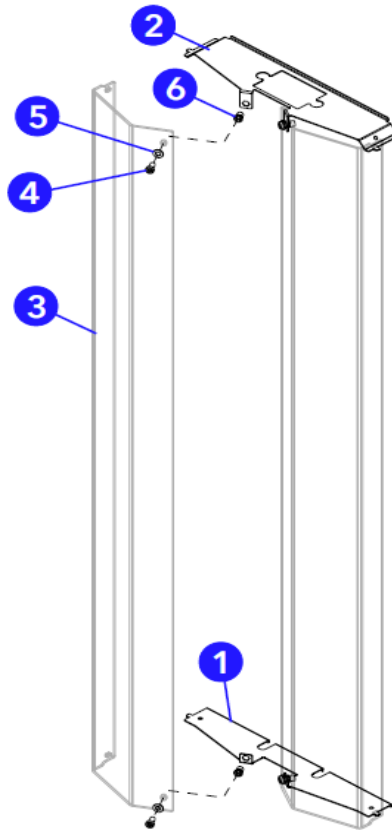
| Ref # | Part Number | Qty | Description                       |
|-------|-------------|-----|-----------------------------------|
| 1     | 7642401     | 1   | WLDMT, CMDAP RH TOWER             |
| 2     | 7732401     | 1   | BRKT, STACK BUMPER MOUNT          |
| 3     | 7749301     | 1   | WLDMT, CM/MJ, PLACARD BRKT-2      |
| 4     | 3236209     | 1   | M10 X 1.5 X 60 SHCS, LOW HEAD     |
| 5     | 3236601     | 2   | WASHER, 3/8 SAE STAINLESS STEEL   |
| 6     | 3236801     | 1   | NUT, NYLOCK M10 X 1.5 SS          |
| 7     | 3270601     | 6   | SCREW, #10-32 X 3/8 TRX PAN ST BZ |
| 8     | 7711501     | 2   | WEIGHT, 5 LB. ADD-ON              |
| 9     | 8946902     | 1   | CABLE, CMDAP                      |
| 10    | 8943701     | 1   | HSNG, CM/MJ, CABLE END            |
| 11    | 3250002     | 2   | M5 X 0.8 X 8 HXS SOC CS ST BZ     |
| 12    | 8943801     | 1   | INSERT, CM/MJ, CABLE END          |
| 13    | 8943601     | 1   | LINK, CM/MJ, CABLE END            |
| 14    | 8989202     | 1   | KIT, CMDAP, CABLE                 |

## Long Bar Assembly



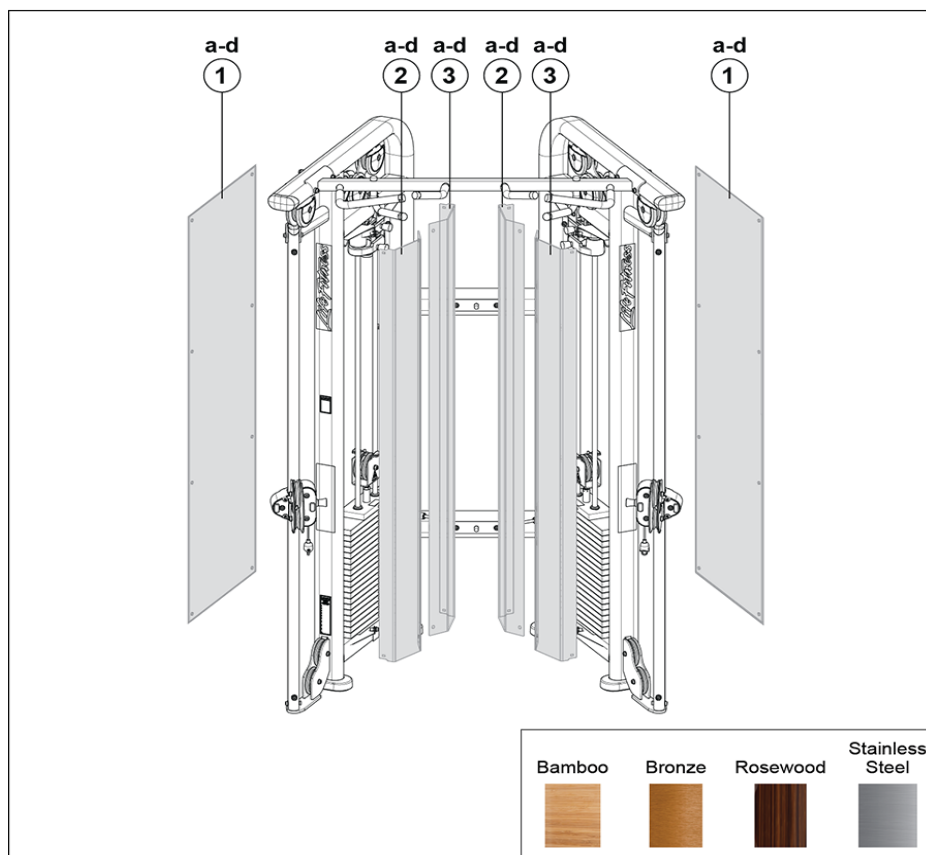
| Ref # | Part Number | Qty | Description                         |
|-------|-------------|-----|-------------------------------------|
| 1     | 7760995     | 1   | TUBE, 1.00 OD 10GA X 44 SHADOW GRAY |
| 2     | 7760695     | 2   | WLDMT, LONG BAR SWIVEL SHADOW GRAY  |
| 3     | 7435301     | 4   | COLLAR, SHAFT 1.020 ID              |
| 4     | 3104906     | 4   | BEARING, FLG 1.00 ID X 1.25 OD      |
| 5     | 3235801     | 2   | GRIP, 1.25 OD X .125 WALL OPEN END  |
| 6     | 7662801     | 2   | RING, GRIP 1.25 OD                  |
| 7     | 3247701     | 4   | M4 X 0.7 X 3 HZS NO CUP ST BO       |
| 8     | 3119304     | 2   | CAP, END 1 DIA RD 10-12GA           |
| 9     | 3242901     | 8   | SET SCREW, 5/16-18 X 1/4            |

## Optional Front Shroud Kit



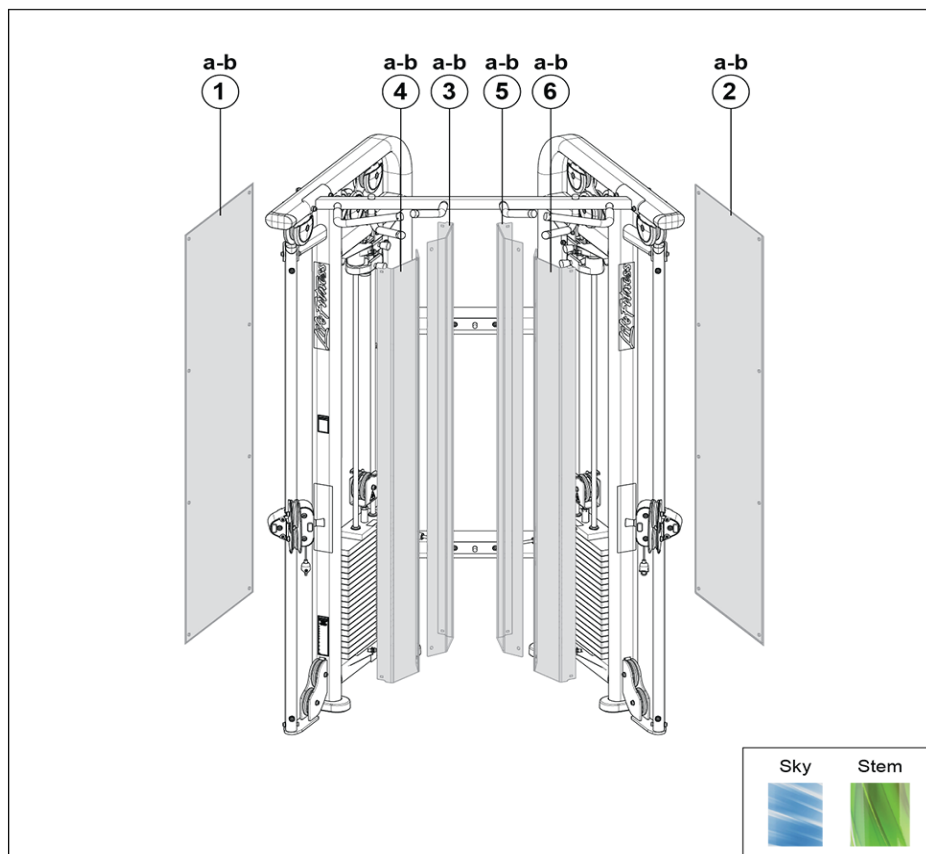
| Ref # | Part Number | Qty | Description                         |
|-------|-------------|-----|-------------------------------------|
| 1     | 9035995     | 1   | BRKT, SHROUD, CMDAP, BOTTOM, SG     |
| 2     | 9035795     | 1   | BRKT, SHROUD, CMDAP, TOP, SG        |
| 3     | 9035801     | 2   | SHROUD, CM/MJ FRONT                 |
| 4     | 3236201     | 4   | M10 X 1.5 X 20 SHCS, LOW HEAD       |
| 5     | 3236601     | 4   | WASHER, 3/8 SAE STAINLESS STEEL     |
| 6     | 3238601     | 4   | M10X1.5 BLIND THREADED INSERT (HEX) |

## Optional Shroud Stack Wraps - Bamboo, Bronze, Rosewood, & Stainless Steel



| Ref # | Part Number | Qty | Description                          |
|-------|-------------|-----|--------------------------------------|
| 1d    | 8952401     | 2   | SHROUD, CM/MJ, REAR -STAINLESS STEEL |
| 1a    | 8951401     | 2   | SHROUD, CM/MJ, REAR -BAMBOO          |
| 1b    | 8951801     | 2   | SHROUD, CM/MJ, REAR -BRONZE          |
| 1c    | 8952201     | 2   | SHROUD, CM/MJ, REAR -ROSEWOOD        |
| 2d    | 9149901     | 2   | SHROUD, FNT, LT -STAINLESS STEEL     |
| 2b    | 9148701     | 2   | SHROUD, FNT, LT -BRONZE              |
| 2c    | 9149601     | 2   | SHROUD, FNT, LT -ROSEWOOD            |
| 2a    | 9147801     | 2   | SHROUD, FNT, LT -BAMBOO              |
| 3c    | 9149501     | 2   | SHROUD, FNT, RT -ROSEWOOD            |
| 3d    | 9149801     | 2   | SHROUD, FNT, RT -STAINLESS STEEL     |
| 3b    | 9148601     | 2   | SHROUD, FNT, RT -BRONZE              |
| 3a    | 9147701     | 2   | SHROUD, FNT, RT -BAMBOO              |

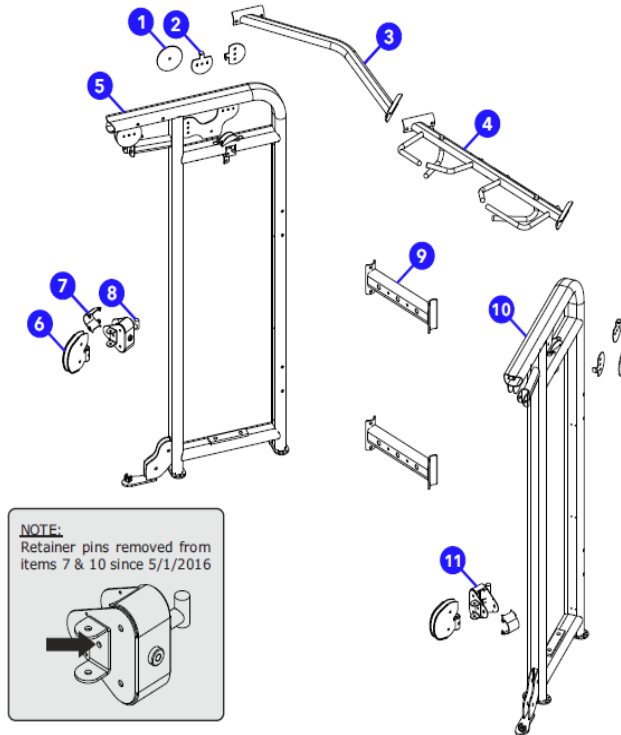
## Optional Shroud Stack Wraps - Sky & Stem



| Ref # | Part Number | Qty | Description                         |
|-------|-------------|-----|-------------------------------------|
| 1a    | 8951602     | 1   | SHROUD, CM/MJ, RT TOWER, REAR -SKY  |
| 1b    | 8952001     | 1   | SHROUD, CM/MJ, RT TOWER, REAR -STEM |
| 2a    | 8951601     | 1   | SHROUD, CM/MJ, LT TOWER, REAR -SKY  |
| 2b    | 8952002     | 1   | SHROUD, CM/MJ, LT TOWER, REAR -STEM |
| 3b    | 9149302     | 1   | SHROUD, RT TOWER, FNT, LT-STEM      |
| 3a    | 9148101     | 1   | SHROUD, RT TOWER, FNT, LT -SKY      |
| 4b    | 9149202     | 1   | SHROUD, RT TOWER, FNT, RT-STEM      |
| 4a    | 9148001     | 1   | SHROUD, RT TOWER, FNT, RT -SKY      |
| 5b    | 9149301     | 1   | SHROUD, LT TOWER, FNT, LT -STEM     |
| 5a    | 9148102     | 1   | SHROUD, LT TOWER, FNT, LT-SKY       |
| 6b    | 9149201     | 1   | SHROUD, LT TOWER, FNT, RT -STEM     |
| 6a    | 9148002     | 1   | SHROUD, LT TOWER, FNT, RT-SKY       |

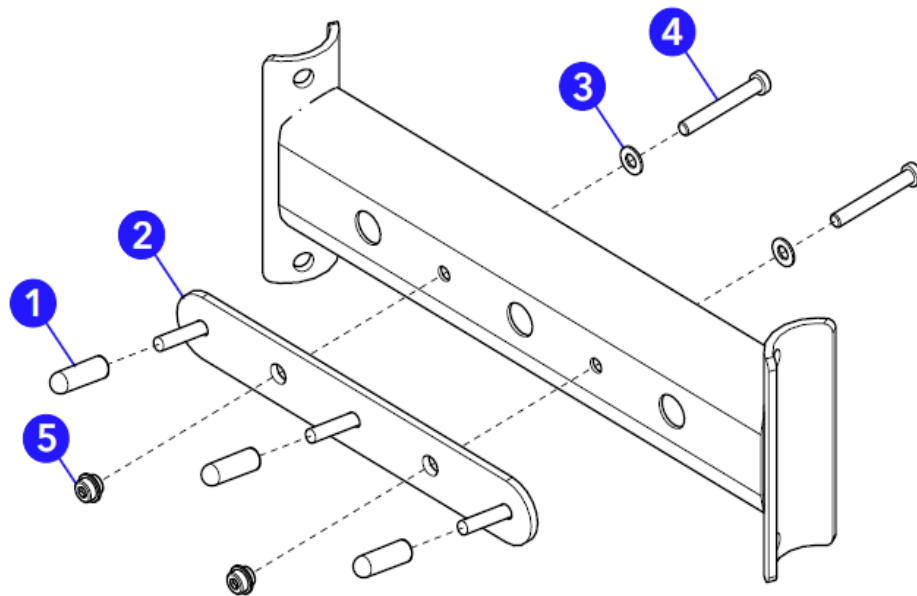
## Painted Weldments

Serial Numbers (Ramsey) CMDAP0612001 = **CMDAP0612** Product Code CMDAP, Month 06 (June), Year 12 and after (Add-on inc. weights)  
Serial Numbers (Protokon) 1012320XXXXX = **101232** Location Code 10, Year 12, Week 32 (August) and after (Add-on inc. weights)



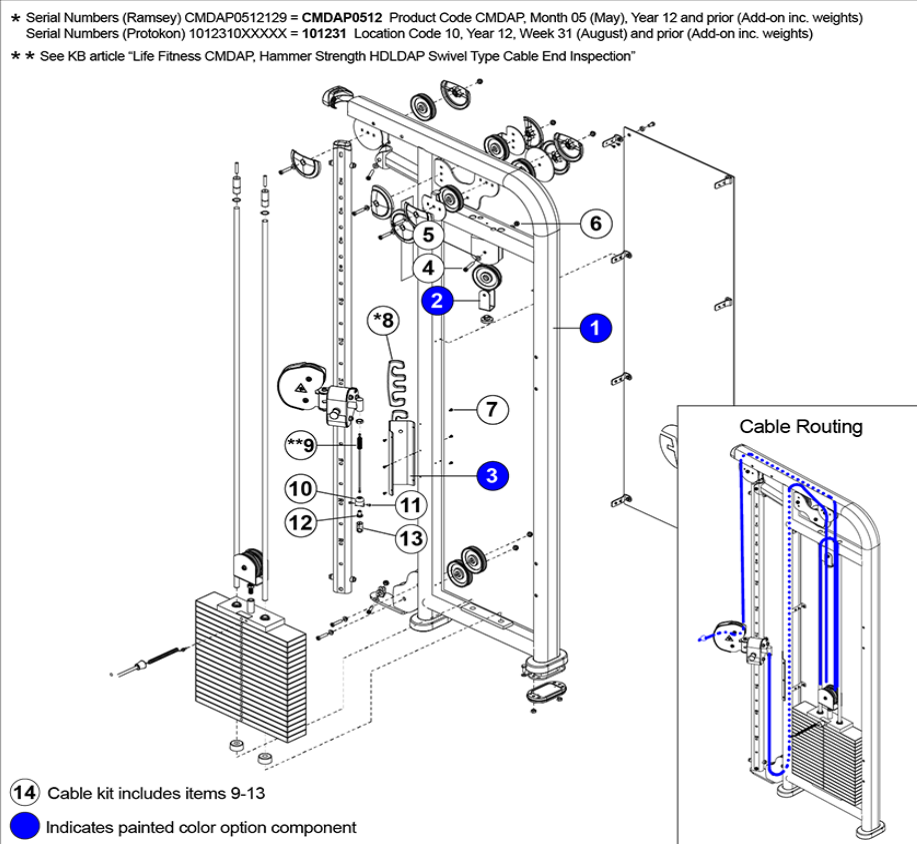
| Ref # | Part Number | Qty | Description                       |
|-------|-------------|-----|-----------------------------------|
| 1     | 7301199     | 2   | Plate, Pulley Custom              |
| 2     | 7730999     | 4   | BRKT, COVER/CABLE RETAINER Custom |
| 3     | 8539101     | 1   | ASSY, CMDAP BOOM - NOHANDLES      |
| 4     | 7642701     | 1   | WLDMT, CMDAP CHIN SUPPORT         |
| 5     | 9131000     | 1   | WLDMT, CMDAP TOWER, RH            |
| 6     | 7633301     | 1   | WLDMT, CM/MJ, SWIVEL PULLEY       |
| 7     | 7631801     | 1   | BRKT, CM/MJ, CARRIAGE SHROUD      |
| 8     | 8346901     | 1   | WLDMT, CMDAP RH CARRIAGE- White   |
| 9     | 7642601     | 2   | WLDMT, CMDAP REAR SUPPORT         |
| 10    | 9131100     | 1   | WLDMT, CMDAP TOWER, LH            |
| 11    | 8346701     | 1   | WLDMT, CMDAP LH CARRIAGE, White   |

## Rear Support Assembly



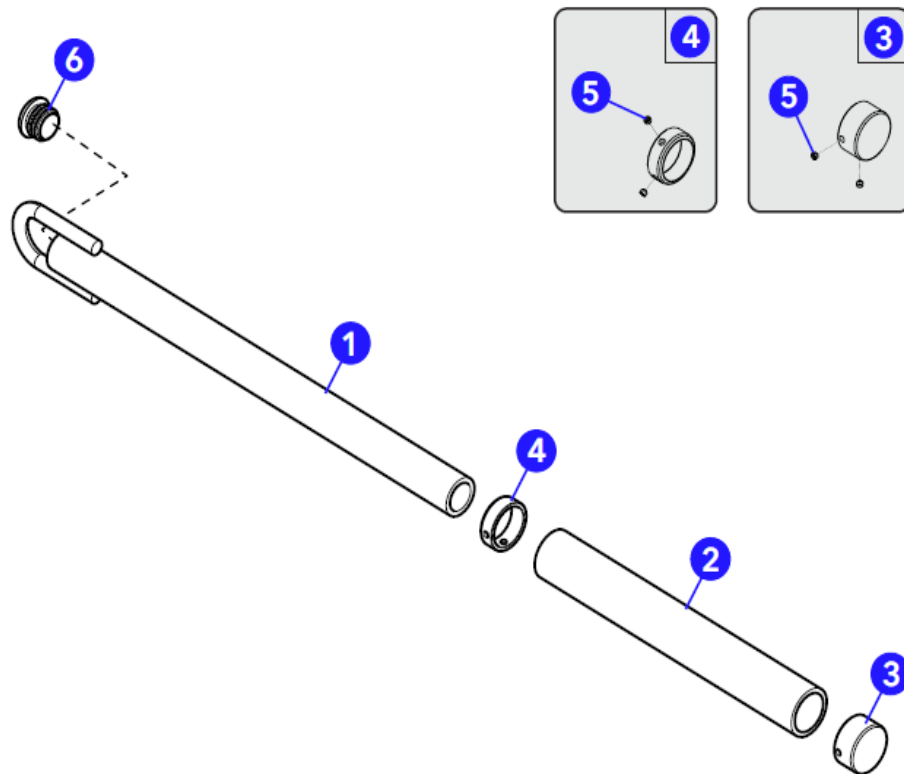
| Ref # | Part Number | Qty | Description                     |
|-------|-------------|-----|---------------------------------|
| 1     | 9507101     | 3   | CAP, CM ACC. RACK               |
| 2     | 9509801     | 1   | WLDMT, CM ACC. RACK             |
| 3     | 3236601     | 2   | WASHER, 3/8 SAE STAINLESS STEEL |
| 4     | 3236212     | 2   | M10 X 1.5 X 75 SHCS, LOW HEAD   |
| 5     | 7335401     | 2   | NUT, M10 X 1.5 SOCKET HEAD      |

## Right Tower Add-On Inc. Weight Components



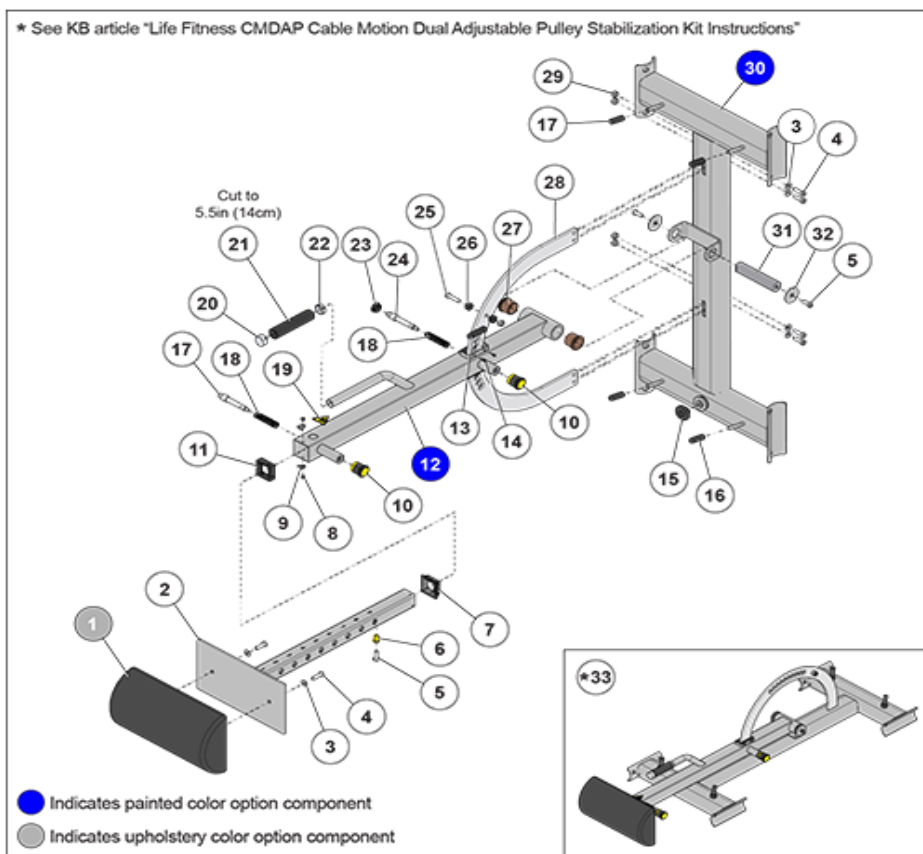
| Ref # | Part Number | Qty | Description                       |
|-------|-------------|-----|-----------------------------------|
| 1     | 7642401     | 1   | WLDMT, CMDAP RH TOWER             |
| 2     | 7732401     | 1   | BRKT, STACK BUMPER MOUNT          |
| 3     | 7749301     | 1   | WLDMT, CM/MJ, PLACARD BRKT-2      |
| 4     | 3236209     | 1   | M10 X 1.5 X 60 SHCS, LOW HEAD     |
| 5     | 3236601     | 2   | WASHER, 3/8 SAE STAINLESS STEEL   |
| 6     | 3236801     | 1   | NUT, NYLOCK M10 X 1.5 SS          |
| 7     | 3270601     | 6   | SCREW, #10-32 X 3/8 TRX PAN ST BZ |
| 8     | 7711501     | 2   | WEIGHT, 5 LB. ADD-ON              |
| 9     | 8946902     | 1   | CABLE, CMDAP                      |
| 10    | 8943701     | 1   | HSNG, CM/MJ, CABLE END            |
| 11    | 3250002     | 2   | M5 X 0.8 X 8 HXS SOC CS ST BZ     |
| 12    | 8943801     | 1   | INSERT, CM/MJ, CABLE END          |
| 13    | 8943601     | 1   | LINK, CM/MJ, CABLE END            |
| 14    | 8989202     | 1   | KIT, CMDAP, CABLE                 |

## Sport Bar Assembly



| Ref # | Part Number | Qty | Description                        |
|-------|-------------|-----|------------------------------------|
| 1     | 7760395     | 1   | WLDMT, SPORT BAR SHADOW GRAY       |
| 2     | 3235801     | 1   | GRIP, 1.25 OD X .125 WALL OPEN END |
| 3     | 7662801     | 1   | RING, GRIP 1.25 OD                 |
| 4     | 7662901     | 1   | CAP; GRIP 1.25 OD                  |
| 5     | 3247701     | 4   | M4 X 0.7 X 3 HZS NO CUP ST BO      |
| 6     | 3119304     | 1   | CAP, END 1 DIA RD 10-12GA          |

# Stability Pad Assembly Retrofit Kit

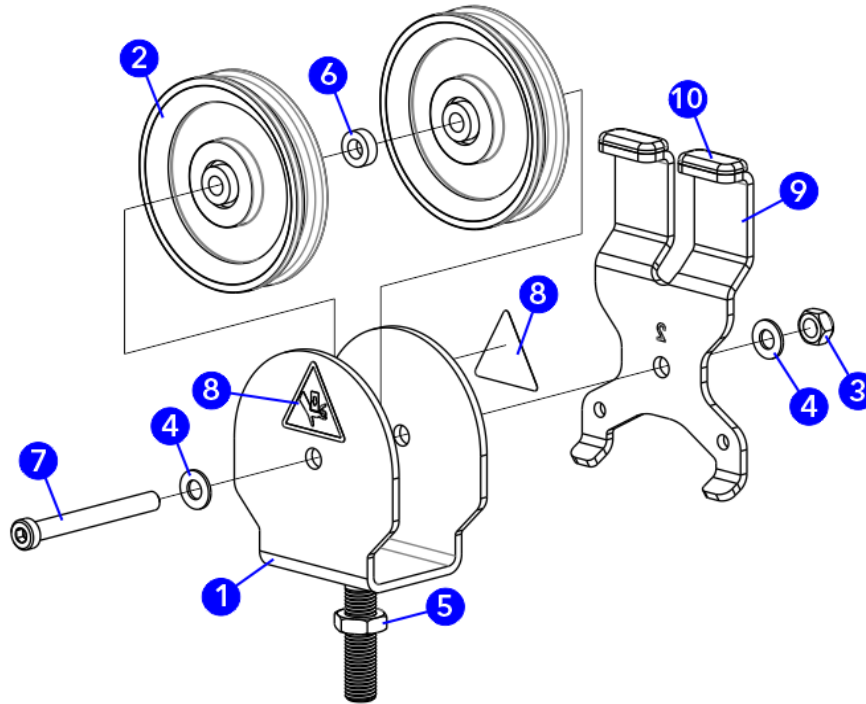


| Ref # | Part Number  | Qty | Description                                     |
|-------|--------------|-----|-------------------------------------------------|
| 1     | 1000010-0099 | 1   | PAD, LUMBAR, NO BACKER CUS, SNGL STITCH- Custom |
| 1     | 7544501      | 1   | PAD, LUMBAR 14 X 8 Black                        |
| 1     | 1000010-0199 | 1   | PAD, LUMBAR, NO BACKER CUS, DBL STITCH- Custom  |
| 1     | 1000010-0101 | 1   | PAD, LUMBAR, NO BACKER CUS, DBL STITCH- BLACK   |
| 2     | 1023838-0001 | 1   | WLDMT: INNER WORKARM - PLTD                     |
| 3     | 3236601      | 6   | WASHER, 3/8 SAE STAINLESS STEEL                 |
| 4     | 3236203      | 6   | M10 X 1.5 X 30 SHCS, LOW HEAD                   |
| 5     | 3236202      | 3   | M10 X 1.5 X 25 SHCS, LOW HEAD                   |
| 6     | 3238601      | 1   | M10X1.5 BLIND THREADED INSERT (HEX)             |
| 7     | 7660101      | 1   | INSERT: FWMAB PLASTIC SEAT 2 X 2                |
| 8     | 3270601      | 2   | SCREW, #10-32 X 3/8 TRX PAN ST BZ               |
| 9     | 1000450-0001 | 2   | BRKT, BUSHING RETAINER                          |
| 10    | 9454703      | 2   | KNOB, ADJ                                       |
| 11    | 7662301      | 1   | BUSHING, FWMAB SS SLIDE                         |
| 12    | 1023840-0000 | 1   | WLDMT: OUTER WORKARM                            |
| 13    | 1023265-0001 | 4   | SPACER: 3/8" INDEX PLATE GUIDE                  |
| 14    | 3226006      | 8   | 6-20 X 5 PHL PAN PLT ST BZ                      |
| 15    | 7642302      | 1   | PLUG, CM/MJ, PLUG -CHR                          |
| 16    | 9507101      | 4   | CAP, CM ACC. RACK                               |
| 17    | 7351301      | 1   | PIN, PULL X 4.375                               |
| 18    | 7351501      | 2   | SPRING; PULL PIN LARGE                          |

| Ref # | Part Number  | Qty | Description                         |
|-------|--------------|-----|-------------------------------------|
| 19    | 8039501      | 1   | LABEL, WARNING TRIANGLE             |
| 20    | 7662901      | 1   | CAP; GRIP 1.25 OD                   |
| 21    | 3235806      | 1   | GRIP, 1.25 OD X .125 WALL OPEN END  |
| 22    | 7662801      | 1   | RING, GRIP 1.25 OD                  |
| 23    | 3237407      | 1   | PLUG, 1 IN HOLE                     |
| 24    | 1022977-0001 | 1   | PIN: PULL, WITH DETENT              |
| 25    | 3236205      | 1   | M10 X 1.5 X 40 SHCS, LOW HEAD       |
| 26    | 8862701      | 2   | SPACER, NYLON                       |
| 27    | 3104907      | 2   | BEARING, FLG, 1.25 I.D X 1.50 O.D   |
| 28    | 1023809-0001 | 1   | PLATE: INDEX, 3/8, 1-10 - PLATED    |
| 29    | 3236801      | 5   | NUT, NYLOCK M10 X 1.5 SS            |
| 30    | 1023845-0000 | 1   | WLDMT: STABILITY PAD WORKARM MOUNT  |
| 31    | 1023850-0001 | 1   | SHAFT: 1.25 IN CRS, D-SHAFT, TAPPED |
| 32    | 7322301      | 2   | PLATE, 1.97 OD X .447 ID 10GA       |
| 33    | 1024955-0000 | 1   | KIT: CMDAS, RETRO FIT Custom        |

## Stack Pulley Assembly - New

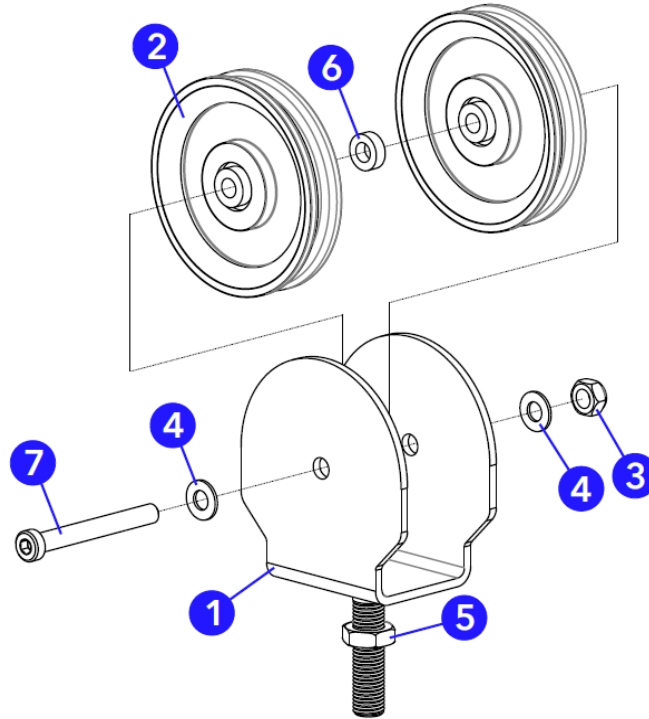
**SERIAL NUMBERS 1012311XXXXX AND AFTER**



| Ref # | Part Number  | Qty | Description                                |
|-------|--------------|-----|--------------------------------------------|
| 1     | 1012796-9301 | 1   | WELDMENT: FLOATING DOUBLE PULLEY -HWG      |
| 2     | 3237801      | 2   | PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD       |
| 3     | 3236801      | 1   | NUT, NYLOCK M10 X 1.5 SS                   |
| 4     | 3236601      | 2   | WASHER,3/8 SAE STAINLESS STEEL             |
| 5     | 3236902      | 1   | NUT, HEX JAM M16 X 2 SS                    |
| 6     | 7385201      | 1   | SPACER, .406 X .750 X .250 SS              |
| 7     | 3236215      | 1   | M10 X 1.5 X 90 SHCS, LOW HEAD              |
| 8     | 8039501      | 2   | LABEL, WARNING TRIANGLE                    |
| 9     | 1013924-9301 | 1   | BRACKET: INC WEIGHT, DBL PULLEY, 7 GA -HWG |
| 10    | 7570801      | 2   | GUARD, PAINT 1.25 X .75 X .25              |

## Stack Pulley Assembly - Old

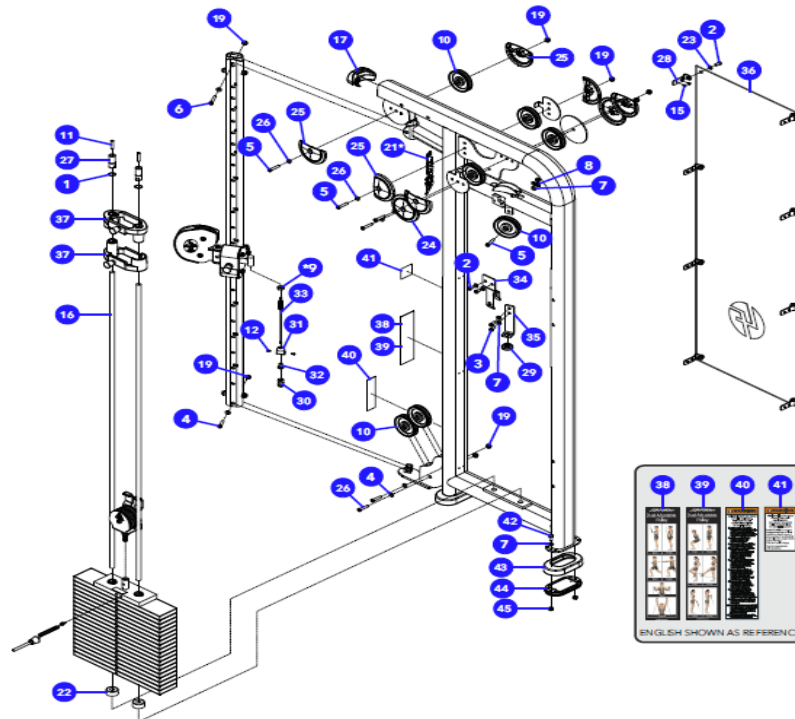
Serial Numbers (Ramsey) CMDAP0512129 = **CMDAP0512** Product Code CMDAP, Month 05 (May), Year 12 and prior (Add-on inc. weights)  
Serial Numbers (Protokon) 1012310XXXXX = **101231** Location Code 10, Year 12, Week 31 (August) and prior (Add-on inc. weights)



| Ref # | Part Number  | Qty | Description                           |
|-------|--------------|-----|---------------------------------------|
| 1     | 1012796-9301 | 1   | WELDMENT: FLOATING DOUBLE PULLEY -HWG |
| 2     | 3237801      | 2   | PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD  |
| 3     | 3236801      | 1   | NUT, NYLOCK M10 X 1.5 SS              |
| 4     | 3236601      | 2   | WASHER, 3/8 SAE STAINLESS STEEL       |
| 5     | 3236902      | 1   | NUT, HEX JAM M16 X 2 SS               |
| 6     | 7385201      | 1   | SPACER, .406 X .750 X .250 SS         |
| 7     | 3236214      | 1   | M10 X 1.5 X 85 SHCS, LOW HEAD         |

## Tower Assembly

Serial Numbers (Ramsey) CMDAP0612001 = **CMDAP0612** Product Code CMDAP, Month 06 (June), Year 12 and after (Add-on inc. weights)  
Serial Numbers (Protokon) 1012320XXXXX = **101232** Location Code 10, Year 12, Week 32 (August) and after (Add-on inc. weights)



**\*See Right Hand Tower drawing for cable routing**

Please see the following KB article Life Fitness CMDAP, Hammer Strength HDLDAP Swivel Type Cable End Inspection

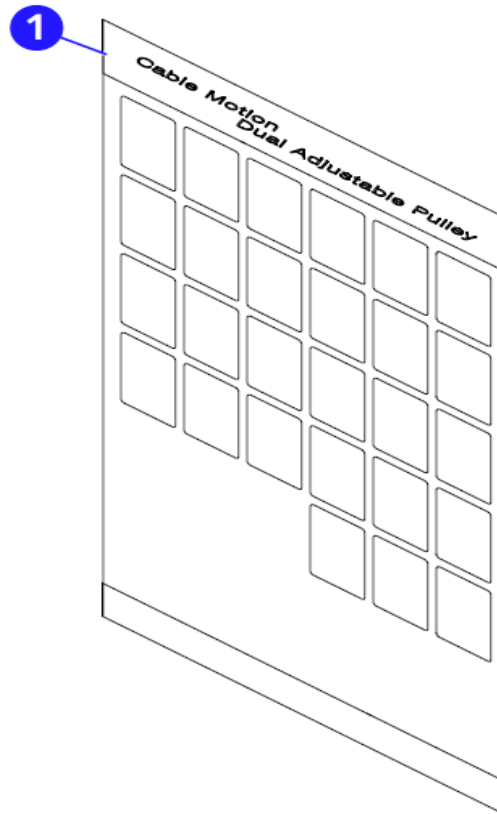
**\*NOTE:** Item 21 has been changed to Part# 8866901. When ordering, please order a quantity of 2 and replace both labels.

| Ref # | Part Number | Qty | Description                              |
|-------|-------------|-----|------------------------------------------|
| 1     | 3232421     | 2   | RING:BRE .940 5100-100 ST PP B           |
| 2     | 3236201     | 10  | M10 X 1.5 X 20 SHCS, LOW HEAD            |
| 3     | 3236202     | 2   | M10 X 1.5 X 25 SHCS, LOW HEAD            |
| 4     | 3236206     | 3   | M10 X 1.5 X 45 SHCS, LOW HEAD            |
| 5     | 3236207     | 5   | M10 X 1.5 X 50 SHCS, LOW HEAD            |
| 6     | 3236209     | 1   | M10 X 1.5 X 60 SHCS, LOW HEAD            |
| 7     | 3236601     | 14  | WASHER, 3/8 SAE STAINLESS STEEL          |
| 8     | 3236801     | 2   | NUT, NYLOCK M10 X 1.5 SS                 |
| 9     | 3236902     | 1   | NUT, HEX JAM M16 X 2 SS                  |
| 10    | 3237801     | 7   | PULLEY, 1/4 IN CABLE (T3), 4.5 IN OD     |
| 11    | 3240502     | 2   | M10 X 1.5 X 50 HXS NO CUP ST BO          |
| 12    | 3250002     | 2   | M5 X 0.8 X 8 HXS SOC CS ST BZ            |
| 13,42 | 3251202     | 8   | M10 X 1.5 X 25MM UNS HEX CS ST ZN        |
| 14,45 | 3254703     | 8   | NUT, M10 X 1.5 HEX ZINC                  |
| 15    | 3270601     | 16  | SCREW, #10-32 X 3/8 TRX PAN ST BZ        |
| 16    | 7328618     | 2   | GUIDE ROD, .75 OD SOLID X 71.50          |
| 17    | 7333902     | 1   | CAP, LARGE FLOV-END; CHGR                |
| 18,44 | 7334001     | 4   | FOOT, 2.50 X 4.49 FLOV, 10-0074-046, BNR |
| 19    | 7335401     | 8   | NUT, M10 X 1.5 SOCKET HEAD               |
| 20,43 | 7340201     | 4   | COVER, FOOT - STRAIGHT                   |
| 21    | 8866901     | 2   | LABEL, LF LOGO 10 IN. - FLAT             |
| 22    | 7352101     | 2   | CUSHION, WEIGHT STACK                    |

| Ref # | Part Number  | Qty | Description                              |
|-------|--------------|-----|------------------------------------------|
| 23    | 7385201      | 8   | SPACER, .406 X .750 X .250 SS            |
| 24    | 7629901      | 2   | COVER, PULLEY-BOLTED FULL                |
| 25    | 7630001      | 6   | COVER, PULLEY BOLTED PARTIAL             |
| 26    | 7630101      | 8   | RETAINER, CM/MJ, PULLEY                  |
| 27    | 7634401      | 2   | RETAINER, CM/MJ, GUIDE ROD               |
| 28    | 7642095      | 8   | BRKT, CM/MJ, REAR SHROUD SG              |
| 29    | 7642301      | 1   | BUMPER, CM/MJ/OSDAP, PLUG                |
| 30    | 8943601      | 1   | LINK, CM/MJ, CABLE END                   |
| 31    | 8943701      | 1   | HSNG, CM/MJ, CABLE END                   |
| 32    | 8943801      | 1   | INSERT, CM/MJ, CABLE END                 |
| 33    | 8946908      | 1   | CABLE, CMDAP, INC. WEIGHT                |
| 34    | 9231103      | 1   | STRIKER PLATE, INCR WGT, HT AND PLATED   |
| 35    | 1013912-9301 | 1   | BRACKET: INC WEIGHT STOP, 1/4" -HWG      |
| 36    | 8353201      | 1   | SHROUD, CM/MJ REAR                       |
| 37    | 9102601      | 2   | ASSY, INCREMENT WGT.                     |
| 38    | 7749403      | 1   | LABEL, PLACARD CMDAP RH-FRN              |
| 38    | 7749402      | 1   | LABEL, PLACARD CMDAP RH-GER              |
| 38    | 7749405      | 1   | LABEL, PLACARD CMDAP RH-ITL              |
| 38    | 7749401      | 1   | LABEL, PLACARD CMDAP RH-ENG              |
| 38    | 7749406      | 1   | LABEL, PLACARD CMDAP RH-DUT              |
| 38    | 7749408      | 1   | LABEL, PLACARD CMDAP RH-POR              |
| 38    | 7749404      | 1   | LABEL, PLACARD CMDAP RH-SPN              |
| 38    | 7749407      | 1   | LABEL, PLACARD CMDAP RH-JAP              |
| 39    | 7749505      | 1   | LABEL, PLACARD CMDAP LH-ITL              |
| 39    | 7749507      | 1   | LABEL, PLACARD CMDAP LH-JAP              |
| 39    | 7749502      | 1   | LABEL, PLACARD CMDAP LH-GER              |
| 39    | 7749506      | 1   | LABEL, PLACARD CMDAP LH-DUT              |
| 39    | 7749501      | 1   | LABEL, PLACARD CMDAP LH-ENG              |
| 39    | 7749504      | 1   | LABEL, PLACARD CMDAP LH-SPN              |
| 39    | 7749508      | 1   | LABEL, PLACARD CMDAP LH-POR              |
| 39    | 7749503      | 1   | LABEL, PLACARD CMDAP LH-FRN              |
| 40    | 8220001      | 1   | Label, ASTM, Select Vertical - English   |
| 40    | 8220008      | 1   | Label, ASTM, Select Vertical - Portugese |
| 40    | 8220006      | 1   | Label, ASTM, Select Vertical - Dutch     |
| 40    | 8220004      | 1   | Label, ASTM, Select Vertical - Spanish   |
| 40    | 8220002      | 1   | Label, ASTM, Select Vertical - German    |
| 40    | 8220005      | 1   | Label, ASTM, Select Vertical - Italian   |
| 40    | 8220007      | 1   | Label, ASTM, Select Vertical - Japanese  |
| 40    | 8220003      | 1   | Label, ASTM, Select Vertical - French    |
| 41    | 9141103      | 1   | LABEL, WARNING, STRAP TRAINING -FRN      |
| 41    | 9141108      | 1   | LABEL, WARNING, STRAP TRAINING -POR      |
| 41    | 9141102      | 1   | LABEL, WARNING, STRAP TRAINING -GER      |
| 41    | 9141101      | 1   | LABEL, WARNING, STRAP TRAINING -ENG      |
| 41    | 9141105      | 1   | LABEL, WARNING, STRAP TRAINING -ITA      |
| 41    | 9141106      | 1   | LABEL, WARNING, STRAP TRAINING -DUT      |
| 41    | 9141107      | 1   | LABEL, WARNING, STRAP TRAINING -JAP      |
| 41    | 9141104      | 1   | LABEL, WARNING, STRAP TRAINING -SPN      |

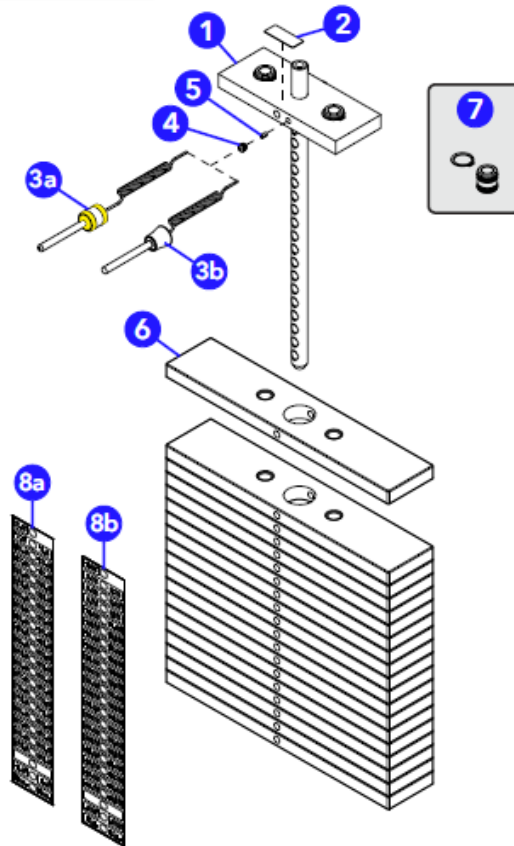
## Training Aides

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| Ref # | Part Number | Qty | Description                 |
|-------|-------------|-----|-----------------------------|
| 1     | 7762301     | 1   | POSTER, CMDAP INSTRUCTIONAL |

## 390 LB. Weight Stack Assembly



| Ref # | Part Number | Qty | Description                              |
|-------|-------------|-----|------------------------------------------|
| 1     | 8920201     | 1   | 19 HOLE HEAD PLATE/BAYONET SER. KIT ASSY |
| 2     | 7744501     | 1   | LABEL, WEIGHT AT HANDLE-ENG              |
| 2     | 7744504     | 1   | LABEL, WEIGHT AT HANDLE-SPN              |
| 2     | 7744510     | 1   | LABEL, WEIGHT AT HANDLE -RUS             |
| 2     | 7744503     | 1   | LABEL, WEIGHT AT HANDLE-FRN              |
| 2     | 7744507     | 1   | LABEL, WEIGHT AT HANDLE-JAP              |
| 2     | 7744512     | 1   | LABEL, WEIGHT AT HANDLE -CHI             |
| 2     | 7744502     | 1   | LABEL, WEIGHT AT HANDLE-GER              |
| 2     | 7744513     | 1   | LABEL, WEIGHT AT HANDLE -ARA             |
| 2     | 7744506     | 1   | LABEL, WEIGHT AT HANDLE-DUT              |
| 2     | 7744508     | 1   | LABEL, WEIGHT AT HANDLE-POR              |
| 2     | 7744514     | 1   | LABEL, WEIGHT AT HANDLE -SWD             |
| 2     | 7744511     | 1   | LABEL, WEIGHT AT HANDLE -TUR             |
| 2     | 7744505     | 1   | LABEL, WEIGHT AT HANDLE-ITL              |
| 2     | 7744515     | 1   | LABEL, WEIGHT AT HANDLE -DAN             |
| 3a    | 8981903     | 1   | ASSY, WT STACK SELECTOR PIN, SRT - YEL   |
| 3b    | 7353001     | 1   | ASSY, SELECTOR PIN                       |
| 4     | 7356501     | 1   | PLUG, LANYARD ATTACHMENT                 |
| 5     | 7523601     | 1   | CRIMP, CABLE                             |
| 6     | 7328401     | 19  | WEIGHT PLATE, 20 LB -SG                  |
| 7     | 7338001     | 2   | BUSHING, HEADPLATE                       |
| 8b    | 9138201     | 1   | LABEL, WGHT STK, 48.75 KG                |

| Ref # | Part Number | Qty | Description               |
|-------|-------------|-----|---------------------------|
| 8a    | 9138101     | 1   | LABEL, WGHT STK, 97.5 LBS |

